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Transfer RNA instability as a stress response in *Escherichia coli*: Rapid dynamics of the tRNA pool as a function of demand

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**ABSTRACT**

Production of the translation apparatus of *E. coli* is carefully matched to the demand for protein synthesis posed by a given growth condition. For example, the fraction of RNA polymerases that transcribe rRNA and tRNA drops from 80% during rapid growth to 24% within minutes of a sudden amino acid starvation. We recently reported in Nucleic Acids Research that the tRNA pool is more dynamically regulated than previously thought. In addition to the regulation at the level of synthesis, we found that tRNAs are subject to demand-based regulation at the level of their degradation. In this point-of-view article we address the question of why this phenomenon has not previously been described. We also present data that expands on the mechanism of tRNA degradation, and we discuss the possible implications of tRNA instability for the ability of *E. coli* to cope with stresses that affect the translation process.

**Introduction**

Transfer RNAs (tRNAs) are one of the most abundant cellular species, comprising approximately 15% of total RNA in rapidly growing *Escherichia coli* cells. As the critical adaptors that pair the codons of mRNA with their cognate amino acids, tRNAs are essential for protein synthesis and thereby for cellular growth. In addition, tRNAs and tRNA-derived fragments also serve regulatory roles in *E. coli* and other bacteria (recently reviewed in refs. 3,4). For example, in *E. coli*, uncharged tRNA at the ribosomal A-site is the signal that stimulates RelA to produce guanosine tetraphosphate (ppGpp), which initiates the stress response to amino acid starvation. With such key functions, tRNA levels may be expected to be tightly and dynamically regulated to match the changing needs of the cell. In support of this expectation, Kurland and colleagues measured tRNA concentrations under different growth conditions and found that, indeed, individual tRNA abundances vary with growth rate, albeit modestly, in a manner that reflects the codon frequencies in the corresponding mRNA pools. In addition, there is evidence that an imbalance in the levels of competing charged tRNAs can compromise the fidelity of protein synthesis.

To the extent that the regulation of tRNA levels has been described, it relies on transcriptional control of tRNA synthesis. However, while transcriptional activation could rapidly upregulate tRNA levels, transcriptional repression could not, on its own, mediate rapid downregulation of tRNA levels, because tRNA reportedly has a very long half-life in *E. coli*. Thus, in order to quickly downregulate tRNA levels, existing mature tRNAs would need to be inactivated. We recently reported in *Nucleic Acids Research* that the tRNA pool is rapidly and substantially reduced under several growth conditions that reduce the availability of substrate for protein synthesis. This observation gave rise to a working model, in which a tRNA becomes substrate for degradation whenever the tRNA supply exceeds the demand for tRNAs in protein synthesis. We begin this point-of-view article by underlining the importance of careful normalization of gene expression data obtained from stress conditions that disrupt steady-state growth, which may explain why tRNA degradation has not been described earlier.

**The important choice of a standard for normalization**

For experiments that aim to compare the levels of a specific RNA species among samples of cells experiencing different growth conditions, an appropriate method for normalization of the raw data must be carefully chosen. In the case of northern blot experiments, it is custom to report the signal from the probe that hybridizes to the RNA of interest relative to the signal given rise to a working model, in which a tRNA becomes substrate for degradation whenever the tRNA supply exceeds the demand for tRNAs in protein synthesis. We begin this point-of-view article by underlining the importance of careful normalization of gene expression data obtained from stress conditions that disrupt steady-state growth, which may explain why tRNA degradation has not been described earlier.

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the levels during steady-state growth. An alternative approach is to report the signal from the RNA of interest relative to the total amount of RNA loaded in the same lane. Similarly, for quantification of RNA-seq data, reporting the reads mapping to the gene of interest relative to the total mapped reads per sample is a common approach. This method of normalization is only reasonable if the total RNA content per cell is constant across the tested conditions. For experiments such as ours that are specifically designed to investigate whether the amounts of a major component of total RNA differ upon the change in growth conditions, this option is naturally not justifiable.

To circumvent these issues, we make use of spike-in cells from a separate culture, which is added to the experimental samples prior to RNA extraction.\textsuperscript{14,21} By quantifying a reference RNA that is highly expressed in the spike-in cells and either absent or present at very low levels in the experimental samples, it is possible to obtain accurate normalization by adding only a small aliquot of spike-in cells to the experimental samples. We typically add 1–5\% spike-in cells to each sample (based on optical density), and load a control sample containing only spike-in cells to quantify the contribution of the spike-in cells to the signal from the RNA of interest.\textsuperscript{21} The spike-in-cell approach has the clear advantage that no assumptions about constancy of the levels of the reference RNA across the tested conditions are necessary, because the spike-in cells are added after harvest of the experimental samples. Addition of the spike-in cells prior to RNA extraction (as opposed to the addition of purified spike-in transcripts after RNA purification) ensures that the reference RNA also reflects any sample-to-sample variation in RNA recovery. Using the spike-in-cell approach, we showed that the majority of cellular tRNA is degraded within twenty minutes of the onset of a sudden amino acid starvation.\textsuperscript{14}

Recently, we have also applied the spike-in-cell approach to quantify the kinetics of the transcriptome-wide changes that occur in response to amino acid starvation (manuscript in preparation). Importantly, we find that all three species of rRNA (5S, 16S and 23S rRNA) decrease within minutes of the onset of starvation, albeit more modestly than the tRNAs (tRNA was reduced ~2-fold one hour into starvation, data not shown). It has been known for a long time that tRNA becomes unstable upon starvation,\textsuperscript{22} and the degradation pathway has been described by the group of M. P. Deutscher,\textsuperscript{23–25} but to our knowledge, the rapid onset of rRNA degradation has not previously been reported. Since tRNA and rRNA together make up more than 95\% of the total RNA,\textsuperscript{26,27} this finding highlights why normalizing to total RNA (or total reads in the case of RNA-seq) cannot be recommended for this type of experiment. Without calling attention to specific articles, we remark that this new insight warrants a reevaluation of previous work, in which data was interpreted under the assumption of relatively constant cellular levels of tRNA, rRNA or total RNA under different growth-compromising conditions.

### A demand-based model for tRNA degradation

In the very beginning of a sudden amino acid starvation, translation is directly limited by the availability of the cognate charged tRNA. Later, when the ppGpp concentration begins to drop, translation is limited by the availability of mRNA substrate.\textsuperscript{28,29} We found that reduced mRNA availability, induced by treatment with rifampicin, which does not evoke the stringent response, also led to rapid tRNA degradation. This finding, together with the finding that the kinetics of tRNA decay upon amino acid starvation are similar in wild-type \textit{E. coli} and a relA mutant, suggests that tRNA instability is not a unique consequence of the stringent response, but may occur as a general response to stresses that reduce translation.\textsuperscript{24} The argument is supported by a recent report of extensive tRNA degradation during oxidative stress,\textsuperscript{30} which causes stalling of ribosomes at 8-oxoG residues in the mRNA\textsuperscript{31} and thereby also limits the pool of functionally intact mRNA available for translation. Since the capacity to synthesize new protein is severely reduced during amino acid starvation, a tRNA-degradation mechanism that depends on synthesis of new protein may not be feasible. Consistently, we found that global tRNA degradation occurs even in cultures that are pre-treated with chloramphenicol, revealing that a large capacity for tRNA degradation exists, which does not require \textit{de novo} protein synthesis.\textsuperscript{14} The simplest model to explain these observations is that there is no molecular signal \textit{per se} that triggers tRNA degradation. Instead, we propose a demand-based model for tRNA degradation, in which tRNAs are protected from degradation when they are occupied by binding to members of the translational machinery (the aminoacl-tRNA-synthetases, elongation factor Tu, and the ribosomes), but they become accessible for degradation once they are not engaged in charging and translation. This model is in essence the same scenario as suggested by M.P. Deutscher for rRNA degradation,\textsuperscript{23} the major difference being that the degradation pathway for tRNA during starvation is undescribed.

### Effectors of tRNA degradation

The recent studies mentioned above\textsuperscript{14,30} suggest that tRNA degradation could play an important, but hitherto overlooked, role in the bacterial stress response to amino acid starvation as well as other stresses that affect the availability of substrates for translation. Many questions about the process and the importance of tRNA degradation during stress conditions remain to be answered. The implications of tRNA degradation for bacterial fitness and survival during stress, and the pathway for tRNA degradation are among the most fundamental questions. We are particularly pursuing the latter answer, because we expect that knowledge about the pathway of tRNA degradation can be applied to guide the construction of a mutant that is impaired in tRNA degradation, thereby facilitating the investigation of the effects of tRNA degradation on bacterial fitness and stress survival. Given the demand-based working model described above, we assume that one or more “household” ribonucleases (RNases) are responsible for tRNA degradation during amino acid starvation, maybe aided by a factor that stimulates ribonuclease attack on the tRNA either by modification of the tRNA substrate or by up-regulation of RNase activity. The \textit{E. coli} genome encodes more than 20 ribonucleases, including a number that participate in the processing of precursor transcripts to generate mature tRNAs, such as RNase E, RNase P,
RNase PH and RNase T (reviewed in refs. 32,33). However, mature functional tRNAs are normally not considered substrates for any of the cytoplasmic RNases, due to the protective qualities of their compact tertiary structure, their aminocylated 3′-ends, and their associations with cellular protein partners (reviewed in refs. 34,35). The exception to this rule is RNase I, a nonspecific endoribonuclease that is confined to the periplasm.36,37 Upon treatment with agents that damage the cell membrane, RNase I is known to cause massive degradation of cellular RNA, including tRNA.38-40 As pointed out by M. P. Deutscher,34 however, uncontrolled release of active RNase I into the cytoplasm would effectively kill the cell. We have observed that cell survival is unaffected for more than three hours after the sudden onset of amino acid starvation.14 Therefore, we favor the model that tRNA becomes a substrate for one or more of the cytoplasmic RNases upon amino starvation either due to a starvation-induced alteration of the tRNAs that make them more accessible, or simply due to the increased proportion of tRNAs that lose the protection from their protein partners as a consequence of reduced protein synthesis activity during starvation. In the following sections, we show the results of a set of experiments designed to test whether either of two likely candidates, poly(A) polymerase and RNase E, could be the rate-limiting enzyme involved in tRNA degradation.

Poly(A) polymerase I

One modification that could target tRNAs for degradation is polyadenylation. Poly(A) polymerase I (PAP I) is the primary enzyme in E. coli that catalyzes the formation of 3′-poly(A) tails on mature RNA transcripts or degradation products, often formed by RNase E, in which strong secondary structures reduce the accessibility of exonucleases at the 3′-end.41 Extension with poly(A) forms a loading platform that facilitates 3′-end processing and degradation of such molecules by 3′-exonucleases.32,42 It has been shown that polyadenylation occurs prior to the degradation of misfolded tRNA44 and unprocessed tRNA precursors.45,46 To assess whether PAP I is necessary for the general tRNA decay in the early response to amino acid starvation, we measured tRNA levels in a rph+ derivative of MG1655 and the isogenic ΔpcnB strain, using the method described previously.14,21 Fig. 1 shows that all measured tRNA half-lives during starvation for isoleucine were unaffected by the absence of PAP I. Thus, the degradation of mature, functional tRNA seems to occur independently of PAP I activity. We remark that the polynucleotide phosphorylase (PNPase), mainly known for its exonuclease activity, can also generate heteropolymeric tails in vivo, and is responsible for the residual polyadenylation observed in a pcnB mutant.47 Therefore, we cannot exclude that polyadenylation plays a role in tRNA degradation.

Ribonuclease E

RNase E is considered the rate-limiting enzyme for the degradation of many mRNAs48 and for rRNA decay during carbon starvation and quality control.24 It is also a major endoribonuclease in tRNA55 and rRNA56 maturation. Furthermore, RNase E is a core member of the degradosome which is a multiprotein complex involved in RNA degradation58 assembled on RNase E through PNPase, RhIB, and enolase binding to the C-terminal half of RNase E.51-53 The degradosome is effective in structured RNA decay from duplex unwinding by the helicase RhIB.54 For these reasons, we investigated whether RNase E may be involved in tRNA degradation after amino acid starvation.

Since RNase E function is essential for E. coli, we employed two different experimental designs to evaluate the effects of RNase E on tRNA half-life. In one setup we employed the temperature-sensitive allele rne-3071 from strain EM1277.55 The timing of the shift to the non-permissive temperature relative to the induction of starvation was an important consideration for this experiment, because the activation of one stress response may alter the cellular response to a second stressor. Namely, cells experiencing a heat shock at the time of amino acid deprivation might alter their response to amino acid starvation and consequently reduce or increase the degree of tRNA decay. In the experiment shown in Fig. 2, the temperature was shifted from 30°C to 43°C five minutes after induction of amino acid starvation. These results revealed that tRNA is effectively degraded under these conditions both in the wild-type and the isogenic rne-3071 strain. Another experiment was conducted with the same strains where the temperature shift was introduced five minutes prior to amino acid starvation to ensure RNase E inactivation at the onset of starvation (data not shown). Again, the two strains behaved similarly, indicating that tRNA turnover is not affected by inactivation of RNase E.

In a parallel approach, we avoided the temperature shift altogether by instead inhibiting RNase E via expression of the phage protein Dip/GP37, which binds RNase E and reduces its
affinity for RNA. \textsuperscript{56} Induction of plasmid-encoded \textit{dip}, or a non-functional variant of \textit{dip} (\textit{GP37_C_his}), for one hour prior to amino acid starvation did not result in any inhibition of tRNA turnover (data not shown).

In summary, two key enzymes in bacterial RNA metabolism, poly(A) polymerase and RNase E, are here both ruled out as being the rate-limiting enzyme for tRNA degradation during amino acid starvation. Importantly, we remark that it may not be possible to substantially impair tRNA degradation with a single mutation, since many of the RNases in \textit{E. coli} possess overlapping activities. \textsuperscript{33,57}

**Why degrade tRNA?**

\textit{E. coli} has adapted to live a feast-or-famine existence where nutrients are sometimes plentiful and other times limited, and the durations of individual starvation periods are variable. Nutrient limitation triggers alterations in the activity and promoter preferences of RNA polymerase, and major changes in the cell’s gene expression program prime the cell for maintenance and survival rather than growth.\textsuperscript{58} Several starvation-regulated factors can directly influence transcription by RNA polymerase, including the alarmone ppGpp (binding at the $\beta'$-$\omega$ and the $\beta'$-DksA interfaces of RNA polymerase),\textsuperscript{59,60} the small RNA 6S (binding at the $\sigma^70$-RNA polymerase holoenzyme)$^61,62$ and a number of protein factors (DksA,\textsuperscript{63} alternative sigma factors,\textsuperscript{64} and anti-sigma factors\textsuperscript{65}) (reviewed in ref. 66). The specific nature of the starvation (i.e., the type of nutrient that has become limiting for growth) and the time spent under nutrient limiting conditions affect the accumulation of these modulators of transcription, presumably allowing cells to target their stress response to best compensate for the shortage of particular metabolites.\textsuperscript{58,67-70} Similarly, we reckon that tRNA degradation may only be beneficial during exposure to a subset of the possible stressors a bacterium may encounter. In our study\textsuperscript{14} (as in most other studies on the stringent response, reviewed in refs. 71,72) we have used auxotrophic mutants to introduce and maintain amino acid starvation. This has been convenient and necessary for describing molecular processes and dissecting regulatory pathways. However, such experiments most likely represent an unnatural situation. First, because an amino acid auxotroph \textit{E. coli} cell would most likely quickly be outcompeted in a natural environment where amino acids are scarce,\textsuperscript{73} and second because, in a prototrophic \textit{E. coli} cell, amino acid starvation stress is expected to be a transient phenomenon that is generally resolved once the enzymes necessary for biosynthesis of the relevant amino acid(s) have been produced. It would therefore be of great relevance to test the effects of tRNA degradation on bacterial fitness and survival in prototrophic strains exposed to transient amino acid starvation, or even better, on environmental \textit{E. coli} isolates growing in surroundings that mimic their natural environment.

In the following discussion of the possible effects of tRNA degradation as a stress response, we will concentrate on the well-studied response to amino acid starvation in \textit{E. coli} \textit{K}12. In this case, the stringent response is initiated by ppGpp-signalling, which causes a dramatic reduction in rRNA and tRNA synthesis within minutes.\textsuperscript{74-77} This initial response is followed by down-regulation of many growth-related genes and up-regulation of the general stress response genes by $\sigma^3$-bound RNA polymerase.\textsuperscript{18,19}

**tRNAs and translation accuracy**

Given that tRNA synthesis is already strongly reduced in the amino-acid-starved cell, is it likely that degradation of existing tRNA provides any additional benefits? The extensive breakdown of rRNA that is observed on the time-scale of hours to days of starvation for carbon,\textsuperscript{78} phosphate,\textsuperscript{13,79} or nitrogen\textsuperscript{80} is understood as a survival strategy, where the building blocks of the ribosomes are released to provide nutrients for maintenance and biosynthesis in the stressed cells.\textsuperscript{22} A similar argument can be made for the breakdown of tRNA. Additionally, tRNA degradation may be beneficial for the amino-acid-starved cell because it contributes to optimizing protein synthesis during starvation. One well documented consequence of amino acid starvation is an increase in the rate at which erroneous amino acids are inserted into the nascent polypeptides. Depending on the severity of the starvation, the error rate may increase by an order of magnitude in stringent cells, and two orders of magnitude in relaxed (relA-) cells.\textsuperscript{7,81} The increased error rate occurs mainly because competing near-cognate tRNAs get access to deliver their amino acids to ribosomes stalled at the “hungry” codons, due to a shortage of cognate tRNA charged with the amino acid starved for.\textsuperscript{7,81} We consider it highly plausible that degradation of the vacant tRNA pool is important for reducing the translational error-frequency because it would reduce the amount of competing near-cognate charged tRNA. The reduction in tRNA levels upon amino acid starvation is a combined effect of the ppGpp-mediated halt in tRNA synthesis and the degradation of already existing tRNA molecules. Which is more important? A conclusive answer requires the experimental comparison of mutants impaired in one or the other pathway. However, at this point it is clear that degradation can overwhelm increased synthesis because tRNA...
levels initially drop several fold upon amino acid starvation even in a relA− mutant, which actually increases the rate of tRNA synthesis upon amino acid starvation, rather than decreasing it. Therefore, E. coli possesses a very large capacity for tRNA degradation. The most prominent phenotype of a relA− strain is the elevated level of mistranslation during amino acid starvation, and we would anticipate that this rate would increase even further if the levels of competing near-cognate tRNAs were not reduced by degradation.

Substrates for translation under nutrient limitation

Another feature of translation that appears important for bacterial growth physiology is the maintenance of an appropriate translation elongation rate. A recent publication from the laboratories of T. Hwa and collaborators shows convincingly that the translation elongation rate is kept remarkably constant over a wide range of growth rates, and drops less than two-fold in E. coli (from 16 aa s−1 to 9 aa s−1) when the steady-state generation time is increased by 60 fold (from 20 min to 20 hours). The authors present compelling evidence that the maintenance of a high translation elongation rate is enabled by a reduction in the fraction of actively translating ribosomes during slow growth. Ribosomal inactivation is attributed to factors such as ribosome modulation factor (RMF), ribosome-associated inhibitor A (RaiA), and ribosomal silencing factor (RsfA), which are induced by the elevated level of ppGpp present during slow growth. T. Hwa and collaborators argue that ribosomal inactivation occurs without a concomitant decrease in the concentration of available ternary complexes (comprising aminoacylated tRNA, elongation factor TU and GTP), which would ensure the maintenance of a reasonable translation elongation rate. There is an apparent conflict between the latter argument and our demand-based model of tRNA degradation. As a first approximation, we would predict that inactivation of a fraction of the total ribosomes would leave behind unprotected tRNAs, which would be targets for degradation, resulting in a concurrent decrease in the concentration of ternary complexes. However, existing data suggests the contrary, namely that if anything, there are more tRNAs per ribosome at the very slow growth rates (<0.4 doublings h−1) where a large fraction of the ribosomes are inactivated than at higher growth rates (ref. 92 and references within ref. 93). We hypothesize that the resolution of this apparent conflict lies in the realization that tRNA would not only be protected by active ribosomes, but most likely, to some degree, also by its other protein interaction partners, in particular elongation factor Tu. In support of this hypothesis, the number of EF-Tu’s per ribosome were shown to increase from ~6 during rapid growth to ~9 at very slow growth rates, thereby reaching a 1:1 stoichiometry with tRNA (ref. 93 and references therein). As we have demonstrated, a amino acid starvation causes a substantial drop in tRNA concentrations, and this situation differs from the growth at very low growth rates where a steady state has been reached over generations. During the stress induced by sudden starvation, maintenance of an appropriate translation elongation rate seems particularly important because the protein synthesis capacity is low and the need for synthesis of proteins with functions that can help the cell overcome the starvation period is high. In this case, the overall translation elongation rate must be limited mainly by the concentration of the particular ternary complex that contains tRNA charged with the amino acid starved for. Degradation of the unemployed tRNAs could therefore increase the accuracy of protein translation without negatively affecting the translation elongation rate, thus optimising the quality of the protein products.

Concluding remarks

In our point of view, a demand-based model of tRNA degradation, in which the tRNAs that are engaged with components of the translational apparatus are generally protected, whereas surplus tRNAs are continually subject to degradation, provides a satisfactory explanation for how quality in protein synthesis is ensured during amino acid starvation. Thus, we propose that the levels of components of the translational apparatus are not only co-regulated at the level of their synthesis, but that the level of actively translating ribosomes indirectly regulates the tRNA pool, via degradation of the unengaged tRNAs. Importantly, to maintain a reasonable translation elongation rate even at very low concentrations of active ribosomes, we propose that their association with other protein factors, in particular the abundant elongation factor Tu, would protect a sizable fraction of the tRNA and thereby set a lower bound on the cellular concentration of ternary complexes.

The predicted beneficial effect of tRNA degradation on the quality of protein synthesis during starvation, and therefore on the bacteria’s ability to cope with starvation stress, needs to be addressed experimentally. The identification of a mutant of E. coli that shows impaired or abolished tRNA degradation activity could greatly facilitate these efforts, and is an area of active investigation in our laboratory. Given the pleiotropic phenotypes of many RNase mutants, however, it will likely be very challenging to identify a tRNA-degradation-deficient mutant, which isn’t also defective in other ribonucleolytic events, such as tRNA and tRNA maturation or mRNA decay.

We speculate that the demand-based model for tRNA stability can also be extended to other growth conditions, including rapid steady-state growth, where it could serve to dynamically fine-tune the supply of tRNA to the demand in protein synthesis. To this end, measurements of tRNA stability during other growth conditions, using appropriate normalization, are pertinent. Experiments designed to more directly test features of the demand-based model should also be carried out. For example, tRNA stability would be predicted to increase in experiments where the protein synthesis activity is artificially increased during amino acid starvation.

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