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Majorana bound states in two-channel time-reversal-symmetric nanowire systems

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We consider time-reversal-symmetric two-channel semiconducting quantum wires proximity coupled to a conventional s-wave superconductor. We analyze the requirements for a non-trivial topological phase, and find that necessary conditions are 1) the determinant of the pairing matrix in channel space must be negative, 2) inversion symmetry must be broken, and 3) the two channels must have different spin-orbit couplings. For the case of collinear spin-orbit directions, we find a general expression for the topological invariant by block diagonalization into two blocks with chiral symmetry only. By projection to the low-energy sector we solve for the zero modes explicitly and study the details of the gap closing, which in the general case happens at finite momenta.

Majorana Fermionic bound states (MBS) are theoretically predicted to exist at the edges of topological superconducting states\cite{1} and to have non-Abelian exchange statistics\cite{2}. They are therefore promising candidates for realizations of elements of topological quantum computation\cite{3} and currently there is an extensive search for candidate systems. Promising candidates are hybrid condensed matter systems with s-wave superconductors proximity coupled to materials with strong spin-orbit coupling\cite{4, 5}. Recent theoretical proposals\cite{6, 7, 8} for 1D topological superconducting systems and first experimental results\cite{9, 10, 11} received wide interest. Interestingly, the non-Abelian nature of the Majorana bound states can be explored also in 1D systems in a wire-network geometry\cite{12, 13}.

All of the above refers to superconducting systems in the topological symmetry class D\cite{14}, where breaking of time-reversal symmetry (TRS) leads to a single localized MBS. Recent papers have considered the possibility of realizing 1D topological superconductor systems with time-reversal symmetry (class DIII), supporting Majorana Kramers doublets in hybrid structures based either on superconductors with d\textsubscript{x^2-y^2}-wave\cite{15} or s\textsubscript{+-}wave\cite{16} pairing, non-centrosymmetric superconductors\cite{17}, bilayer 2D superconductors with spin-orbit coupling\cite{18}, or on 1D two-band models with conventional s-wave superconductor\cite{19, 20} under the assumption of a \(\pi\) phase difference between the pairing potentials in the two bands, mimicking the s\textsubscript{+-} pairing considered in Ref.\cite{16}

It is interesting to note that even though two local MBS together form a usual Fermion, the exchange of two Kramers pairs of MBS also constitutes a non-Abelian operation\cite{21} and is therefore also relevant for topological quantum information systems. Moreover, just as for single MBS, the Kramers MBS can be detected either by tunneling spectroscopy or via unusual current-phase relations in a Josephson junction to an ordinary s-wave superconductor\cite{22}.

In this paper, we investigate a model with two channels coupled to a conventional s-wave superconductor, see Fig. 1. The two channels (henceforth wires) could be either two transverse modes in a single nanowire or separate nanowires as illustrated in Fig. 1. We demonstrate that \textit{interwire pairing} can give rise to a topologically non-trivial phase with Kramers MBS at the ends. This happens under generic conditions and relies only on having different spin-orbit coupling in the two wires, and on the square of the interwire pairing being larger than product of the intrawires pairings. The latter condition can be achieved if the two wires have different coupling strengths to the superconductor. Moreover, intrawire pairing can be significantly suppressed by repulsive intrawire interactions\cite{23, 24}, thus enhancing the role of the interwire pairing.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig1.png}
\caption{(color online). \textit{Top panel}. Sketch of the geometry of the two-channel (or two-wire) superconducting system. \textit{Lower panel}. General structure of the low-energy bands at the gapless transition point. Because the blocks in the block-diagonal Hamiltonian have chiral symmetry, the bands that cross at zero energy are related by TRS, \(\mathcal{T} : E_1(p) = E_2(-p)\), while the bands that cross at \(p = 0\) are related by TRS, \(\mathcal{T} : E_1(p) = -E_2(-p)\). Finally, particle-hole symmetry implies \(\mathcal{P} : E_2(p) = -E_2(-p)\). This plot is generated using the model in Eq. (1), which assumes collinear spin-orbit coupling. However, it should be emphasized that the general structure is preserved even without this assumption.}
\end{figure}
Our analysis is carried out under the simplifying assumption of collinear spin-orbit coupling axis in the two wires. However, the structure of the low lying energy bands (shown in Fig. 4) relies entirely on the TRS and is therefore preserved even when relaxing this assumption. In the case of collinearity, the Hamiltonian can be block diagonalized into two blocks related by time-reversal, \( T \), and particle-hole, \( P \), transformation. Each individual block has merely chiral symmetry, \( C = iPT \), and is simple enough that we can give an analytical expression for the corresponding (class AIII) topological invariant, which changes with the gap closings.

The Hamiltonian (2) belongs to the topological symmetry class AIII [7]. The gap of the spectrum of \( \mathcal{C} \) has chiral symmetry \( \mathcal{C} = iPT \). The gap closing happens at finite momenta, which distinguishes this system from the above mentioned \( s_{±} \)-wave pairing models [27]. This is illustrated in Fig. 1, which shows the generic situation for the low energy bands at the point where the gap closes.

To establish that the closing and reopening of the gap is associated with a topological transition, a topological invariant is required. Since \( \mathcal{H}_{\nu,\sigma} \) (in AIII) lacks particle-hole symmetry, a Pfaffian cannot be defined as for class D systems [1]. Nevertheless, we can still extract information about the sign of the gap from the square root of the determinant of the Hamiltonian. Transforming \( \mathcal{H}_{\nu,\sigma} \) to

\[
U \mathcal{H}_{\nu,\sigma} U^\dagger = \begin{pmatrix} 0 & \Delta - i \mathcal{H}_{\nu,\sigma}^0 \\ \Delta + i \mathcal{H}_{\nu,\sigma}^0 & 0 \end{pmatrix} ,
\]

using \( U = \exp(i \tau_2 \pi /4) \), the determinant reads

\[
\det(\mathcal{H}) = |\det(\Delta + i \mathcal{H}_{\nu,\sigma}^0)|^2 |\det(\Delta + i \mathcal{H}_{\nu,\sigma}^0)|^2 ,
\]

suggesting that the sign of the gap is encoded in the function \( Z_\nu = \det(\Delta + i \mathcal{H}_{\nu,\sigma}^0) = \det(\Delta + i \mathcal{H}_{\nu,\sigma}^0) \). In

\[ H_{BdG} = \frac{1}{2} \int_{-\infty}^{\infty} \Psi^+(x) \mathcal{H} \Psi(x) dx, \]

where the first-quantization Hamiltonian is \((\hbar = 1)\)

\[
\mathcal{H} = \left( \frac{p^2}{2m} - \mu + V \lambda_z + t \lambda_x + (\alpha + \gamma \lambda_x + \beta \lambda_z) p \sigma \right) \tau_z + (\Delta_0 + \Delta_3 \lambda_z + \Delta_1 \lambda_x) \tau_x ,
\]

where \( \mu \) is the chemical potential, \( V \) is the difference in electrical potentials, \( \alpha \) and \( \beta \) are the symmetric and antisymmetric parts of the spin-orbit coupling coefficients, \( \gamma \) is the interwire spin-orbit coupling, and \( \Delta_0 \pm \Delta_3 \) and \( \Delta_1 \) are the intrawire and interwire pairing potentials, respectively. Pauli matrices \( \sigma, \lambda \), and \( \tau \) act on the three two-dimensional spaces: spin, wire index, and electron-hole, respectively. In writing Eq. (2), we have used the conventional Nambu basis, where the hole part is the time-reversed of the electron part.

The Hamiltonian (2) belongs to the topological symmetry class DIII with both antunitary particle-hole and time-reversal symmetries, and hence unitary chiral symmetry [7, 26]. In our basis, \( T = i \gamma_0 K, \quad P = \sigma_y \tau_z K \), and \( C = iPTP \), where \( K \) is complex conjugation. Because the Hamiltonian is block diagonal in spin space, we can write it as

\[
\mathcal{H} = \begin{pmatrix} \mathcal{H}_{\nu,\uparrow} & 0 \\ 0 & \mathcal{H}_{\nu,\downarrow} \end{pmatrix} , \quad \mathcal{H}_{\nu,\sigma} = \begin{pmatrix} \mathcal{H}_{\nu,\sigma}^0 & \Delta \\ \Delta & -\mathcal{H}_{\nu,\sigma}^0 \end{pmatrix} ,
\]

where \( \mathcal{H}_{\nu,\sigma}^0 \) and \( \Delta \) are 2x2 matrices in wire-index space. The two blocks in Eq. (3) are related by time-reversal and particle-hole symmetry, \( TH_{\nu,\uparrow}T^{-1} = H_{\nu,\downarrow} \) and \( PH_{\nu,\uparrow}P^{-1} = -H_{\nu,\downarrow} \), which means that each block only has chiral symmetry \( \mathcal{C} = iPT \mathcal{C}^{-1} = -H_{\nu,\sigma} \). Considered separately, the Hamiltonian in each block belongs to symmetry class AIII [7]. The gap of the spectrum of \( \mathcal{H} \) vanishes for certain parameters, indicating a potential topological transition. The gap closing happens at finite momenta, which distinguishes this system from the above mentioned \( s_{±} \)-wave pairing models [27]. This is illustrated in Fig. 1, which shows the generic situation for the low energy bands at the point where the gap closes.

\[ \begin{array}{ccc}
(a) & V < V_c & (b) \quad V = V_c \\
(c) & V > V_c & (d) \quad V < V_c \quad (e) \quad V = V_c \quad (f) \quad V > V_c \\
(g) & V_c & (h) \quad V < V_c \quad (i) \quad V > V_c \\
\end{array} \]

FIG. 2. (color online). Top panels (a)-(c) show the spectrum of the two-wire model for three values of the potential difference, \( V \). In (a), the system is in the trivial state, \( V < V_c \), the middle panel (b) is at the transition point, \( V = V_c \), while (c) shows the gapped spectrum in the topological phase. Top panels (d)-(f) show the contour followed by the complex determinants \( Z_\nu \) from negative to positive values of \( p \). In (d) the system is in the trivial state, which means \( V < V_c \). In (e) the contours go through the origin, which means that the gap closes at both \( V = V_c \) and \( V = V_c \), while in (f) the contour encircles the origin, signifying the topological state. The constant parameters in the plots are \( \alpha = \gamma = 0, \Delta_1 = 10 m \beta^2, \Delta_0 = 10 m \beta^2, t = 0, \) and \( \mu = 10 m \beta^2 \), which gives \( V_c = 4.19 m \beta^2 \) and \( V_c = 13.13 m \beta^2 \). Lower panels (g)-(i) gives examples of the topological phase space. In (g) the real part of the \( Z_\nu \) determinant at \( p = p_1 \) and \( p = p_2 \) is shown as a function of \( V \). For the topological criterion to be fulfilled the product of the two function must be negative, which occurs for \( V \) between \( V_c \) and \( V_c \). (h) shows a phase diagram when varying the potential \( V \) and the interwire tunneling \( t \) (same constant parameters as above), and finally (i) a phase diagram in the \( V \) vs \( p \) space (same as above except \( \Delta_1 = 2 m \beta^2 \) and \( \Delta_0 = 4 m \beta^2 \)).
I have inversion symmetry by \( \text{det} \ \Delta = \Delta \), where the eigenvalues of the pairing matrix \( \Delta \) must have different terms that break inversion symmetry to zero, i.e., \( V \). Therefore, when \( p \) runs from \(-\infty \) to \(+\infty \) the complex number \( Z_p \) crosses the real axis exactly two times and encloses the origin if and only if

\[
Q = \text{sign} \ [Z_p, Z_{p^*}] = -1. \tag{8}
\]

We can now draw some general conclusions. Firstly, it is straightforward (see Appendix) to show that the eigenvalues of the pairing matrix \( \Delta \) must have different signs in order to have \( Q = -1 \). In other words, one must have \( \det \Delta = \Delta_0^2 - \Delta_3^2 - \Delta_1^2 < 0 \). Secondly, if we define an inversion symmetry by \( I = \lambda_x \), the Hamiltonian is inversion symmetric if \( IH(p)I = H(-p) \). Setting the terms that break inversion symmetry to zero, i.e., \( V = \alpha = \gamma = \Delta_3 = 0 \), it can be seen that \( Q = 1 \). Therefore, inversion symmetry must be broken in order to have a topologically non-trivial phase. Finally, it follows that \( Q = 1 \) if \( \gamma = \beta = 0 \), which means that the spin-orbit matrix \( \alpha + \gamma \lambda_x + \beta \lambda_z \) must have two different eigenvalues.

The full expression for the topological quantum number \( Q \) can be found algebraically, but is in general rather involved. Therefore, we present some special cases in the following. First, we write the result for the case \( \Delta_3 = \gamma = 0 \):

\[
Q_{\Delta_3=0} = \text{sign} \ [A^2 - B^2], \tag{9}
\]

\[
A = \Delta_0^2(V^2 + \delta^2 - 2\alpha V + \beta(p_0^2 + m^2\alpha^2)) + t^2\delta^2, \quad B = 2\Delta_0^2\beta p_0(\alpha V - \beta V),
\]

where \( \delta^2 = \Delta_3^2 - \Delta_1^2 \). From this it is evident that \( \beta \neq 0 \) is a necessary condition for a non-trivial phase, in agreement with the above general conclusion. If we further take \( \alpha = t = 0 \), the condition becomes

\[
K_- < \Delta_1 < K_+ , \tag{10}
\]

with \( K_\pm = \sqrt{(V + \sqrt{2\beta^2m^2})^2 + \Delta_0^2} \). Clearly, this expression requires \( \Delta_1 > \Delta_0 \), which (as discussed in the introduction) could be realized due to repulsive interactions. Below we look at the more general case of different intrawire pairings, in which case only \( \Delta_1^2 > \Delta_3^2 - \Delta_1^2 \) is required. In Fig. 2 the structure of the transition is shown for the \( \Delta_3 = 0 \) case. The top panels show the spectrum before, at, and after a transition point. In the middle panels, the corresponding \( Z_p \) trajectories in the complex plane are shown. Only when the parameter \( V \) is between the two transition points does the trajectory encircle the origin, which is topologically different from the situation with \( V < V_{c1} \) or \( V > V_{c2} \).

Now consider a different geometry with different intrawire pairings, i.e., \( \Delta_3 \neq 0 \). As an illustrative case, we can choose the parameters as \( \Delta_0 = \Delta_3 = \Delta_1 \), which means that the intrawire pairing in wire 2 is zero, while the interwire pairing is half of the intrawire pairing in wire 1. Further, taking \( \alpha = \beta = 0 \), meaning that only wire 1 has spin-orbit coupling, the topological condition becomes \( 4t(V + \Delta_0^2)(\Delta_3^2 + 4t^2V^2) < 8\mu m^3n^2(\mu + t)V \). This could for example be a good approximation, if one wire is badly connected to the superconductor. The more general situation, when the intrawire pairing is finite in both wires, is shown in Fig. 3.

A key feature of the topological phase is the existence of localized states at the boundaries. In the following, we find the general form of these modes using an effective model containing the low energy bands shown in Fig. 1 at the transition point. The general form of the effective 1D Hamiltonian follows by projection onto the low-energy...
bands (see the Appendix):

\[ H_{\text{low}} = \left( \frac{p^2}{2m} - \tilde{\mu} \right) \tau_z + \nu(p \sigma_z - p_c) \tau_x \]

(11)

where \( p_c \) is the momentum at which the gap closes and \( \nu \) and \( \tilde{\mu} \) are effective parameters. This model describes a non-centrosymmetric superconductor because it contains both, \( s \) and \( p \)-wave components of the superconducting pairing potential, and it is gapless when \( \tilde{\mu} = \mu_c = p_c^2/2m \).

After multiplication by \( \tau_z \), the differential equation for the zero-energy boundary eigenstates reads

\[ \left( -\frac{1}{2m} \partial_x^2 - \tilde{\mu} + \tau_y \sigma_z \nu \partial_x - i \tau_y \nu p_c \right) \psi(x) = 0, \]

(12)

which is solved by \( \psi(x) \) being an eigenstate of \( \tau_y \) and \( \sigma_z \), with eigenvalues \( \tau, \sigma = \pm 1 \), respectively. If we consider a hard boundary and the wires to exist for \( x > 0 \), it is easy to show from the secular equation that solutions exist for \( \tau \sigma < 0 \) and \( \tilde{\mu} > p_c^2/2m \). The two solutions are then

\[ \psi_{1(2)}(x) = \chi_{1(2)} f_{1(2)}(x), \]

(13)

in terms of the spinors: \( \chi_1 = (0,1,0,i)^T \), \( \chi_2 = (1,0,-i,0)^T \), and \( f_1 = f_2 \) given by

\[ f_1(x) = A e^{-x \nu v} \sinh \left( x \sqrt{m^2 v^2 - 2 \mu m - 2imvp_c} \right), \]

(14)

where the normalization constant in Eq. (14) is \( A^2 = 8mv(\mu - \mu_c)/\sqrt{(2vpc)^2 + (mv - 2\mu m)^2} \).

The two zero modes \( \psi_{1(2)} \) are not Majorana bound states, because they are not eigenstates of \( \mathcal{P} \), but only of \( C \). These solutions are the chiral symmetry protected Jackiw-Rebbi-type topological solitons \([29,31]\). We can however make linear combinations that are Majorana bound states. One example of a linear combinations that gives MBS (i.e. which fulfills \( P \psi_M = \psi_M \)) is

\[ \psi_{M,1} = \frac{1}{\sqrt{2}} (i \psi_1 + \psi_2), \quad \psi_{M,2} = \frac{1}{\sqrt{2}} (\psi_1 + i \psi_2). \]

(15a)

These are MBS and transform to each other under TRS: \( \mathcal{T} \psi_{M,2} = \psi_{M,1} \) and \( \mathcal{T} \psi_{M,1} = -\psi_{M,2} \), which means that we have a Kramers pair of MBS.

Finally, we consider the effect of a Zeeman term that can split the two zero modes. The Hamiltonian \([11]\) gets an additional time reversal symmetry breaking term:

\[ H_Z = B \cdot \sigma. \]

(16)

If the field points along the spin-orbit direction the chiral symmetric states \( \psi_1 \) and \( \psi_2 \) are still eigenstates, but the degeneracy is lifted by \( 2B_z \). A more interesting case is when the magnetic field is perpendicular to the spin-orbit direction, for example pointing in the \( x \)-direction. Fig. 4 represents the topological phase diagram in this case. Three distinct phases correspond to different numbers, \( N \), of MBS in each end of the effective 1D system. At zero magnetic field the nanowire belongs to the DIII topological symmetry class and at a finite magnetic field to the BDI class (with effective time reversal symmetry \( \mathcal{T} = \sigma_z K \)). Topological phase transitions to the phase with \( N = 1 \) is associated with the gap closing at zero momentum and can be described by the equation \( |B| = \sqrt{vpc}^2 + \tilde{\mu}^2 \). Transition between phases \( N = 0 \) and \( N = 2 \) is related to the gap closing at the Fermi momentum \( (p = \sqrt{2m\tilde{\mu}}) \) and can be described by the equation \( vpc = \sqrt{B^2 + 2mv\tilde{\mu}} \). Note that disorder that breaks the effective TRS \( (K) \) splits the \( N = 2 \) MBSs, except at \( B = 0 \) (which is the DIII situation studied above), while the \( N = 1 \) regions are stable and merely reduce to class D.

To conclude, we have shown that a pair of time-reversal symmetric nanowires proximity coupled to a superconductor can be driven into a non-trivial topological phase which supports a Kramers pair of Majorana bound states in each end. The key ingredients is interwire pairing and different spin-orbit interaction in the two wires. In absence of interwire pairing, one needs intrawire pairing with different signs. With the assumption of parallel spin-orbit directions in the wires, the topological structure of the model could be determined from the AIII symmetric block diagonal parts of the full BdG Hamiltonian. However, we emphasize that the assumption of collinearity is not crucial for the existence of the topologically non-trivial phase. We have presented an analytical approach to find the topological invariant, which allows a general examination of the conditions for topological phases in systems using only ordinary \( s \)-wave superconductors, proximity coupled to wires with spin-orbit coupling.

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In this section, we derive the effective low-energy model for the lowest bands shown in Fig. 1 in the main text. To keep the derivation relatively simple, we consider a reduced version with $\Delta = \alpha = \gamma = 0$, which however does not change the form of the final low-energy model. We thus consider the two-channel model:

$$H_1 = \left( \frac{\gamma^2}{2m} - \mu + V \lambda_z + t \lambda_x + \beta \sigma_z \lambda_z \right) \tau_z + (\Delta_0 + \Delta_1 \lambda_x) \tau_x. \quad (A.17)$$

Because the pairing term does not commute with the first electron-hole part this is in general an 8x8 matrix. To make analytical progress possible, we will assume that the asymmetry and the spin-orbit couplings are weak so that we can treat the terms containing $\lambda_z$ as a perturbation:

$$H_1' = (V + \beta \sigma_z) \lambda_z \tau_z, \quad (A.18)$$

which means that the unperturbed part of the Hamiltonian is now diagonal in eigenstates of $\lambda_z$. With $P_{\pm} = (1 \pm \lambda_x)/2$ being projection operators to the eigenstates of $\lambda_x$ with eigenvalues $\pm 1$, the zeroth order low energy Hamiltonian is thus

$$H_{1,\text{low}}^{(0)} = \left\{ \left( \frac{\gamma^2}{2m} - \mu - t \right) \tau_z + (\Delta_0 - \Delta_1) \tau_x \right\} P_-, \quad (A.19)$$

while the high energy part of the unperturbed Hamiltonian is

$$H_{1,\text{high}}^{(0)} = \left\{ \left( \frac{\gamma^2}{2m} - \mu + t \right) \tau_z + (\Delta_0 + \Delta_1) \tau_x \right\} P_+, \quad (A.20)$$

Second order perturbation theory now gives a correction to the low-energy part

$$H_{1}^{(2)} = P_-H_1' \left[ E_0 - H_{1,\text{high}}^{(0)} \right]^{-1} H_1' P_-; \quad (A.21)$$

where $E_0$ is the energy of the unperturbed low-energy state. Below, we will see that Fermi point is not renormalized up to linear order in the perturbation, the condition for a gap closing at the transition to a topological superconductor happens near $p = \sqrt{2m(\mu + t)}$ and therefore we can neglect $E_0$, assuming that $\Delta_0 - \Delta_1 \ll \sqrt{4t^2 + (\Delta_0 + \Delta_1)^2}$. Furthermore, since $\lambda_z$ and $\lambda_y$ both

26. In class DIII, we have $\mathcal{H}(p)\gamma^c = \mathcal{H}(p)$, $\mathcal{P}\mathcal{H}(p)\mathcal{P}^\dagger = -\mathcal{H}(-p)$, and $\mathcal{C}\mathcal{H}(p)\mathcal{C}^\dagger = -\mathcal{H}(p)$.
27. For example, for the model in Refs. [20] and [21] which is equivalent to ours if $\Delta_1 = \alpha = V = 0$, the double degeneracy of the bands makes it possible to off-diagonalize the Hamiltonian into $\mathcal{P}$-symmetric blocks and thus use the Kitaev Pfaffian criterion.
flip between the eigenstates of $\lambda_z (\lambda_z P_+ = P_\pm)$ the second order correction can be written as

$$H_1^{(2)} \approx -P_- (V + \beta p\sigma_z) \tau_z \left[2t\tau_z + (\Delta_0 + \Delta_1)\tau_x\right]^{-1} \times \tau_z (V + \beta p\sigma_z) P_-.$$  

(A.22)

Combining this with the unperturbed low energy Hamiltonian, we get the final effective low-energy Hamiltonian:

$$H_{1,\text{low}} \approx \left(\frac{p^2}{2m} - \mu - t - \delta(p)\right) \tau_z + (\Delta_s + p\sigma_z \Delta_p) \tau_x,$$

(A.23)

where

$$\Delta_s = \Delta_0 - \Delta_1 + \frac{V^2 + p^2\beta^2}{D},$$

(A.24)

$$\Delta_p = 2\beta\frac{V}{D},$$

(A.25)

$$D = \frac{4t^2 + (\Delta_0 + \Delta_1)^2}{(\Delta_0 + \Delta_1)},$$

(A.26)

$$\delta(p) = \frac{2t(V + \beta p\sigma_z)^2}{4t^2 + (\Delta_0 + \Delta_1)^2}.$$  

(A.27)

We have thus mapped the model to two decoupled 1D models, one for spin up and one for spin down. The two models are related by TRS and map to each other by $\sigma_z \rightarrow -\sigma_z$ and $p \rightarrow -p$. They can undergo a transition from a trivial to a topological p-wave superconductor, when the gap changes sign, which happens when

$$\Delta_s \pm p_F\Delta_p = 0,$$  

(A.28)

where $p_F$ is determined by $p_F = \sqrt{2m(\mu + t + \delta(p_F))}$.

To put this condition in the context of a topological phase is that the total chemical potential is positive and hence

$$\mu + t + \delta - \frac{\Delta^2}{2m\Delta^2_p} > 0.$$  

(A.30)

The transition point thus agrees with the condition in Eq. (A.28) for the gap to close. For small $V_0 + \beta p\sigma_z$, we neglect $\delta$ and get the condition

$$2m\Delta_p^2(\mu + t) - \Delta_s^2 > 0,$$  

(A.31)

or

$$8m(\mu + t)\beta^2V^2 > ((\Delta_0 - \Delta_1)D + V^2 + 2m(\mu + t)\beta^2)^2.$$  

(A.32)

For $t = 0$, this becomes

$$K_- < \Delta_1 < K_+,$$  

(A.33)

with

$$K_\pm = \sqrt{\Delta_0^2 + (V \pm \sqrt{2m\mu\beta})^2}.$$  

(A.34)

We see that the condition for $\Delta_1$ always requires $\Delta_1 > \Delta_0$.

**Condition on pairing matrix**

In this part we show that the determinant of the pairing matrix must be negative. Starting with $Z_p = \text{det}(\Delta + i\mathcal{H}_p^{(1)})$, one can rotate the matrix such that $\Delta$ is diagonal, with eigenvalues $a$ and $b$. After rotation, $Z_p$ has the form

$$Z_p = \text{det}\begin{pmatrix} a + ix & iz \\ iz & b + iy \end{pmatrix} = ab + z^2 - xy + i(ay + bx).$$  

(A.35)

We can then find the crossings with the real axis by setting $y = -bx/a$ (which gives two solutions for $p = p_{1(2)}$, as explained in the main text), so that

$$Z_{p_{1(2)}} = ab + z^2 + x^2b/a.$$  

(A.36)

Now it is clear that a necessary condition for this to be negative is $ab < 0$, or equivalently $\text{det} \Delta < 0$. 