Floquet metal-to-insulator phase transitions in semiconductor nanowires

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We study steady states of semiconductor nanowires subjected to strong resonant time-periodic drives. The steady states arise from the balance between electron-phonon scattering, electron-hole recombination via photoemission, and Auger scattering processes. We show that tuning the strength of the driving field drives a transition between an electron-hole metal (EHM) phase and a Floquet insulator (FI) phase. We study the critical point controlling this transition. The EHM-to-FI transition can be observed by monitoring the presence of peaks in the density-density response function, which are associated with the Fermi momentum of the EHM phase and are absent in the FI phase. Our results may help guide future studies toward inducing exotic nonequilibrium phases of matter by periodic driving.

INTRODUCTION

Coherent time-periodic driving provides a versatile tool for inducing novel properties in solid state and atomic systems (1–12). Prominent applications include Floquet engineering of band topology, light-induced superconductivity, and ultrafast spintronics (13–29). In many contexts, interesting phenomena may be observed in the short-time dynamics of driven systems (30–32). Under appropriate conditions, at long times, Floquet systems may also exhibit nontrivial steady-state characteristics such as topological responses or time-crystalline behavior (33–47).

Here, we investigate transitions between distinct phases realized in the steady states of a periodically driven semiconductor nanowire. We study the case where the drive frequency is larger than the band gap of the material. For weak (incoherent) driving, the steady state is established by a competition between excitation and relaxation rates that lead to a population inversion (i.e., the steady state hosts a nonequilibrium density of excited electrons at the bottom of the conduction band and holes at the top of the valence band, as indicated in Fig. 1A) (48, 49).

When the drive is sufficiently strong, the conduction and valence bands are coherently hybridized for momenta near the “resonance momenta” ±kR (see Fig. 1B). In this situation, the Floquet bands provide a good basis for identifying the physical properties and response characteristics of the many-body steady state. Here, we study such strongly driven systems, in the regime where the steady state is well described in terms of electronic populations of the system’s Floquet-Bloch states, with a nearly insulator-like filling in the Floquet basis. Such a system serves as a prototype for a Floquet topological insulator in which a resonant drive is used to induce an effective band inversion (19, 46, 50, 51).

An ideal Floquet insulator (FI) is characterized by having a set of Floquet bands that are fully filled, while the remaining Floquet bands are empty. Away from the resonance momenta, the band inversion featured by the ideal FI implies that it hosts a nonequilibrium density of electrons and holes in the conduction and valence bands of the system’s equilibrium band structure. In this respect, the steady state bears similarity to that of a weakly driven system as shown in Fig. 1A. The natural relaxation of these electrons and holes through radiative recombination is manifested in the Floquet picture as interband transitions that create excitations away from the ideal FI state (making holes in the nominally filled Floquet band and putting electrons into the nominally empty Floquet band). Spontaneous emission therefore contributes a source of “quantum heating” in the Floquet basis (see Fig. 1B, wiggly arrow) (32). Similarly, inter-Floquet band transitions arising from electron-electron interactions may also create excitations away from the ideal FI state. At the same time, spontaneous electron-phonon scattering may lead to interband transitions that reduce the number of excitations, helping to “cool” the system toward the FI state (Fig. 1B, straight arrows). The steady state is determined by the competition between these scattering processes.

The steady states of nonequilibrium systems are generally sensitive to the rates of scattering processes, which, in turn, depend on a large number of microscopic parameters of the system and the baths to which it is coupled (in contrast to equilibrium where statistical mechanics provide a simple description of steady states in terms of a small number of thermodynamic parameters such as chemical potential and temperature). Nevertheless, we show that the electronic steady states of resonantly driven semiconductor nanowires exhibit two phases, distinguished by their properties for momenta near the resonance: (i) an electron-hole metal (EHM) phase, which features sharp Fermi surfaces for electron and hole excitations in the nominally empty and filled Floquet bands, respectively, and (ii) an FI phase, in which the electron and hole excitations are distributed as a nondegenerate Fermi gas in the Floquet basis. Which of these phases is obtained is determined by the dependence of the inter-Floquet band relaxation rates on the excitation density. A bottleneck for relaxation arises in the situation where these relaxation rates are suppressed at low densities, leading to a pileup of excitations and the formation of an EHM.

We show that a simple phase diagram emerges that is controlled by just two effective parameters, which capture the competition between the processes described above. The structure of the phase diagram is governed by a quantum critical point, with a critical region separating the two phases (see Fig. 1C). The transition between the EHM and the FI across the critical region is reminiscent of a finite-temperature crossover. The properties of the crossover are determined by the effective temperature of the electron and hole excitations in the Floquet bands.

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This response gives rise to Friedel oscillations in the density induced by local inhomogeneities or an external potential.

RESULTS

Model of a periodically driven nanowire

To study the EHM and FI phases, we use a tight-binding model describing a uniformly, periodically driven nanowire with the Hamiltonian 

$$\hat{H}_0(t) = \sum_{\mathbf{k}} \hat{E}_{\mathbf{k}}(t) \hat{c}_{\mathbf{k}}^\dagger \hat{c}_{\mathbf{k}}.$$  

Here, \(\hat{E}_{\mathbf{k}} = (\hat{c}_{\mathbf{AA}}, \hat{c}_{\mathbf{BB}})^T\) is a vector of operators annihilating spinless fermions in two orbitals, \(|A\rangle\) and \(|B\rangle\), with crystal momentum \(\mathbf{k}\) along the wire. We write the single-particle Bloch Hamiltonian \(H_b(t)\) in the form (53–57)

$$H_b(t) = [M - B \cos (k/a)] \sigma^x + A \sin (k/a) \sigma^y + V \cos (\Omega t) \sigma^z \quad (1)$$  

where \(\sigma^x\), \(\sigma^y\), and \(\sigma^z\) are Pauli matrices in the orbital basis, with \(\sigma^x |A\rangle = |A\rangle\) and \(\sigma^z |B\rangle = -|B\rangle\), and \(A, B,\) and \(M\) are constants. The periodic drive induces a local coupling between the orbitals, with strength \(V\). Throughout this work, we consider a half-filled system, which is a band insulator in the absence of the drive. The Floquet eigenstates of the time-dependent problem satisfy 

$$\left[\hbar \frac{\partial}{\partial t} - H_b(t)\right] |\psi_{K\nu}(t)\rangle = 0,$$

with \(|\psi_{K\nu}(t)\rangle = e^{-i\nu \hbar \omega/\hbar} |\phi_{K\nu}(t)\rangle\). Here, \(|\phi_{K\nu}(t)\rangle = \sum_n e^{-i n \mu \omega} |\phi_{K\nu}^k\rangle\) is time periodic with period \(T = 2\pi/\Omega\), and \(\epsilon_{K\nu}\) is the quasi-energy. Throughout, we use the convention 

$$-\hbar \omega/2 \leq \epsilon_{K\nu} < \hbar \omega/2.$$

We study the regime where \(2\hbar \omega\) is less than the total bandwidth \((2 |M| + 2 |B|\) ). In this regime, the drive only resonantly couples states in the two bands via single-photon resonances; these resonances occur at crystal momentum values \(k = \pm k_R\), where \(\hbar \omega\) matches the splitting between valence and conduction bands of the nondriven system. The resulting Floquet spectrum exhibits a gap, \(\Delta_F\), separating the upper (\(\nu = +\)) and lower (\(\nu = -\)) Floquet bands. The form of the drive that appears in Eq. 1 is chosen such that the magnitude of the gap is equal to the driving field strength, up to corrections of order \(V^2/\hbar \omega\). Other forms of the drive, such as a linearly polarized electric field, would have a different relation between the drive amplitude and \(\Delta_F\) and would yield qualitatively similar results. A plot of a generic quasi-energy band structure for the Hamiltonian in Eq. 1 is shown in Fig. 1B.

System-bath coupling

In addition to the coherent effects of the drive, captured in Eq. 1, we also describe the key dissipative processes that govern the steady states of the system. To this end, we incorporate in the model couplings between the electrons of the nanowire and acoustic phonons of the \(d\)-dimensional substrate upon which it sits (with \(d \geq 2\)), as well as coupling of the electronic system to its (three-dimensional) electromagnetic environment. For simplicity, we consider a single-polarization mode for each bosonic bath (phonons or photons). The electromagnetic coupling allows radiative recombination of electron-hole pairs via spontaneous photon emission, which provides the primary source of heating in the Floquet basis. The effect of electron-electron interactions on the steady state is discussed in section S1.

The electron-phonon coupling Hamiltonian \(\hat{H}_{\text{ep}}\) (used for both photons, \(\lambda = \ell\) for “light,” and phonons, \(\lambda = s\) for “sound”) reads

$$\hat{H}_{\text{ep}} = \sum_{kq} \hat{E}_{k}^\dagger U_{\lambda}(q, \omega) \hat{c}_{kq} \hat{b}_{\lambda q}^\dagger + \text{h.c.} \quad (2)$$

As explained above, our main goal is to identify the important parameters that control the phase diagram and to characterize the critical point that separates the EHM and FI phases. To this end, we develop a simple analytical model based on a rate equation approach that captures the key mechanisms that determine the steady state of the driven system. For concreteness, we begin by providing a fully specified model for the driven system and the coupling to the environment. After obtaining the analytical results, we use numerical simulations of this microscopic model to verify the phase diagram and scaling behavior predicted by the rate equation approach. Last, we show that the phase diagram can be explored by tuning the driving frequency and strength. We further show that the EHM phase can be experimentally identified by observing peaks in the density-density response associated with the Fermi momentum of the excited electrons.
Here, $\hat{b}_{\lambda,q}$ annihilates a photon (for $\lambda = s$) or an acoustic phonon (for $\lambda = a$), with crystal momentum $\mathbf{q} = (q_x, q_y)$, and frequency $\omega = \nu_{\lambda k} | \mathbf{q} |$, where $\nu_{\lambda k}$ is the speed of light or sound. The Hamiltonian describing the heat baths reads $\hat{H}_s = \sum_{\mathbf{q},k} \hbar v_{\lambda k} | \mathbf{q} | b_{\lambda,q}^\dagger b_{\lambda,q}$. The first component of $\mathbf{q}$, denoted $q_s$, is the crystal momentum component parallel to the wire, and $q_a$ represents its orthogonal component(s). (For photons, $q_s$ has two components, while for phonons, $q_s$ has one or two components, depending on whether $d = 2$ or $d = 3$.) The microscopic details of the electron-photon and electron-phonon couplings are captured by the functions $U_s(q, \omega)$.

Respecting the particle-hole symmetry of the system, for small $q_s$ we take the coupling between electrons and acoustic phonons polarized along the wire to be (57, 58)

$$ U_s(q, \omega) = u_s q + \mathcal{O}(q^2); \quad u_s(\omega) \equiv g_s \sqrt{\alpha v_s / \omega} $$

Here, $g_s$ is a coupling parameter, and $U_s$ is proportional to the unity matrix in the $A, B$ orbital space. For the electron-photon coupling, we take the simple (q independent) form $U_s = g_s \sigma^z$, where $g_s$ is a coupling parameter and $\sigma^z$ is an orbital-space Pauli matrix (see text below Eq. 1). Our results can easily be extended to describe systems with other forms of electron-phonon coupling.

**Floquet kinetic equations**

We work in the regime of weak system-bath coupling, where close to the steady state the electron density matrix is well described in terms of populations of the Floquet eigenstates (14, 46, 50). Specifically, we will consider the regime $\hbar W_{\text{scat}} \ll \Delta_p$, where $W_{\text{scat}}$ is a typical scattering rate for an electron in the steady state (50). These populations are given by $f_{\text{scat}}(t) = \langle \hat{q}_{\lambda k}^\dagger (t) \hat{q}_{\lambda k}(t) \rangle$, where $\hat{q}_{\lambda k}(t)$ creates an electron in the Floquet state $e^{i \mathbf{q} \mathbf{v} / \Delta_p} | \phi_{\lambda k}(t) \rangle$.

The system-bath coupling induces transitions between Floquet states. As a result, the populations $\{f_{\text{scat}}\}$ evolve according to the kinetic equation

$$ \dot{f}_{\text{scat}}(t) = \sum_{\lambda,k,k'} \{ I_{\lambda}(k', k, \mathbf{v}) - I_{\lambda}(k, k', \mathbf{v}) \} $$

where $I_{\lambda}(k, k', \mathbf{v}) = \sum \omega | W_{\lambda k}^{(0)}(k, k', \mathbf{v}) f_{\text{scat}}(1 - f_{\text{scat}}) |$ describes the rate of electron transitions from state $k$ in Floquet band $\mathbf{v}$ to state $k'$ in Floquet band $\mathbf{v}'$. For a zero temperature bath, the intrinsic rate $W_{\lambda k}^{(0)}(k, k', \mathbf{v})$ describes the corresponding scattering rate for a single electron in an otherwise empty system, involving spontaneous emission of a bath boson (photon or phonon) with energy $\hbar \omega = \epsilon_{k'} - \epsilon_k - \hbar \mathbf{v} \cdot \mathbf{a}_k$ (see Eq. 16).

Because of the large speed of light, the momentum transfer $\mathbf{q} = k - k'$ associated with spontaneous photon emission is small: $| \mathbf{q} | \ll \omega / v_p$. We thus take the density of states of the photon reservoir, integrated over perpendicular momentum components, as $\rho_s(q, \omega) = \rho_s^0 \cdot \alpha_s \omega t / \nu_{\lambda k}$ when $\omega > \nu_k | \mathbf{q} |$ and $\rho_s(q, \omega) = 0$ otherwise. Here, $\rho_s^0$ is constant, independent of $q$ and $\omega$.

Similarly, allowing substrates of different dimensionality, the phonon density of states reads

$$ \rho_a(\omega) = \rho_a^0 \cdot (\alpha a \omega / \nu_s)^n $$

where $\nu_s | \mathbf{q} | < \omega_0$ and $\rho_a(q, \omega) = 0$ otherwise. For acoustic phonons in a $d$-dimensional homogeneous substrate, $\eta = d - 2$. The value of $\eta$ also depends on the dispersion of phonons. Here, $\rho_s^0$ is a constant.

Note that $\rho_s(q, \omega)$ is cut off at the Debye frequency, $\omega_D$. Throughout this work, take $\omega_D$ to be in the range $\Delta_\omega < \hbar \omega_D < \Delta_E$, where $\Delta_\omega$ is the gap at the quasi-energy zone edge $\epsilon = \hbar^2 \omega / (2 \Omega)$. The condition $\hbar \omega_D < \Delta_E$ ensures the absence of phonon-mediated Floquet-Umklapp processes, corresponding to transitions with $l > 0$ (see text below Eq. 4) (50).

**Analysis of the steady state**

We now analyze the steady state that emerges from the interplay between “excitation” processes associated with spontaneous emission of photons and “relaxation” processes mediated by the emission of acoustic phonons. From this analysis, we will extract the two key parameters that control the phase diagram of the system and characterize the critical point that separates the EHM and FI phases.

In the steady state, most of the excited electrons pile up in the two “valleys” near the minima of the upper Floquet band [see Fig. 1B and (50)]. The pileup results from a bottleneck in the excitation-relaxation cycle. This bottleneck is due to small intrinsic rates of inter-Floquet band relaxation for electrons close to the band minima compared with the rates of phonon-mediated intra-Floquet band relaxation of highly excited electrons within the upper Floquet band (see detailed discussion below). Because of particle-hole symmetry in our model, the holes form a mirror image population in the lower Floquet band.

Within the regime of interest, the distributions of electrons near the bottom of the upper Floquet band ($f_{\text{scat}}$) and holes near the top of the lower Floquet band ($1 - f_{\text{scat}}$) can, to a good degree, be approximated by separate Fermi-Dirac distributions related by

$$ f_{\text{scat}} = 1 + e^{(\epsilon_k - \mu)/T} $$

This assertion will be verified by our numerical simulations below. Here, $\mu$ and $T$ are the effective chemical potential countenued from the bottom of the band and temperature of the electrons in the upper Floquet band (in energy units, $k_B = 1$, where $k_B$ is Boltzmann’s constant). We note that although most of the excitations occur in the upper band minima according to Eq. 6, a small but finite density of excitations occupying high quasi-energy levels is necessary to maintain this distribution.

The EHM and FI phases are distinguished by whether $\mu$ lies above the bottom of the upper Floquet band, giving rise to a sharp Fermi surface for $\mu \gg T$ (EHM phase), or below the band (i.e., in the Floquet gap), giving the FI phase. We thus seek to characterize the dependence of $\mu$ and $T$ on the parameters of the system and the heat baths. To this end, we first develop a phenomenological model that captures the phase structure of the system and allows us to extract these dependencies. We will then corroborate these predictions with numerical simulations of the full kinetic equation (Eq. 4). In the main text, our analysis is done for zero bath temperature. The effects of finite bath temperature are discussed in section S2.

**Balance equation for the excitation density**

To build the phenomenological model, we seek two balance equations that must be satisfied by the populations of the Floquet bands in the steady state. The first balance equation fixes the value of
the total excitation density of electrons in the upper Floquet band, \( n = \int_{-\pi a/2}^{\pi a/2} \frac{dk}{2\pi} f_k \). For simplicity, we suppress the band index on the population and define \( f_k \equiv f_k^+ \). The equation for \( n \) describes the balance between interband excitation and relaxation processes (48, 49). A given value of \( n \) corresponds to many different combinations of \( \mu \) and \( T \). A second equation, following from the balance of intraband and interband relaxation processes, provides the relation between \( \mu \) and \( T \).

We now analyze the processes leading to the steady state in more detail. Electron-hole excitations are predominantly generated by photon-mediated Floquet-Umklapp processes. In the low-excitation regime, \( na \ll 1 \), which we consider throughout, photon-mediated processes excite electrons from an almost full to an almost empty Floquet band. Therefore, the excitation rate \( \dot{n} = \Gamma_{\text{exc}} \) is approximately independent of the steady-state distribution. Once excited, electron excitations quickly relax into the valleys of the upper Floquet band near \( k = \pm k_R \) and accumulate there. A mirror image process applies for the holes.

Annihilation of Floquet electron-hole pairs, which is primarily mediated by phonons, occurs on longer time scales than the relaxation to the band minima. The rate of such processes is proportional to the density of electron excitations in the upper Floquet band and hole excitations in the lower Floquet band, i.e., \( \dot{n} = -\Lambda_{\text{inter}} n^2 \) (50) (here, we used that the electron and hole densities are equal for half filling). The rate equation for the density of excited electrons due to inter- and intra-Floquet band processes thus reads

\[
\dot{n} = \Gamma_{\text{rec}} - \Lambda_{\text{inter}} n^2 \tag{7}
\]

The steady-state solution is obtained upon setting \( \dot{n} = 0 \), which yields

\[
n = \kappa^2 \; ; \; \kappa \equiv \Gamma_{\text{rec}}/\Lambda_{\text{inter}} \tag{8}
\]

Here, \( \kappa \) is the “balance parameter,” denoting the balance between photon-mediated heating and phonon-mediated cooling processes. \( \kappa \) depends on the system parameters and, in particular, on the forms and strengths of the electron-phonon and electron-photon coupling. When \( \kappa = 0 \), the steady state resembles a zero-temperature Gibbs distribution in terms of the Floquet quasi-energies (59).

**Balance equations for \( \mu \) and \( T \)**

Next, we split the excitations in the upper band into two subpopulations of high and low quasi-energy excitations, which will allow us to characterize the form of the distribution (i.e., to determine \( \mu \) and \( T \)). We partition the Brillouin zone into a momentum sector of width \( 2\Delta k \) around the minimum of the upper band, \( K_R = |k| < k_R - \Delta k < k < k_R + \Delta k \), and the complement of this sector. In the EHM phase, we choose \( \Delta k \) to be such that \( f_{k_R+\Delta k} = \frac{1}{2} \) in the FI phase, we choose a small value of \( \Delta k \) with \( \epsilon_{k_R+\Delta k} - \epsilon_{k_R} \ll T \) such that the distribution at \( f_{k_R+\Delta k} \) can be approximated by \( f_{k_R} \). The partition of the momentum domain yields the partition of the density in the upper band, \( n \), into two contributions: \( n_R \) and \( \delta n \), corresponding to the total density of electrons within \( K_R \), \( n_R = 2 \int_{K_R} \frac{dk}{2\pi} f_k \), and all other excited electrons, \( \delta n = n - n_R \) (see Fig. 2). The factor 2 in the definition of \( n_R \) accounts for the contributions of the two valleys.

The dominant source rate for \( n_R \) arises from the intraband scattering of electrons occupying quasi-energy states outside the region \( K_R \) into unoccupied states inside \( K_R \). Therefore, we estimate this rate by \( n_R \Gamma_{\text{rec}} = \Lambda_{\text{intra}} h_R \delta n \), where \( \Lambda_{\text{intra}} \) captures the average intrinsic rate of collisions across the boundary of \( K_R \), and \( h_R \equiv \int_{\Delta k} \frac{dk}{2\pi} (1 - f_k) \).

To estimate \( \Lambda_{\text{intra}} \), we need to estimate the energy and momentum transferred between the electrons and the phonons in this scattering process. We first note that as \( f_k \) decays over a quasi-energy window of order \( T \), we expect the densities \( \delta n \) and \( h_R \) to be mostly concentrated in this window. Therefore, we estimate the energy of the phonons emitted in the processes contributing to \( n_R |_{\text{intra}} \) as \( \hbar \omega \sim T \). The density of states for such phonons is nonvanishing for momentum transfers \( |q| < 7 \hbar T/V \). Therefore, large momentum-transfer intraband processes connecting populations in the valleys near \( k_R \) and \( -k_R \) are forbidden for low-temperature steady states, which satisfy \( T < 2k_B \hbar V \).

Because of the momentum dependence of \( U_q(q, \omega) \) (Eqs. 2 and 3), the main contributions to \( \Lambda_{\text{intra}} \) come from the largest momentum transfers allowed within each valley, which we label \( q_c \). Because at low densities \( q_c \) is small on the characteristic momentum scale of the Floquet dispersion, the overlap of the states before and after the transition is almost 1. Thus, we evaluate the electron-phonon coupling matrix element between these states by \( q_c \mu_c(\omega) \) (see Eq. 3). Using Floquet-Fermi’s golden rule (see Eq. 16), we estimate

\[
\Lambda_{\text{intra}} \propto q_c^2 \mu_c^2(T) \rho_c(T) \tag{9}
\]

The source rate for \( n_R \) is balanced by annihilation of electrons comprising the population \( n_R \) with holes in the lower Floquet band, accompanied by phonon emission. These inter-Floquet band relaxation processes act as a sink for the density of excitations; the total rate of these depletion processes is proportional to the population
and the total density of holes in the lower Floquet band, which is given by \( n \). We thus estimate \( n_R = -\Lambda_{\text{inter}} n_R n \).

The net interband scattering rate has two main contributions. The first arises from “vertical” (intravalley) processes (shown by a black arrow in Fig. 1B) and the second from “diagonal” (intervalley) processes (shown by an orange arrow). The former (intravalley) processes involve small momentum transfers, \( q \ll q_s \), while the latter processes require large momentum transfers, \( q \approx 2k_0 \), where \( 2k_R \) is the separation in momentum of the two valleys. In both cases, the energy of the emitted phonon is approximately equal to the Floquet gap, \( h\omega \approx \Delta_F \). The intervalley processes are therefore kinematically constrained due to the large momentum transfers involved and only become active when the Floquet gap is above a critical value \( \Delta_{F,C} \equiv 2h\nu_k k_R \).

As a first step, we consider the case where the drive strength is low enough that the Floquet gap is below the critical value, \( \Delta_F < \Delta_{F,C} \), where only the intervalley phonon-mediated inter-Floquet band scattering processes are active. To evaluate \( \Lambda_{\text{inter}} \), we must estimate the electron-phonon matrix element governing these processes. We note that such processes connect nearly orthogonal electronic states (in different bands, at nearby momenta). Given the matrix form of the electron-phonon coupling in Eq. 3, for small \( q \), the matrix element of the intervalley process is proportional to \( q^2 u_s(\Delta_F) \). In this estimate, we have used that the energy transfer is approximately equal to the Floquet gap, \( \Delta_F \).

Because of the fact that the matrix element above is suppressed for small \( q \), the intervalley interband transition rate will be dominated by processes with the maximal momentum transfer, \( q_s \). Thus, from Fermi's golden rule, we obtain

\[
\Lambda_{\text{inter}} \approx q_s^2 \frac{u_s^2(\Delta_F)}{\rho_s(\Delta_F)} \quad \text{(10)}
\]

where \( \rho_s(\Delta_F) \) is the phonon density of states (Eq. 5) evaluated at the energy transfer \( \Delta_F \). Here, we have defined \( \alpha \) to highlight the total power of \( q_s^2 \) appearing in the expression for \( \Lambda_{\text{inter}} \) in Eq. 10. Our model, Eq. 1, gives \( \alpha = 2 \). Below, we will discuss the relation between \( q_s \) and the excitation density in each phase. Through this relation, we will see that \( \alpha \) characterizes how the interband transition rate is suppressed at small excitation density. We thus refer to \( \alpha \) as the “bottleneck parameter,” as it controls the ratio \( \Lambda_{\text{inter}}/\Lambda_{\text{intra}} \).

Combining all of the source and sink rates for \( n_R \) found above, we arrive at the rate equation

\[
\dot{n}_R = \Lambda_{\text{intra}} h_R \delta n - \Lambda_{\text{inter}} n_R n \quad \text{(11)}
\]

Below, we will use Eq. 11, together with Eq. 8, to analyze the properties of the EHM and FI phases.

Before turning to the analysis of the two phases, we note that for the specific model and regime discussed so far, the bottleneck parameter takes the value \( \alpha = 2 \). However, the rate equation analysis applies more broadly, when \( \alpha \) takes other values. In particular, we note that the initial and final electronic states of the intervalley interband scattering processes typically do not suffer from the near-orthogonality discussed for the intravalley processes. Moreover, for these processes, the electron-phonon coupling \( U_s(q, \omega) \) is evaluated at a momentum transfer \( q \approx 2k_R \). Hence, the rates of intervalley interband scattering processes are governed by \( \Lambda_{\text{inter}} \approx (2k_R)^2 u_s^2(\Delta_F) \rho_s(\Delta_F) \).

Because there is no small momentum \( q_s \), appearing in \( \Lambda_{\text{inter}} \), according to the definition of \( \alpha \) in Eq. 10, a system dominated by intervalley interband scattering would be described by \( \alpha = 0 \). Therefore, in the analysis below, we will use \( \alpha \) as an effective parameter to capture the net suppression of the inter-Floquet band relaxation rate at low densities. The effective value of \( \alpha \) depends on the parameters of the system (such as the form of the electron-phonon coupling) and can be controlled in situ by the drive strength, as will be discussed below. Another important parameter controlling the behavior of the system is the exponent \( \eta \) in the phonon density of states (Eq. 5).

Below, we treat \( \alpha \) and \( \eta \) as free parameters and map out a phase diagram (Fig. 1C) that captures the behavior across different parameter regimes (with a transition controlled by \( \alpha - \eta \)). In particular, we will demonstrate the existence of a phase transition between the EHM and FI phases by obtaining critical exponents that characterize the phase transition in terms of \( \alpha \) and \( \eta \).

The EHM phase

We begin by considering the situation when interband relaxation is the rate-limiting step in the relaxation cascade of excited Floquet electron-hole pairs. This regime realizes the EHM phase, where the excitations on top of the FI state exhibit sharp Fermi surfaces, \( \mu \gg T \). We will use Eqs. 8 to 11 to obtain the conditions on \( \alpha \) and \( \eta \) where this regime is realized.

We now use Eq. 11 to obtain a relation between \( \mu \) and \( T \) in the steady state (when \( \dot{n}_R = 0 \)). To this end, we express \( \Lambda_{\text{inter}} \) and \( \Lambda_{\text{intra}} \) by their estimates as functions of \( q_s \) and \( T \), respectively (Eqs. 9 and 10). Under the assumption \( \mu \gg T \), we have that \( f_{\mu} \) equals \( 1/2 \) at quasi-energy \( \epsilon = \mu \). From the definition of \( k_R \), the momentum window defining the population \( n_R \), this yields \( \Delta k = \pi n/2 \). We evaluate the densities \( n \approx n_R \approx 4\mu D(\mu) + \delta n \approx \delta n \approx 2\mu D(\mu) \), where \( D(\epsilon) \) is the electronic density of states near the parabolic minimum of the upper Floquet band. Using this in Eq. 11 and solving for the steady state gives \( (2\mu/T)^2 = \Lambda_{\text{intra}}/\Lambda_{\text{inter}} \). Next, we evaluate the maximal momentum transfer as \( q_s \approx \pi n \). Using \( D(\epsilon) = D_0 \sqrt{\Delta_F/\epsilon} \), where \( D_0 \) is a constant, and \( \rho_s \sim \alpha^\eta \) (see Eq. 5), we obtain

\[
\frac{\mu}{T} = c \left( \frac{T}{\Delta_F} \right)^{\alpha - 1} \quad \text{(12)}
\]

where \( c \) is a numerical constant of the order of unity.

By definition, the existence of an EHM phase with a sharp Fermi surface and a small density of excitations requires \( \mu/T \gg 1 \) and \( T/\Delta_F \ll 1 \). In order for the relation in Eq. 12 to be satisfied along with these conditions in the limit of small effective temperatures, the exponent \( \eta - \alpha/2(\alpha + 1) \) must be negative; therefore, the EHM phase requires \( \alpha < \eta \). Again, using \( n \approx 4\mu D(\mu) \) and expressing \( n \) in terms of \( \kappa \) as in Eq. 8, Eq. 12 yields relations for \( T \) and \( \mu \) in terms of \( \kappa \)

\[
T/\Delta_F \sim (\kappa/\kappa_0)^{\alpha/\alpha}; \quad \mu/\Delta_F \sim (\kappa/\kappa_0)^{\alpha/\alpha} \quad \text{(13)}
\]

where \( \kappa_0 = (\Delta_F D_0)^2 \). Explicit expressions for \( \nu_T \) and \( \nu_n \) appear in the table in Fig. 3A.

Another characteristic feature of the EHM phase is the dependence of the excitation density on the recombination rate \( \Gamma_{\text{rec}} \) (with all other parameters fixed). Taking into account the implicit dependence of \( \Lambda_{\text{inter}} \) on the excitation density through Eq. 10, from Eq. 8 we find \( n \sim \Gamma_{\text{rec}}^{\alpha/\alpha} \).

The FI phase

As explained below Eq. 12, for \( \alpha < \eta \), the EHM is not a consistent steady state of the rate Eqs. 7 and 11. We will now analyze the rate
The exponents are summarized in the table in Fig. 3A.

Another characteristic feature of the EHM phase is the dependence of the excitation density on the recombination rate \( \Gamma_{\text{rec}} \) (with all other parameters fixed). Taking into account the implicit dependence of \( \Lambda_{\text{inter}} \) on the excitation density through Eq. 10, from Eq. 8 we find

\[
\Gamma_{\text{rec}} (\eta + \alpha + 1/2)/(2n - 2\alpha + 1)
\]

The exponents are summarized in the table in Fig. 3A.

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\Gamma_{\text{rec}} (\eta + \alpha + 1/2)/(2n - 2\alpha + 1)
\]

The exponents are summarized in the table in Fig. 3A.
in the vicinity of the EHM-to-FI transition. For details of the numerical simulations, see section S3. The inset to Fig. 4A shows the real part of the response function $\chi(q)$, appearing below Eq. 4, through Floquet Fermi’s golden rule. The rates are given by

$$W^{(0)}_A(k, k', \nu') = \frac{2\pi}{\hbar} \sum_{q} |\phi^{n+1}_{k, \nu'}(q) | \phi^{m+1}_{k, \nu}(q) |^2 \rho_{\nu}(k - k', \omega)$$

(16)

where $\hbar \omega \equiv \epsilon_{k
u} - \epsilon_{k'\nu'} - i\hbar \Omega$. For the full derivation, see section S4.

Floquet-Lindhard function

The density response to potential charge fluctuations, $\chi(x, t)$, is evaluated by the Floquet-Lindhard function. Following the Kubo formula, we define $\chi(x, t)$ through the density-density response function averaged over the driving period, $T \equiv 2\pi/\Omega$

$$\chi(x, t) = \frac{\Theta(t)}{\pi T} \int_0^T dt \text{Tr} \{ \hat{\Delta}(t) [\hat{R}(x, t + \tau), \hat{R}(0, 0)] \}$$

(17)

Here, $\Theta(t) = 1$ for $t > 0$ and $\Theta(t) = 0$; otherwise, $\hat{\Delta}$ is the steady-state density matrix and $\hat{R}(x) = e^{ik\hat{x}} \hat{\mathcal{E}}_x$ is the density operator, with $\hat{\mathcal{E}}_x = \int_{kx} dk \hat{\mathcal{E}}_k$. We use $\hat{\Delta}(t) = \prod_{k\nu} \{ \hat{\rho}_{k\nu}(t) \hat{\delta}_{k\nu}(t) + (1 - \hat{\rho}_{k\nu}(t)) \hat{\delta}_{k\nu}(t) \}$

to obtain the Floquet-Lindhard function

$$\chi(q, \omega) = \sum_{q'} \frac{\hbar}{2\pi} \int dk \mathcal{M}_{q}^{(0)}(k, k - q) (f_{k, q' \nu'} - f_{k, \nu'})$$

(18)

where $\mathcal{M}_{q}^{(0)}(k, k') = \sum_{m} (\phi^{0}_{q}\phi^{m+1}_{k})^2$. For the full derivation, see (71).

**SUPPLEMENTARY MATERIALS**

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/6/35/eaay4922/DC1

**REFERENCES AND NOTES**


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