Vernal Rock Pools

*nature’s own nano aquaria*

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*Published in:*
Aquatic Gardener

*Publication date:*
2009

*Document version*
Publisher’s PDF, also known as Version of record

*Citation for published version (APA):*
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Photos by Ole Pedersen.

Vernal rock pools host some of the smallest and prettiest aquatic plants. These rock pools may contain as little as 40 l (11 gal.) of water and yet host up to five or more species of aquatic plants. The plants typically have to complete their entire life cycle in four months as the pools dry out and turn into a desert until the winter rain fills them again. These vernal pools also host a unique fauna that need similar adaptations to periods of complete desiccation (drying out) and high temperatures. Here we show examples of submerged plants from pools on granite outcrops in Western Australia, some of which display the most stunning aquascapes.

The physical environment

Rivers and lakes are usually connected to the regional groundwater reservoir. Percolating rainwater fills these reservoirs eventually resulting in runoff via streams, rivers and sometimes lakes. However, some vernal pools found directly on the bedrock rely solely on rainfall to fill. The aquatic habitats found here fit Keeley and Zedler’s (1998) definition of the vernal pool habitat as “precipitation-filled seasonal wetlands inundated during periods when temperature is sufficient for plant growth, followed by a brief waterlogged-terrestrial stage and culminating in extreme desiccating soil conditions of extended duration”.

Vernal pool wetlands are found in many places in the world (USA, Chile, South Africa and Australia) with the Californian vernal pools being the most well-described of them all (Keeley & Zedler 1998).

Vernal pools fill during periods when precipitation exceeds evaporation. In Western Australia, this typically happens from May to August. The long term average annual rainfall in the area around Mukinbudin (300 km north east of Perth) is about 286 mm (12”), though this is highly variable. This will fill the vernal pools found on the granite outcrops. For a few months, these pools flourish and maintain a unique aquatic habitat with flora and fauna not found elsewhere in the world. These vernal pools are shallow, often less than 10 cm deep, and experience dramatic diurnal changes in pH and CO2. At night, when respiration processes produce large amounts of CO2, pH decreases and dissolved CO2 builds up in the water column. In Californian vernal pools, pH decreased to 7 while CO2 rose to 200 µmol/L (9 mg/L). In contrast, the plants consume all CO2 during the day so that the CO2 concentration drops to almost zero while pH may rise to 10 (Keeley & Zedler, 1998). The dramatic changes in pH is caused primarily by CO2 that acts as a weak acid but since the water consists of poorly buffered rainwater, the change in pH is enormous. When we visited the vernal pools around Mukinbudin in August 2009, the pools had experienced frost the previous night but the late afternoon temperature of the shallow water was nevertheless 25°C (77°F). Consequently, the aquatic plants found in this extreme physical environment display a suite of special adaptations to cope with the physical challenges.

The plants of vernal rock pools

Vernal rock pools in Western Australia host a diverse array of aquatic plants with submerged, floating-leaved and emergent species all being represented in the flora. The flora is comprised of no less than 22 specialist species growing in no other form of temporary wetland (such as peat-lands and sump-lands) in Western Australia, along with many cosmopolitan species. Examples of the cosmopolitan flora include species from Aponogeton, Isoëtes, Marsilea, Myriophyllum, Pilularia and non-native Callitriche and Cras-

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Endemic species include members of the dicots such as Glossostigma and Hydrocotyle, and the monocots such as Amphibromus, Ottelia, Schoenus, Trithuria and Wurmbea.

For the aquatic vegetation, perhaps the most important challenge is the short duration of complete inundation. In late fall, it starts raining and the dry substrate quells and promotes the germination of many seeds and spores. Other seeds and spores do not germinate until they are waterlogged or completely submerged. They are all annual plants and able to complete their entire life cycle within the few months of inundation.

During the period of complete inundation, the submerged plants face other challenges such as how to get CO₂ for underwater photosynthesis. Basically, there are three sources of inorganic carbon that aquatic plants can tap into: i) CO₂ dissolved in the water column, which is then taken up by the submerged leaves; ii) CO₂ from the atmosphere taken up by floating leaves or aerial leaves possessing stomata; or iii) sediment-derived CO₂ taken up by the roots followed by molecular diffusion up into the leaves. All plants in the vernal rock pools probably use dissolved CO₂ from the water column to some extent but because of the huge biomass relative to the shallow water column, this source of CO₂ only lasts for a limited time early in the morning, after which CO₂ drops to almost zero (Keeley & Zedler 1998). On the other hand, the high biomass also produce respiratory CO₂ during the night that dissolves in the water column so there is definitely a source of inorganic carbon to tap into during the early morning hours. But what happens when this pool of inorganic carbon has been used?

Perhaps the most conspicuous adaptation to low CO₂ availability during the day is the evolution of CAM photosynthesis in some of the submerged plants occupying the vernal rock pools. CAM was first described in the family of Crassulaceae and since it involves organic acids as storage for CO₂ it was
termed Crassulacean Acid Metabolism or CAM. Terrestrial CAM plants often inhabit dry habitats where lack of water severely limits plants growth. However, CAM plants open their stomata primarily during the night when the temperature is lower and the relative humidity higher. CO₂ can then be taken up from the atmosphere without causing much water loss. But since it is dark, photosynthesis cannot fix CO₂ into sugars and CO₂ must be temporarily stored in organic acids for use during the day. Malate is the most abundant organic acid in CAM plants (diurnal fluctuations in malate is used an indicator of CAM photosynthesis). But submerged plants in vernal rock pools do not suffer from lack of water and here, the evolution of CAM photosynthesis is not considered an adaption to conserving water but rather an adaption to take up CO₂ when it is present in high concentrations during the night.

We found at least two species in the vernal rock pools that are known to exhibit CAM photosynthesis. One, Crassula natans, even belongs to the Crassulaceae whereas the other, Isoëtes australis, is an aquatic fern. Crassula natans is not native to Western Australia but was brought in from South Africa. The Crassula genus is also represented in the well-studied Californian vernal pools by Crassula aquatica. Apart from CAM photosynthesis, Crassula natans also forms floating leaves. The floating leaves enable the plant to tap into the rich CO₂ pool of the atmosphere and it also presents a nice support of the aerial flower, which is formed on the floating rosette.

In contrast, Isoëtes australis is only found in vernal pools in Australia. It exhibits CAM photosynthesis (Keeley 1983) and is annual. Species of Isoëtes are also known to use sediment-derived CO₂ for photosynthesis but whether Isoëtes australis also relies on sediment-derived CO₂ in addition to CAM photosynthesis remains to be tested. However, its morphology and anatomy do not suggest that sediment-derived CO₂ should not play an important role and this makes Isoëtes australis one of the most specialized aquatic plants we have ever come across. The next four months of research here at the University of Western Australia will show if we are right in this assumption.

A final challenge that the aquatic vegetation has to cope with is the nutrient-poor environment. To the best of our knowledge, no one has studied nutrient availability in the vernal rock pools of Western Australia. Since the pools are precipitation-fed, the water does not carry high amounts of nutrients. Consequently, the sediment must provide almost all nutrients to the plants but the sediment primarily consists of coarse gravel produced by weathering processes in the granite. In this kind of nutrient-poor environment mycorrhiza fungi could potentially play an important role in nutrient uptake. Mycorrhiza are symbiotic associations between fungi and plants, where the plant provide organic carbon (sugars and amino acids) for the fungus while the fungus via its hyphae explores large volumes of soil, taking up inorganic phosphorus, which is then given to the plant in return for the organic carbon. We hypothesize that mycorrhiza plays an important role in the nutrient uptake in these super nutrient-poor environments and thus, we are going to screen species of Isoëtes, Glossostigma and Crassula for mycorrhizal symbiosis.

Western Australian vernal pools are host to a number of rare and threatened species including Myriophyllum lapidicola recorded on just a few rocks in the northern wheatbelt of Western Australia. This particular species is morphologically very different to the typical Myriophyllum with round floating leaves compared to the dissected filamentous seen in most common Myriophyllum species. Further, this particular species is restricted to a specific rare type of vernal rock pool. While most pools are flat and shallow M. lapidicola only occurs deeper pools that form on the steep slopes of granite inselburgs (an isolated rock hill, knob, ridge, or small mountain that rises abruptly from a gently sloping or virtually level plain; also called a monadnock). These particular pools are inundated for longer periods of the year (up to 10 months in 2008) and have deeper soils that may be some of the physical properties restricting this species to such few locations, although no study has yet confirmed this.

**Invertebrates of vernal rock pools**

Aquatic animals occupying vernal pools are met with the same major challenges as the plants: the short duration of inundation after which follows a long period of desiccation (Bayly 1997). Probably one of the best adapted animals to cope with this challenge is the seed shrimp (Ostracoda). Seed shrimps are laterally flattened crustaceans protected by a two valves hinged on the back of the animal. They are among the first animals to appear when setting up a new aquarium and their eggs are extremely desiccation tolerant and present almost everywhere. In vernal pools, giant species of seed shrimps sometimes appear as there are no fish or other predators to prey on them. The vernal rock pools of Mukinbudin are no}

**A tadpole of the burrowing frog rests among the Isoëtes australis.** The tadpoles sometimes appear in large number and then, they are able to graze down all aquatic vegetation. In this pool, however, the tadpoles can feed on algae and biofilms without grazing on Isoëtes australis.

**Giant forms of seed shrimps (Ostracoda) filter the tiny water column and graze on sediment and plant surfaces.** These seed shrimps are almost 2 cm in diameter and they occur only in waters without fish as they are easy prey.
exception; virtually all pools hold a decent population of giant seed shrimps feeding primarily on algae and ciliates.

Another common invertebrate in vernal pools is the fairy shrimp (Anostraca). The fairy shrimp swims around upside-down while filtering the water for smaller zooplankton and phytoplankton, although a few of the giant forms are predators feeding on other fairy shrimps. The eggs of the fairy shrimps are also extremely tolerant to desiccation but some species will hatch only 24 hours after the eggs are exposed to water. Just like seeds of aquatic plants, some eggs must go through several cycles of wetting and desiccation before they hatch in order to guarantee survival of the shrimps also when the period of inundation is too short for the shrimp to complete its entire life cycle. We observed two different color variants of fairy shrimps in the vernal rock pools around Mukinbudin but we do not know if they are different species or just variants (for example females and males) of the same species.

**Potential use of plants from vernal pools in nano aquaria**

The plants occupying the vernal rock pools in Western Australia are really pretty but whether they all are suitable for nano aquaria is uncertain. Their bonsai stature is ideal for nano aquaria and they grow in shallow nutrient-poor substrates. However, their natural habitat is a high-light habitat with direct sunlight in a really shallow water column that does not dampen light very much and so, they are all adapted to high light levels. Whether they also require high light to grow is not really known but they certainly do not mind direct sunlight.

In terms of providing a completely different architecture, *Isoëtes australis* is perhaps the plant with the greatest potential for planted tanks. The genus of *Isoëtes* has many species that thrive under very modest light conditions—almost as modest as some of the aquatic mosses. For example, *Isoëtes lacustris* grows primarily in the deeper water of lobelia lakes found in the northern hemisphere; not because it does not like high light but merely because it is such a weak competitor so it is restricted to depths of low light where no other plants are able to compete. *Isoëtes australis*, however, is found in direct sunlight in shallow water so it may have intrinsic high light requirement. On the other hand, it often forms monocultures in the vernal pools so competition with other plants is absent. Time will tell if this unique little plant finds its way into the planted aquarium hobby.

*Glossostigma elatinoides*, which also comes from Australia, is already being used in planted aquaria but it is known as a difficult plant. It requires high to very high light and only thrives in soft water (www.tropica.com). The pools we visited were also characterized by having extremely soft water (from 10–90 mg/L)
μS/cm) since they are 100% rain-fed and sit on granite with no alkalinity at all. But we do not know if the species found here are as demanding as Glossostigma elatinoides. However, Glossostigma cleistanthum (previously thought to be Glossostigma diandrum) has been shown to spread and overgrow natural vegetation in North American pristine waters (Les et al. 2006); one of the few known examples where an invasive species require oligotrophic conditions in order to present any danger to the native vegetation. So, as always one should be cautious upon disposal of these plants in non-native environments.

In conclusion, the vernal rock pools of Western Australia support stunning aquascapes formed by plants that have adapted well to the physical challenges of the changing environment. Some of the plants described here may hold a potential for use in nano aquaria and planted tanks although they are expected to have high light requirement as judged from their natural habitats. But we do not know if the species of Glossostigma and Crassula natans possesses relatively long internodes making it somewhat less attractive as an ornamental plant but in combination with low carpet-forming plants such as species of Glossostigma it should make a nice morphological contrast in the tank.

Being so small and inconspicuous as most of the plants in the vernal rock pools, one could possibly come to the wrong conclusion that these plants are competitively inferior and do not present much danger as invasive species. But we do not know if the species of Glossostigma and Crassula natans possesses relatively long internodes making it somewhat less attractive as an ornamental plant but in combination with low carpet-forming plants such as species of Glossostigma it should make a nice morphological contrast in the tank.

Finally, Crassula natans is a pretty little stem plant that also forms beautiful gas bubbles during periods of intensive photosynthesis. Even under high light, Crassula natans possesses relatively long internodes making it somewhat less attractive as an ornamental plant but in combination with low carpet-forming plants such as species of Glossostigma it should make a nice morphological contrast in the tank.

Moreover, Glossostigma cleistanthum (previously thought to be Glossostigma diandrum) has been shown to spread and overgrow natural vegetation in North American pristine waters (Les et al. 2006); one of the few known examples where an invasive species require oligotrophic conditions in order to present any danger to the native vegetation. So, as always one should be cautious upon disposal of these plants in non-native environments.

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**Literature cited**


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TetrasAndBarbs.com.) Most obvious is appearance: like plants, fish vary in color, size and shape. But fish contribute what plants and hardscape cannot—behavior. The common perception recites that these fishes are “mid-water schooling” fishes. That perception is overly simplistic and generic. Variations of behavior can be grouped three ways:

- fish-to-fish (schooling, pack, shoaling, loaners, territorial, predators)
- as a social catalyst within the community (dither, target)
- niches (strata, proximity to various aquascaping elements, water current, nocturnal and contributing to biotope/habitats themes)

Ultimately, the weight of both appearance and behavior can classify fish into compositional roles (showcase specimens, background fish, accent/contrasting and novelty). As a quick example, let’s look at the five-banded barb (*Barbus pentazona*). It contributes patches of fairly intense red, distinct vertical marks; a preference for actively swimming in the open but near the refuge of plants; and “pack” behavior (a group of fish that drift about the tank as a pack with ongoing interaction that is fairly intense—in contrast to the unison of tight schooling). Its bold markings contrast both with horizontally-lined species (such as *Rasbora borneensis*) and the green plants behind them. This species also contributes as a natural addition to a soft-water habitat and to the Malaysian biotope, should either of these be a theme of the composition. The contribution of these roles should be evaluated when composing for theme, variation, contrast and balance. Much more easily said than done.

Aquariums are about the satisfaction that its keeper gets from keeping it. That satisfaction may come from plants or it may come from fish. As a result, the practices of aquarists can range from high-tech aquascaping to breeding fish in bare tanks. Aquariums are also about the visual beauty of the whole. If this truly is the goal of an aquarist, he or she should leverage both plants and fish.