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Coupling of light and mechanics in a photonic crystal waveguide

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Observations of thermally driven transverse vibration of a photonic crystal waveguide (PCW) are reported. The PCW consists of two parallel nanobeams whose width is modulated symmetrically with a spatial period of 370 nm about a 240-nm vacuum gap between the beams. The resulting dielectric structure has a band gap (i.e., a photonic crystal stop band) with band edges in the near infrared that provide a regime for transduction of nanobeam motion to phase and amplitude modulation of an optical guided mode. This regime is in contrast to more conventional optomechanical coupling by way of moving end mirrors in resonant optical cavities. Models are developed and validated for this optomechanical mechanism in a PCW for probe frequencies far from and near to the dielectric band edge (i.e., stop band edge). The large optomechanical coupling strength predicted should make possible measurements with an imprecision below that at the standard quantum limit and well into the backaction-dominated regime. Since our PCW has been designed for near-field atom trapping, this research provides a foundation for evaluating possible deleterious effects of thermal motion on optical atomic traps near the surfaces of PCWs. Longer-term goals are to achieve strong atom-mediated links between individual phonons of vibration and single photons propagating in the guided modes (GMs) of the PCW, thereby enabling optomechanics at the quantum level with atoms, phonons, and photons. The experiments and models reported here provide a basis for assessing such goals.

Recent decades have seen tremendous advances in the ability to prepare and control the quantum states of atoms, atom-like systems in the solid state, and optical fields in cavities and free space. However, the integration of these diverse elements to achieve efficient quantum information processing still faces diverse challenges, including the wide range of highly dissimilar physical systems (e.g., atoms, ions, solid-state defects, quantum dots) that could be utilized to realize heterogeneous systems for quantum logic, memory, and long-range coupling. Each of these systems has unique advantages, but they are disparate in their frequencies, their spatial modes, and the fields to which they couple. For example, the electronic degrees of freedom in atoms and atom-like defects typically respond at optical frequencies, while their spin degrees of freedom, which are suitable for long-term storage of quantum states, respond to microwave or radio frequencies. On the other hand, the transmission of quantum information over long distances at room temperature requires the use of telecom-band photons in single-mode optical fibers.

Beginning with the pioneering work in refs. 1 and 2, mechanical systems have now been recognized as broadly applicable means for overcoming these disparities and transferring quantum states between different quantum degrees of freedom (3–6). This is because mechanical systems (7) can be engineered to couple efficiently and coherently to many different systems and can possess very low damping, particularly when operated at cryogenic temperatures. To date, quantum effects have been observed in mechanical systems coupled to superconducting qubits (via piezoelectric coupling) (8), optical photons (9–14), and microwave photons (15, 16). Efficient coupling has also been demonstrated between mechanical oscillators and spins in various solid-state systems, although to date the mechanical components of these devices have operated in the classical regime (17–23).

In this article we describe nascent efforts to utilize strong coupling of atoms, photons, and phonons in nanophotonic photonic crystal waveguides (PCWs) to create a different generation of capabilities for quantum science and technology. Our long-term goal is to use optomechanical systems operating in the quantum regime to realize controllable, coherent coupling between isolated, few-state quantum systems. In our case, the system will consist of atoms trapped along a PCW that interact strongly with photons propagating in the guided modes (GMs) of the PCW (24). The mechanical structure of the PCW in turn supports phonons in its various eigenmodes of motion. While much has been achieved in theory and experiment for strong coupling of atoms and photons in nanophotonics, much less has been achieved (or even investigated) for the optical coupling of motion and light in the quantum regime for devices such as described in refs. 24 and 25.

A longstanding challenge for this work is to achieve the integration of ultracold atoms with nanophotonic devices. If this
challenge were overcome, quantum motion could be harnessed to investigate enhanced nonlinear atom–light interactions with single and multiple atoms. Additional quantum phases (31), different mechanisms for controlling atoms near dielectric objects (32), and strong atom–photon–phonon coupling (6) could be realized in the laboratory. Although difficult, this approach potentially benefits from several advantages when compared to conventional optomechanics, including 1) the extreme region of parameter space that atomic systems occupy (such as low mass and high mechanical Q factors), 2) the exquisite level of control and configurability of atomic systems, and 3) the preexisting quantum functionality of atoms, including internal states with very long coherence times.

Of course, many spectacular advances of atomic physics already build upon these features (33–35). On one hand, experiments with linear arrays of trapped ions achieve coherent control over phonons interacting with the ions’ internal states as pseudospins. Goals that are very challenging for quantum optomechanics with nano- and microscopic masses, such as phonon-mediated entanglement of remote oscillators and single-phonon strong coupling, are routinely implemented with trapped ions. On the other hand, cavity quantum electrodynamics (QED) with neutral atoms produces strong interactions between single photons and the internal states of single atoms or ensembles, leading to demonstrations of state mapping and atom–phonon entanglement (36).

What is missing thus far, and what motivates the initial steps described here, is a strong atom-mediated link between individual photons and phonons, to enable optomechanics at the quantum level. Initial steps described here include 1) observation and characterization of the low-frequency, mechanical eigenmodes of an alligator photonic crystal waveguide (APCW) (26–29) and 2) the development of theoretical models that are validated in the nontraditional regime in which our system works (37, 38), namely, well-localized mechanical modes, but nonlocalized propagating photons both far from and near to the band edges of PCWs.

The Alligator Photonic Crystal Waveguide

Fig. 1 provides an overview of the APCW utilized in our experiments with details related to device fabrication and characterization provided in refs. 26–29. The photonic crystal itself is formed by external sinusoidal modulation of two parallel nanobeams made of stoichiometric silicon nitride to create a photonic bandgap for transverse electric (TE) modes with polarization predominantly along $y$ in Fig. 1A. The TE band edges have frequencies near the D1 and D2 transitions in atomic cesium (Cs). Calculated and measured dispersion relations for such devices are presented in ref. 27, where good quantitative agreement is found. Here, we focus on coupling of light and motion for TE modes of the APCW. Transverse magnetic (TM) modes of the APCW near the TE band edges resemble the guided modes of an unstructured waveguide.

As shown by the SEM image in Fig. 1B, the APCW is connected to single-beam waveguides on both ends and thereby freely suspended in the center of a 2-mm-wide window in a silicon chip. Well beyond the field of view in Fig. 1B, a series of tethers are attached transversely to the single-beam waveguides along $\pm y$ to anchor the waveguides to two side rails that run parallel to the $x$ axis of the device to provide thermal anchoring and mechanical support, with the coordinate system defined in Fig. 1A. Important for our current investigation, the single-beam waveguides and the APCW itself are under tensile stress with $\sigma \approx 800$ MPa.

Light is coupled into and out of TE guided modes of the APCW by a free-space coupling scheme that eliminates optical fibers within the vacuum envelope (39, 40). An example of a reflection spectrum $R(\nu)$ is given Fig. 1C, which is acquired by way of light launched from and recollected by the microscope objective O1 shown in Fig. 1D. Objectives O1 and O2 are mode matched to the fields to/from the terminating ends of the waveguide, resulting in overall throughput efficiency $\approx 0.50$ from input objective O1 through the device with the APCW to output objective O2 for the experiments described here. The silicon chip itself contains a set of APCWs and is affixed to a small glass optical

![Image](https://example.com/image.png)

**Fig. 1.** Details of the APCW and the setup for our experiments (26–29). (A) Drawing giving the dimensions of the various components of the APCW in gray. The unit cell spacing $a = 370$ nm, the vacuum gap $g = 238$ nm, and the silicon nitride thickness $t = 200$ nm. The outer beams have modulation amplitude $A = 120$ nm and width $w = 280$ nm. (B) An SEM image of the left half of the APCW showing (from left to right) a single unstructured rectangular waveguide that splits at a Y junction into two parallel waveguides each of which is gradually modulated in width to finally match the $A, w$ values of the APCW itself which extends 150 unit cells to the right along $x$ before tapering to a second Y junction and a uniform rectangular beam. The entire structure is suspended in vacuum by transverse tethers connected to supporting side rails as shown in ref. 26, figure 3 and ref. 30, figure 1.9. (C) Reflection spectrum $R(\nu)$ for the APCW displays a series of low-finesse cavity-like resonances for reflections from the input tapers and APCW near the dielectric band edge at 344 THz. Inset plots frequencies $\nu_{t,n}$ for successive cavity resonances $t = 1, 2, \ldots$ near the dielectric band edge. (D) Simplified diagram for measurements of mechanical modes of the APCW by way of transmission spectra $T(\nu)$ either by direct detection of beam $E_{\text{out}}(\nu)$ alone at photodetector $D_1$ or $D_2$ or via balanced homodyne detection of the signal beam $E_{\text{out}}(\nu)$ combined with the local oscillator beam $E_{\text{LO}}(\nu)$ at photodetectors $D_1$ and $D_2$.}

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Observations of Modulation Spectra

With reference to Fig. 1D, we have recorded spectra \( \Phi(\nu, f, \theta) \) for the difference of photocurrents from detectors \( D_1, D_2 \) for light transmitted through an APCW for various probe frequencies \( \nu \) below the frequency \( \nu_{BE} \approx 344 \) THz of the dielectric band edge. Here we employ a balanced homodyne scheme with \( E_{in} \) and \( E_{LO} \) having identical optical frequency \( \nu \) and each absent radio-frequency modulation \( f \) save that from propagation in the APCW. With free-space coupling to guided modes of the APCW, homodyne fringe visibility up to \( \approx 0.95 \) is obtained.

Measurement results for \( \Phi(\nu, f, \theta) \) are displayed in Figs. 2 and 3 for three optical frequencies \( \{\nu_1, \nu_2, \nu_3\} = \{334.96, 343.64, 343.78\} \) THz (i.e., wavelengths \( \{895.00, 872.40, 872.04\} \) nm) moving from far below to near the dielectric band edge, as marked by red arrows in Fig. 1C. The spectra display a series of narrow peaks and are of increasing complexity as the band edge is approached. All spectra are taken for a weak probe beam \( E_{out}(\nu) \) with power \( P_{out} \approx 10 \) \( \mu \)W, while \( P_{LO} \approx 5 \) mW.

The phase offset \( \theta \) between \( E_{in} \) and \( E_{LO} \) is set to maximize the observed spectral peaks whose frequencies \( f \) exhibit only small shifts with changes in \( P_{out} \), as illustrated in SI Appendix, Fig. S1. In vacuum \((\approx 1 \times 10^{-10}\) torr) and at room temperature, the quality factor for the lowest peak at \( f_1 \approx 2.4 \) MHz is \( Q \approx 1 \times 10^5 \).

An important feature of the spectra in Fig. 2A is that peaks beyond \( f_j \) occur at frequencies that are approximately odd harmonics of \( f_1 \), with \( f_j \approx j \times f_1 \) for \( j = 1, 3, 5, \ldots \). By contrast in Fig. 2B, the largest peaks double in number with now the presence of even harmonics of the fundamental frequency \( f_1 \) in addition to the odd harmonics from Fig. 2A. As shown in Fig. 2C, the dispersion relation is approximately linear with frequencies \( f_j \approx p \times f_1 \), where \( p = 1, 2, 3, \ldots \).

Further understanding emerges if we consider higher accuracy for the frequencies \( f_j \) and examine the measured frequency differences \( \Delta f = |f_j - p f_1| \) as in Fig. 2D. Also plotted as the dashed line is the theoretical prediction for the mechanical frequency differences \( \Delta f = |f_j - p f_1| \) of a long, narrow, and thin beam, which is supported at hinged ends. For this model, the mechanical resonances are (41)

\[
\bar{f}_j = \frac{p^2 \pi}{2 L^2} \sqrt{\frac{E I}{\rho A} + \frac{\sigma L^2}{\rho n^2 p^2}}.
\]

where \( p \) is the integer mode index, \( E \) the Young’s modulus, \( I \) the moment of inertia, \( A \) the cross-sectional beam area, \( L \) the beam length, \( \rho \) the mass density, and \( \sigma \) the beam stress.

Our APCW and connecting nanobeams are fabricated from \( \text{Si}_3\text{N}_4 \) with high-tensile stress \( \sigma \approx 800 \) MPa (26, 28). Together with the largely one-dimensional (1D) geometry of the APCW (large aspect ratio of transverse to longitudinal dimension), the contribution of the bending term in Eq. 1 can be neglected for the lowest-order modes such that \( \bar{f}_j \approx (p/2L)\sqrt{\sigma/\rho} \), giving rise to a close approximation of the linear dispersion of a tensioned string as in Fig. 2C. However, higher-order modes have a clear quadratic contribution from the bending term that is evident in Fig. 2D.

In terms of absolute agreement between measured and predicted frequencies for the spectra in Fig. 2, from Eq. 1 we calculate a fundamental frequency \( f_1 = 2.37 \pm 0.3 \) MHz from the total length \( L = 180 \times a + 2 \times 20 \) \( \mu \)m = 107 \( \mu \)m with the unit cell spacing \( a = 0.37 \) \( \mu \)m, the manufacturer’s quoted tensile stress \( \sigma = 800 \pm 50 \) MPa, and the mass density for (stochiometric)
silicon nitride produced by low-pressure chemical vapor deposition (LPCVD) (42). \( \rho_{\text{SiN}} = 3.180 \text{ kg m}^{-3} \). For the length \( L \), we consider the 150 unit cells of the actual PCW region, plus the 30 tapered cells on each end, and finally the length from the beginning of the Y-split junction which separates the two corrugated beams. The devices are designed for small stress relaxation from that of the original SiN on a silicon chip (28). The predicted \( f_1 \) is close to the measured frequency \( f_1 = 2.38 \pm 4 \text{ MHz} \).

While the frequencies of the largest peaks in Fig. 2 are well described by Eq. 1, the complexity of the spectra increases as the band edge is approached with the appearance of many small satellite peaks as in Fig. 3 for \( \nu_c = 343.78 \text{ THz} \) (i.e., wavelength \( \lambda_c = 872.04 \text{ nm} \)).

After labeling for clarity the dominant even and odd quasi-harmonics that also appear in Fig. 2, we clearly observe a secondary series of integer harmonics in Fig. 3, such as the second, third, and fourth harmonics of the lowest-frequency \( f_1 \). The majority of the remaining peaks have frequencies which coincide with sums and differences of the main quasi-harmonics frequency components \( f_p \). Nonlinear transduction of thermomechanical fluctuations has been observed previously, for example in ref. 43 with a sliced photonic crystal nanobeam. A recent study (44) thoroughly investigated its impact on limiting noise figures for quantum optomechanics. Other peaks (e.g., at 1.5 MHz) originate from unbalanced input laser light noise.

**Mechanical Modes of the APCW**

From measurements as in Figs. 2 and 3 in hand and some understanding of the dispersion relation for the observed mechanical modes of the APCW, we turn next to more detailed characterization by way of numerical simulation. Principal goals are 1) to determine the mechanical eigenfunctions (and not just eigenfrequencies) associated with the observed modulation spectra and 2) to investigate the transduction mechanisms that convert mechanical motion of the various eigenfunctions to modulation of our probe beam. Beyond numerics to find the mechanical eigenmodes, we present simple models to describe the transduction of mechanical motion to light modulation for various regimes far from and near to a band edge of the APCW. Quantitative numerical evaluation of the optomechanical coupling rate \( G_{\text{opt}} \) and eigenmodes for the full APCW structure are presented in Numerical Evaluation of the Optomechanical Coupling Rate \( G_{\text{opt}} \).

Fig. 4 shows the fundamental mechanical modes of a small APCW structure obtained via numerical solution of the elastic equations. For clarity, we illustrate with a reduced geometry due to the large aspect ratio of our structure. Fig. 4A–D represents the three-dimensional (3D) deformed geometry as prescribed by the displacement vector field associated to each of the mechanical eigenmodes, with an arbitrary choice of mechanical energy. The displacement \( u \) normalized to its maximum value \( u_{\text{max}} \) is indicated by the colormap. Fig. 4E displays a higher-order antisymmetric mode with \( f_p^{\text{A}} \sim 3f_1^{\text{A}} \) in the \( x-y \) plane for a longer structure.

The design of the relatively long Y junction arises from the need for efficient (i.e., adiabatic) conversion of the light guided from the single waveguide into the mode of the double-beam photonic crystal. While it does not represent a sharp boundary for the mechanics (please refer to refs. 28 and 29 for details of the full suspended structure with anchoring tethers), it does impose a symmetric termination geometry for both patterned beams. For the choice of effective two end-clamped boundary conditions, the four types of eigenmodes consist of two pairs of symmetric \( S \) and antisymmetric \( A \) oscillation, one pair with motion predominantly along \( y \), which we denote by \( Y_p^A \), \( Y_p^S \), and the other with motion mainly along \( x \), denoted by \( Z_p^A \), \( Z_p^S \) and labeled by the mode number \( p = 1, 2, 3, \ldots \). For the actual full APCW structure, the eigenfrequencies for the fundamental \( p = 1 \) modes are in the ratio \( f_p^{\text{A}}/f_1^{\text{A}} = 1.0, 0.98, 0.74 \).

While the modes in Fig. 4 correspond to the mode families with lowest eigenfrequencies, at higher frequency other types of beam motion with mixed \( x-y \) displacements appear. Also, as discussed in Conclusion and Outlook, the APCW is a 1D phononic crystal. The eigenmodes shown in Fig. 4 correspond roughly to those of two weakly coupled nanobeam oscillators. They are representative of the flexural modes studied in other works such as the so-called tuning fork nanomechanical resonators (45) and photonic crystal optomechanical zipper cavities (46), whose geometries have a more apparent doubly clamped boundary condition. Regarding the accuracy of the choice of boundary condition, we note that the mechanical properties of the differential modes are little impacted by the length of the single beam beyond the merging point of the junction.

**Mapping Motion to Optical Modulation**

**Optical Frequencies Far from a Band Edge.** A simple model for the transduction of motion of the APCW nanobeams into optical modulation explains some of the key observations from the previous sections. First of all, for a fixed GM frequency \( \omega \) input to the APCW, each mechanical eigenmode adiabatically modifies the band structure of the APCW and thereby the optical dispersion relation \( k_\delta(\omega) \) for GM propagation along \( x \) with frequency \( \omega \) relative to the case with no displacement from equilibrium. In our original designs of the APCW, we undertook extensive numerical simulations of the band structure for variations of all of the dimensions shown in Fig. L4 (27–29). Guided by these earlier investigations, we deduce that the largest change in band structure with low-frequency motion as in Fig. 4 arises from variation of the gap width \( g \) from displacements \( \pm \delta y/2 \) for the antisymmetric eigenmode \( Y_p^A \) illustrated in Fig. 4A.

As suggested by Eq. 1, we then consider a 1D string model with \( Y_p^A(x) \) describing \( y \) displacement at each point along \( x \), namely \( Y_p^A(x) = Y_{0,p} \sin(\beta_p x) \), with maximum \( y \) displacement \( Y_{0,p} \).

Here, \( \beta_p \) is the mechanical wave vector with \( Y_p^A(x) \) subject to boundary conditions, which in the simplest case are \( Y_p^A(x = 0) = 0 = Y_p^A(L) \) with then eigenvalues \( \beta_p = p \mu / L \) for \( p = 1, 2, 3, \ldots \).

Again, \( Y_p^A(x) \) denotes the mechanical eigenmode in Fig. 4A and represents antisymmetric \( y \) displacements of each nanobeam, with one beam of the APCW having displacement from equilibrium \( \pm \delta y = \pm Y_0/2 \) and the opposing beam with phase-coherent displacement \( \pm \delta y = \mp Y_0/2 \), leading to a cyclic variation of the total gap width \( g \rightarrow g + Y_0 \rightarrow g + Y_0 \rightarrow g \) as described by \( Y_p^A(x) \) along the \( x \) axis of the APCW. For small \( y \) displacements and fixed frequency \( \omega \) far from the band edge, we can then expand the dispersion relation to find \( k_\delta(Y_p^A) \) as \( k_\delta(\omega) \) far from the band edge, we can then expand the dispersion relation to find \( k_\delta(Y_p^A, \omega) \sim k_\delta(\omega, Y_0) \) + \( \delta k_\delta(Y_p^A, \omega) \), where \( \delta k_\delta(Y_p^A, \omega) = \xi(\omega) \times y, k(\omega) = (\pm d\omega/\pm d\omega) \).
Since $y$ displacements vary along $x$ as described by the particular mechanical eigenmode $Y_p^y(x)$, $\delta k_y$ will also vary along $x$. The differential phase shift due to a mechanical eigenmode for propagation of an optical GM from input to output of the APCW is then given by (in our simple model) $\Phi_p(L) = \int_0^L \delta k_y(\omega, Y_p^y(x)) \, dx = \int_0^L \xi(\omega) Y_p^y(x) \, dx = 2\xi(\omega) Y_0/\pi f$ for $p$ odd and $\Phi_p(L) = 0$ for $p$ even. Here, $\Phi_p(L)$ is the differential phase shift between optical propagation through the APCW with and without mechanical motion (i.e., $Y_{0,p} \neq 0$ and $Y_{0,p} = 0$).

When driven by thermal Langevin forces, the mechanical mode $Y_p^y(x)$ oscillates principally along $y$ at frequency $f_p^{10}$ with rms amplitude $(Y_{0,p}^y)^{1/2}$, where $(Y_{0,p}^y)^{1/2} \approx 64$ pm as calculated in SI Appendix. For small, thermally driven phase shifts, $\Phi_p(L)$ likewise oscillates predominantly at $f_p^{10}$ with rms amplitude linearly proportional to $y$ displacement, $(\Phi_p^y)^{1/2} \approx (Y_{0,p}^y)^{1/2}$. Far from a band edge, both $\Phi_p$ and $Y_{0,p}$ should be Gaussian random variables, with, for example, probability density $P(\Phi_p) = e^{-\Phi_p^2/2\sigma_p^2}/\sqrt{2\pi \sigma_p^2}$.

**Measurements of Phase and Amplitude Modulation.** Overall, our simple model describes mechanical motion via eigenmodes $Y_p^y(x)$ that modifies the dispersion relation for an optical GM, which in turn leads to nonzero phase modulation $\Phi_p$ at frequency $f_p$ for $p$ odd eigenmodes and zero phase modulation for $p$ even modes, precisely as observed in Fig. 2.4 far from the band edge. Here we present measurements to substantiate further this model.

With reference to Fig. 1D, the balanced homodyne detector enables measurement of an arbitrary phase quadrature by offset of the relative phase $\theta$ between the probe output field $E_{\text{out}}$ and the local oscillator field $E_{\text{LO}}$ with $\theta$ set by adjusting the voltage of the piezoelectric mirror mount (PZT) shown in Fig. 1A. Phase or amplitude modulation of the probe field is then unambiguously identified by offset $\theta = \pi/2$ for PM or $\theta = 0$ for AM. By calibrating the low-frequency ($f \approx 80$ Hz) fringe amplitude for the difference current $\Delta i(t)$ of the balanced homodyne signal as a function of $\theta(t)$ and then setting $\theta = \pi/2$ (i.e., at the zero crossing of the interferometer fringe signal for highest phase sensitivity), we observe periodic variation in $\Delta i(t)$ at $f \approx 2.384$ MHz, corresponding precisely to the lowest $p = 1$ eigenfrequency $f_p^{10}$ in the phase $\Phi_1(t)$ imprinted on the probe from propagation through the APCW. Fig. 5 displays an example of a single time trace for fixed $\theta = \pi/2$ clearly evidencing $\Phi_1(t)$ both for broad-bandwidth detection and for processing with a digital bandpass filter centered at $f_p^{10}$ with $\pm 100$ kHz bandpass.

Over a range of probe powers (SI Appendix, Fig. S2 and frequencies far from the band edge (SI Appendix, Fig. S3), the typical observed rms amplitude of the detected phase modulation at $f_p^{10}$ is $(4.5 \pm 2.0) \times 10^{-3}$ rad. This measured modulation for $\Phi_1(t)$ should be compared to the value predicted from our simple model. The thermally driven $y$ amplitude $Y_{0,1} = 4 \mu$W is calculated in SI Appendix and can be combined with a transduction factor $\xi(\omega) = (\delta k_y(\omega)/\delta y)$ inferred from band structure calculations to arrive to a predicted rms value for thermally driven phase modulation at frequency $f_p^{10}$ of about $4 \times 10^{-3}$ rad (SI Appendix).

**In Numerical Evaluation of the Optomechanical Coupling Rate $G_v$ we address the origin of disparity between measured and modeled phase modulation by way of full numerical simulation for the APCW.**

Note that we observe a shift of the mechanical frequency with guided probe power, which allows an inference of the bare mechanical frequency $f_p^{10}$ in the absence of probe light. Representative data for the power-dependent shift can be found in SI Appendix, Fig. S1, which shows a linear decrease with probe power $P$ of $f_p = f_p^{10} + \beta P_{\text{in}}$, with $\beta = -1.31 \pm 0.02$ Hz/µW$^{-1}$, and $f_p^{10} = 2.385,812 \pm 10$ Hz. This shift with probe power is consistent with thermal expansion of the APCW due to absorption of probe power. Preliminary measurements of phase modulation for optical frequencies closer to the dielectric band edge are provided in SI Appendix, Fig. S7.

**Missing Modes.** There remains the question of “missing modes.” If indeed the dominant spectral peaks in Fig. 2 are associated with the eigenfunctions $Y_p^y$, what has become of the other three sets of eigenfunctions $Y_S^y, Z_p^y, Z_S^y$? The answer provided by our simple model of mechanical motion modifying the dispersion relation $k_x(\omega)$ is that $Y_p^y$ is unique in producing a large first-order change in $k_x(\omega)$ with displacement.

Fig. 4 reveals that only $Y_p^y$ has distinct geometries for displacements $\pm \delta y$ (i.e., the two nanobeams are more separated for $+\delta y$ and less separated for $-\delta y$), leading to a much larger calculated transduction factor $\xi_{y,A}(\omega)$ for motion along $y$ than $\xi_{x,A}(\omega)$ for motion along $x$. Moreover, far from the band edge, the symmetric modes $Y_{p}^y, Z_p^y$ have small transduction factors $\xi_{y,L}(\omega), \xi_{z,S}(\omega)$ comparable to those for modes of a single unmodulated nanobeam of the thickness and average width of the APCW. This issue is addressed in quantitative detail in Numerical Evaluation of the Optomechanical Coupling Rate $G_v$ with a full numerical simulation of optomechanical coupling for the APCW.

**Optical Frequencies near a Band Edge.** Near the band edge of a PCW, the mapping of mechanical motion to modulation of an optical probe, i.e., optomechanical transduction, has a qualitatively distinct origin from that in the previous section for the dispersive regime of a PCW. For a finite length PCW, there appears a series of optical resonances $\nu_n$ with $n = 1, 2, 3, \ldots$ as displayed in Fig. 1C. Each optical resonance arises from the condition $\delta k_x(n) = h_{\text{BE}} - k_x = \pi n/L$ with $h_{\text{BE}} = \pi/a$ at the band edge (27, 30). The mapping from wave vector $\delta k_x(n)$ to frequency $\nu_n$ involves a nonlinear dispersion relation $\delta k_x(n)$ near the band edge, which for our devices takes the form

$$\delta k_x(n) = \frac{2\pi}{a} \sqrt{\left(\nu_{\text{BE}} - \nu(n)\right)(\nu_{\text{BE}} - \nu(n))} \frac{4\xi^2}{4\xi^2 - (\nu_{\text{BE}} - \nu(n))^2}, \quad [2]$$

where $\nu_{\text{BE}}$ is the lower (upper) band edge frequency, and $\xi$ is a frequency related to the curvature of the band near
the band edge. Validation of this model by measurement and numerical simulation is provided in refs. 27 and 30.

For our current investigation, the lower-frequency \( \nu_{\text{BE}} \) for which \( \delta k_v = 0 \) is the dielectric band edge frequency. We model how displacements of the APCW geometry for the various mechanical eigenmodes illustrated in Fig. 4 lead to variation of the parameters in Eq. 2. Specifically, since the resonance condition involves only the effective length of the APCW (i.e., \( L = (N - 1)\alpha \) with the number of unit cells \( N \approx 150 \) and lattice constant \( \alpha \approx 370 \text{nm} \)), each optical resonance will be taken to have fixed \( \delta k_v (n) = n/(N - 1) \times \delta k_v \) with then the associated optical frequency \( \nu (n) \) changing due to variation of parameters in Eq. 2 driven by displacements from the mechanical eigenmodes.\(^*\)

A mapping of changes in device geometry to changes in band edge frequencies is provided in ref. 29. As in the previous subsection, we seek here a qualitative description to understand the complex transduction of mechanical motion to optical modulation in a 3D PCW. Quantitative numerical calculations are described in Numerical Evaluation of the Optomechanical Coupling Rate \( G_v \).

That said, we proceed by way of table 2.1 and figure 2.13 in ref. 29 to estimate the traditional vacuum optomechanical coupling rate \( (7) \) \( G_v^{\text{m}} \) for \( y \) displacements at the \( n = 1 \) optical resonance, \( \nu_v \), closest to the dielectric band edge \( \nu_{\text{BE}} \). Here, \( G_v^{\text{m}}(\nu_v) \equiv 2\nu_v \times \frac{\text{dy}}{\delta y} \), where we consider change in resonant frequency \( \nu_v \) due to \( y \) variation of the gap width \( g \) as from the simple model in the previous section, and where the factor 2 arises for the eigenmode \( Y^\alpha \) from the displacement \( 2g \delta y \) for asymmetric \( y \) motion of each beam by \( \delta y \) and \( \pm \delta y \). \( \nu_v = \sqrt{h/2m \xi^2 \rho} \approx 14 \text{fm} \) is the zero-point amplitude along the chosen coordinate \( y \) (SI Appendix), with the effective mass of a 1D string \( m_{\text{eff}} = m/2 \) and the mass \( m \approx 35 \text{ pg} \) corresponding to that of the APCW section plus half the mass of each taper. By way of the dispersion relation Eq. 2 and ref. 29, we find that \( \frac{\text{dy}}{\delta y} \approx 0.034 \text{THz} \cdot \text{nm}^{-1} \) and that the optomechanical coupling rate \( G_v^{\text{m}}(\nu_v) \approx 900(100) \text{kHz} \), which is to be compared to the value found in Numerical Evaluation of the Optomechanical Coupling Rate \( G_v \) for the full 3D geometry.

**Numerical Evaluation of the Optomechanical Coupling Rate \( G_v \)**

In this section, we consider the full APCW structure and evaluate numerically the optomechanical coupling rate \( G_v \) from the waveguide to the band-edge regions. We first solve for the light-field distribution propagating in the structure by launching the TE mode solution of the infinite single nanobeam waveguide section. This also gives reflection and transmission coefficients of the TE electromagnetic mode at both ends of the structure, with the reflection coefficient \( R(\nu) \) shown on the right axis of Fig. 6. We neglect the small imaginary part of the refractive index for Si\(_3\)N\(_4\) as well as losses due to fabrication imperfections. The mechanical eigenmodes are solved for the full structure (i.e., total number of unit cells for APCW \( N = 150 \), total number of taper cells \( N_t = 30 \), Y-split junction length \( L_Y = 30 \mu\text{m} \)) with clamped ends, taking into account a constant stress distribution which is the steady-state stress field associated to the e-beam written geometry within the sacrificial layer of Si\(_3\)N\(_4\) with initial homogeneous in-plane stress \( \sigma \).

\(^*\)In this regard, operation in the vicinity of an optical resonance near a band edge of a PCW is analogous to more traditional optomechanics, with, for example, Fabry–Perot cavities, for which thermally excited mechanical resonances of a cavity mirror can shift the optical resonances of a high-finesse cavity. The result on a circulating optical field can be phase or amplitude modulation, or even more exotic behavior, including parametric instability (1, 2), which we briefly discuss in Conclusion and Outlook.

Exploring Si\(_3\)N\(_4\) material properties within 10% of the values provided by the wafer manufacturer, the numerically predicted mechanical frequencies are accurate to better than 0.1% with measured frequencies for \( E = 250 \text{ GPa} \), \( \rho = 3.160 \text{ kg m}^{-3} \), and \( \sigma = 860 \text{ MPa} \).

The exact expression for the optomechanical coupling rate \( G_v \) due to displacement shifts of the dielectric boundaries within perturbation theory can be found in SI Appendix and ref. 47. It is given by the product of the mechanical zero-point motion amplitude \( \alpha_{\rho} \), and the change in optical mode eigenfrequency due to the dielectric displacement prescribed by the mechanical mode (generalized coordinate \( \alpha \) [SI Appendix]), \( G_v = (\partial \nu / \partial \alpha)_{\rho} \).

The values of the coupling rate \( G_v(\nu) \) are shown in Fig. 6 for various eigenmodes \( p \) for the family \( Y^\alpha \) as functions of optical frequency, where the actual eigenmode was approximated by a sine mode shape in Mapping Motion to Optical Modulation. While the predicted \( G_v \) is largest for such a mode family, we report in SI Appendix, Fig. S4 the simulated values for all low-frequency modes. The calculation spans from the waveguide regime far below the TE dielectric band edge, to then approaching the band edge, and finally into the band gap itself. The value of \( |G_v^{\text{m}}(\nu)| \) reaches up to \( \sim 1.0 \text{ MHz} \) at resonance near the band edge. This is slightly larger than predicted from the simple model in Mapping Motion to Optical Modulation, which ignored the finite geometry with the Y junction, tapered cells, and narrowing of the physical gap (i.e., infinite APCW).

In contrast to the strains associated with gigahertz-acoustic modes for some optomechanical systems (48) that lead to photoelastic contributions \( G_{\text{PE}} \) comparable to those from the dielectric moving boundaries, we find that the \( G_{\text{PE}} \) contribution is negligible (by several orders of magnitude) compared to the dielectric moving boundary contribution for the long-wavelength vibrations under consideration for the APCW, for which the phonon wavelength becomes comparable to the optical wavelength. A measurement of the photo-elastic constant for Si\(_3\)N\(_4\) can be found in ref. 49. Also note that \( G_{\rho} \propto n^4 \), with the ratio of Si\(_3\)N\(_4\) (as here) to Si (as in ref. 48) refractive indexes \( \eta_\text{Si}_3\text{N}_4 / \eta_\text{Si} = 2/3 \).

To validate our numerical calculations, we have reproduced published results for several nanophotonic structures, (50–52), as discussed in SI Appendix.

Despite their relatively large effective mass (\( \approx 20 \text{ pg} \); SI Appendix, section S1), the low-frequency mechanical modes of the APCW achieve mass-frequency products and hence...
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mechanisms for combining atom trapping in the vicinity of nanophotonic structures (62). While the symmetrical modes lead to negligible modulations of the guided light as compared to $Y^Z$ motion, the guided light intensity distribution still follows the motion of the APCW structure in the laboratory frame. A simple estimate of heating limited trap lifetime due to trap-potential pointing instability can be obtained from the thermal position instability of $\sqrt{\text{Sy}^2} \approx 3.8 \text{ pm}/\text{Hz}^1/2$ at $f_1$, with $\text{Sy}_f = 2kBTQ/\hbar m e^{-2}$ (54) corresponding to the maximum displacement of one of the nanobeams (located at the midpoint along $x$ for the fundamental mode; 3I Appendix, Fig. 88). This noise level corresponds to an energy-doubling time $\tau \approx 63$ of order 1 ms, at atom trap frequency $\nu_T$. We are working on further simulations of heating rates with the complex motion of these dielectric structures for cold atom traps. Implementing feedback cooling with guided light could also mitigate limitations from operation at room temperature ($64$).

Although we have concentrated on low-frequency eigenmodes of the APCW in the megahertz regime, we have also investigated eigenmodes in the gigahertz regime that are of interest for many of the topics addressed here. As illustrated in Fig. 8, the corrugated structure of the APCW can lead to phononic band gaps in the gigahertz acoustic domain. The possibilities for band-gap engineering for both photons and phonons (50) for application to atomic physics (e.g., for coupling mechanics to both Zeeman and hyperfine atomic states) represent an exciting frontier beyond the work reported here. One example to note is that the curvatures of phonon bands can strongly enhance heating rates for atom traps (65), which might offer new possibilities for engineering better atom traps in PCWs for atomic physics.

Data Availability. All study data are included in this article and 3I Appendix.

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