Uropathogenic Escherichia coli metabolite-dependent quiescence and persistence may explain antibiotic tolerance during urinary tract infection

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Published in:
mSphere

DOI:
10.1128/mSphere.00055-15

Publication date:
2016

Document version
Publisher's PDF, also known as Version of record

Document license:
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Citation for published version (APA):
https://doi.org/10.1128/mSphere.00055-15
Uropathogenic Escherichia coli Metabolite-Dependent Quiescence and Persistence May Explain Antibiotic Tolerance during Urinary Tract Infection


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ABSTRACT In the present study, it is shown that although Escherichia coli CFT073, a human uropathogenic (UPEC) strain, grows in liquid glucose M9 minimal medium, it fails to grow on glucose M9 minimal medium agar plates seeded with $\leq 10^6$ CFU. The cells on glucose plates appear to be in a “quiescent” state that can be prevented by various combinations of lysine, methionine, and tyrosine. Moreover, the quiescent state is characteristic of ~80% of E. coli phylogenetic group B2 multilocus sequence type 73 strains, as well as 22.5% of randomly selected UPEC strains isolated from community-acquired urinary tract infections in Denmark. In addition, E. coli CFT073 quiescence is not limited to glucose but occurs on agar plates containing a number of other sugars and acetate as sole carbon sources. It is also shown that a number of E. coli CFT073 mini-Tn5 metabolic mutants (gnd, gdhA, pykF, sdhA, and zwf) are nonquiescent on glucose M9 minimal agar plates and that quiescence requires a complete oxidative tricarboxylic acid (TCA) cycle. In addition, evidence is presented that, although E. coli CFT073 quiescence and persistence in the presence of ampicillin are alike in that both require a complete oxidative TCA cycle and each can be prevented by amino acids, E. coli CFT073 quiescence occurs in the presence or absence of a functional rpoS gene, whereas maximal persistence requires a nonfunctional rpoS. Our results suggest that interventions targeting specific central metabolic pathways may mitigate UPEC infections by interfering with quiescence and persistence.

IMPORTANCE Recurrent urinary tract infections (UTIs) affect 10 to 40% of women. In up to 77% of those cases, the recurrent infections are caused by the same uropathogenic E. coli (UPEC) strain that caused the initial infection. Upon infection of urothelial transitional cells in the bladder, UPEC appear to enter a nongrowing quiescent intracellular state that is thought to serve as a reservoir responsible for recurrent UTIs. Here, we report that many UPEC strains enter a quiescent state when $\leq 10^6$ CFU are seeded on glucose M9 minimal medium agar plates and show that mutations in several genes involved in central carbon metabolism prevent quiescence, as well as persistence, possibly identifying metabolic pathways involved in UPEC quiescence and persistence in vivo.

KEYWORDS: E. coli quiescence, E. coli persistence, urinary tract infections, carbon metabolism, TCA cycle
U
ncomplicated urinary tract infections (UTIs) affect about 25% of women in their lifetime, and at least 80% of those infections are caused by uropathogenic *Escherichia coli* (UPEC) (1). Recurrent UTIs affect between 10% and 40% of women (2), and in up to 77% of those cases, the recurrent infections are caused by the same UPEC strain that caused the initial infection (3, 4). UPEC infections generate annual costs in excess of two billion dollars in the United States alone, placing a significant burden on the health care system (5). Although the causes of recurrent UTI are complex (6), it appears that UPEC can bind to, enter, and replicate within superficial facet cells in the human and mouse bladder epithelium, resulting in intracellular biofilmlike communities (IBCs) (6, 7). IBCs escape from infected superficial facet cells within hours of development (6). The superficial facet cells then exfoliate, exposing underlying transitional epithelial cells, which can be infected with IBC-derived UPEC progeny (6, 8). Upon infection of uroepithelial transitional cells, UPEC appear to enter a nongrowing quiescent intracellular state (6, 8). These quiescent UPEC cells have been called quiescent intracellular reservoirs (QIRs) (6), and it is thought that QIRs are a major cause of recurrent UTIs (6, 8). QIRs also help to explain why antibiotics have failed to eradicate UPEC reservoirs in the bladders of mice, since quiescent UPEC may not be readily affected by antibiotics (6, 8).

The quiescence of QIRs and their insensitivity to antibiotics is reminiscent of the persister state (8–11). Persisters are dormant cells formed in normal microbial populations as small subpopulations that are highly tolerant to antibiotics but upon regrowth in the absence of antibiotics regain full sensitivity (11). Persisters appear to play a major role in the ability of chronic infections to withstand antibiotic treatment (11). In the present study, we report that when inocula of $\leq 10^6$ CFU of *E. coli* CFT073, the prototypic UPEC strain, as well as $\approx 80\%$ of phylogenetic group B2 multilocus sequence type 73 (ST73) strains, of which *E. coli* CFT073 is a member, are plated on M9 minimal agar plates containing glucose as the sole carbon and energy source, they appear to enter a “quiescent” state and that mutations in specific metabolic genes appear to prevent that state. In addition, we show that *E. coli* CFT073 quiescence also occurs in the presence of a number of other sugars and acetate as sole carbon sources and that a complete tricarboxylic acid (TCA) cycle is required both for the generation of *E. coli* CFT073 quiescent cells on glucose plates and for the formation of persister cells generated in liquid glucose minimal medium in the presence of ampicillin.

**RESULTS**

*E. coli* CFT073, a UPEC strain, and *E. coli* Nissle 1917, a closely related probiotic strain, grow in liquid glucose M9 minimal medium but fail to grow on glucose M9 minimal agar plates. We were attempting to determine which colicins and microcins are active against the sequenced *E. coli* CFT073, a phylogenetic group B2 multilocus sequence type 73 (ST73) UPEC strain (20, 21), and the closely related ST73 probiotic strain, *E. coli* Nissle 1917 (22). As expected, we found that after overnight incubation at 37°C, both strains formed lawns of growth on 0.2% glucose M9 minimal medium agar plates (hereinafter called glucose plates) when either 10^7 or 10^8 CFU was plated from an overnight 0.4% glucose M9 minimal medium agar plate liquid culture. Unexpectedly, however, when 10^6 CFU or fewer were plated on glucose plates, they failed to form lawns or colonies after 24 h and 48 h of incubation at 37°C. This result was unusual in that a number of human commensal *E. coli* strains, including MG1655, HS, F-18, EFC1, and EFC2 (Table 1), and the O157:H7 strain *E. coli* EDL933 (Table 1) tested at 10^3 CFU grew as lawns on the glucose plates after 24 h at 37°C, and viable counts could be determined for each strain on glucose plates (not shown). That all the *E. coli* strains tested for growth on glucose plates are spontaneous streptomycin-resistant mutants (Table 1) but only *E. coli* CFT073 and *E. coli* Nissle 1917 failed to form lawns on glucose plates seeded with $\leq 10^6$ CFU makes it highly unlikely that point mutations in ribosomal proteins play a role in the observed lack of growth.

Picking colonies of *E. coli* MG1655 grown on glucose plates onto glucose plates seeded with 10^5 or 10^6 CFU of *E. coli* CFT073 or *E. coli* Nissle 1917, using toothpicks, resulted in *E. coli* CFT073 and *E. coli* Nissle 1917 growth around the picked colonies but
not anywhere else on the plates after incubation for 24 h at 37°C (Fig. 1A) (using


toothpicks to transfer colonies in this manner is a normal procedure used in colicin and


microcin testing). No growth was observed around picked


*E. coli* MG1655 colonies


grown on glucose plates that had not been seeded with


*E. coli* CFT073 or


*E. coli* Nissle 1917 (not shown). These results suggested that picked


*E. coli* MG1655 was secreting a


molecule(s) (hereinafter called the MG1655 stimulus) as it grew on glucose plates that


was either preventing cell death of


*E. coli* CFT073 and


*E. coli* Nissle 1917 or preventing


them from entering a quiescent state. Incubating the plates that had been seeded with


10^5 CFU of


*E. coli* CFT073 or


*E. coli* Nissle 1917 for 48 h at 37°C resulted in much larger


regions of growth around the picked


*E. coli* MG1655 colonies than at 24 h (Fig. 1B), suggesting that cells could be stimulated to grow after 24 h of incubation and thereby


favoring the quiescence hypothesis and suggesting either that the MG1655 stimulus


was diffusible and active at a very low concentration or that growing


*E. coli* CFT073 and


*E. coli* Nissle1917alsosecretedthestimulus.Also,whenglucoseplatesseededwith10 5


or 10^6 CFU of


*E. coli* CFT073 or *E. coli* Nissle 1917 were incubated for 24 h at 37°C prior


to picking *E. coli* MG1655 to those plates, growth of *E. coli* CFT073 and *E. coli* Nissle 1917


was observed surrounding the picked *E. coli* MG1655 colonies after an additional 24-h incubation at 37°C (not shown). Therefore, many of the *E. coli* CFT073 and *E. coli* Nissle 1917 cells were alive but quiescent on glucose plates for at least 24 h. Importantly, quiescence is not observed when Difco Bacto agar is used in glucose plates instead of


Difco noble agar, suggesting that impurities in the former allow growth. It should be


noted that at this time, we do not know whether it is live or dead *E. coli* MG1655 cells


that are the source of the stimulus, as the picked cells grow on the glucose plates. Also,


it should be mentioned that *E. coli* CFT073 and *E. coli* Nissle 1917 quiescence is not
dependent on using 0.2% glucose M9 minimal medium agar plates, since identical


results were obtained using 0.4% glucose M9 minimal medium agar plates (not shown).

**Testing additional *E. coli* strains for quiescence on glucose plates.** *E. coli*


strains can be separated into four major phylogenetic groups (A, B1, B2, and D) and two


additional phylogenetic groups that have recently been defined, phylogenetic group


AxB1, containing strains that derive most of their ancestry from A and B1, and phylogenetic group ABD, containing a heterogeneous set of strains with multiple


sources of ancestry (23). Thirty *E. coli* strains representing various multilocus sequence


types (ST) of the 6 phylogenetic groups were grown in liquid glucose M9 minimal medium, and the 30 strains were tested for the ability to grow on glucose plates seeded


<table>
<thead>
<tr>
<th>Table 1 Bacterial strains</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>E. coli</em> strain</td>
</tr>
<tr>
<td>-------------------</td>
</tr>
<tr>
<td>CFT073 Str^r</td>
</tr>
<tr>
<td>CFT073 Str^r mini-Tn5 Km::gdhA</td>
</tr>
<tr>
<td>CFT073 Str^r mini-Tn5 Km::gnd</td>
</tr>
<tr>
<td>CFT073 Str^r mini-Tn5 Km::pykF</td>
</tr>
<tr>
<td>CFT073 Str^r mini-Tn5 Km::sdhA</td>
</tr>
<tr>
<td>CFT073 Str^r mini-Tn5 Km::zwf</td>
</tr>
<tr>
<td>Wild-type CFT073</td>
</tr>
<tr>
<td>Nissle 1917 Str^r</td>
</tr>
<tr>
<td>MG1655 Str^r</td>
</tr>
<tr>
<td>HS Str^r</td>
</tr>
<tr>
<td>EFC1 Str^r</td>
</tr>
<tr>
<td>EFC2 Str^r</td>
</tr>
<tr>
<td>F-18-18 Str^r</td>
</tr>
<tr>
<td>EDL933 Str^r</td>
</tr>
<tr>
<td>ATM161</td>
</tr>
</tbody>
</table>
with inocula of $10^5$ CFU and to respond to the MG1655 stimulus. The strains used included two ST10 and two ST453 strains from phylogenetic group A; two ST58, two ST410, and two ST101 strains from phylogenetic group B1; two ST73, two ST95, and two ST131 strains from phylogenetic group B2; two ST69, two ST354, and two ST648 strains from phylogenetic group D; two ST90 and two ST642 strains from phylogenetic group AxB1; and two ST62 and two ST117 strains from phylogenetic group ABD. Of the 30 strains, 2 failed to grow on glucose plates and those strains responded to the MG1655

**FIG 1** *E. coli* CFT073 quiescence on glucose plates. A 0.2% glucose plate was seeded with $10^5$ CFU of *E. coli* CFT073 (see Materials and Methods). (A) Sixty minutes after seeding the plate, a colony of *E. coli* MG1655, grown on a glucose plate, was transferred to the plate seeded with *E. coli* CFT073, using a toothpick; the plate was then incubated at 37°C for 24 h. (B) The same plate, incubated for 48 h. Note that *E. coli* CFT073 only grows around the picked *E. coli* MG1655. Although not shown, *E. coli* Nissle 1917 undergoes quiescence on glucose plates identically.
stimulus. The 2 strains that failed to grow on glucose plates were ST73 strains. ST73 is a very common UPEC lineage, accounting for 11% and 16.6% of UPEC isolated from patients in 2 recent studies (24, 25). Importantly, *E. coli* CFT073 and *E. coli* Nissle 1917 are also ST73 strains.

**Testing additional ST73 strains for quiescence on glucose plates.** Since it appeared that quiescence on glucose agar plates might be characteristic of the ST73 lineage, 40 additional ST73 strains were tested for the ability to grow on glucose plates seeded with inocula of 10⁵ CFU and to respond to the MG1655 stimulus. Two of the strains failed to grow overnight in liquid glucose M9 minimal medium, but of the 38 strains that grew, 30 (78.9%) failed to grow on glucose plates but responded to the MG1655 stimulus. Therefore, the vast majority of ST73 strains, a major UPEC lineage (24, 25), are quiescent on glucose plates.

**Testing 40 UPEC strains isolated from community-acquired UTIs in Denmark for quiescence on glucose plates.** Forty randomly selected UPEC strains isolated from community-acquired UTIs in Denmark were tested for the ability to grow on glucose plates seeded with inocula of 10⁵ CFU and to respond to the MG1655 stimulus. Of the 40 UPEC strains tested, all grew overnight in liquid glucose M9 minimal medium, but 9 failed to grow on glucose plates (22.5%) unless stimulated to do so by the MG1655 stimulus. Three of the 9 strains that failed to grow on glucose plates were ST73 strains (5 of the 40 UPEC strains tested [12.5%] were ST73), and 3 were ST141 strains (3 of the 40 UPEC strains tested were ST141 strains [7.5%], a group not represented in the original 30 strains tested). The 3 remaining strains that failed to grow on glucose plates (ST104, ST394, and ST998) were not represented in the original 30 strains tested, and each was represented only once among the 40 UPEC strains tested (2.5% each). It therefore appears that the inability to grow on glucose plates and yet respond to the MG1655 stimulus is not limited to the ST73 group.

The inability of *E. coli* CFT073 to grow on minimal agar plates is not limited to glucose as sole carbon source. *E. coli* CFT073 was tested for the ability of 10⁵ CFU to grow on M9 minimal medium agar plates containing 0.2% acetate, arabinose, fructose, fucose, galactose, gluconate, glycerol, N-acetylglucosamine, maltose, mannose, ribose, and xylose as sole carbon sources. *E. coli* CFT073 grew overnight in liquid M9 minimal medium containing each carbon source, but inocula of 10⁵ CFU only grew as lawns on agar plates containing glycerol, ribose, and xylose as sole carbon sources (Fig. 2). On those plates where *E. coli* CFT073 failed to grow, it responded to the MG1655 stimulus.

**Human urine, a cocktail mimicking the amino acid composition of human urine, and a cocktail mimicking amino acids present in a concentrated *E. coli* MG1655 culture supernatant prevent *E. coli* CFT073 quiescence on glucose plates.** We normally pick a colony of *E. coli* MG1655 to a glucose plate as a source of the MG1655 stimulus, suggesting that the stimulus is secreted on the plate as *E. coli* MG1655 grows. However, no stimulus activity was found when 5 µl or 20 µl of a cell-free supernatant derived from an overnight liquid glucose M9 minimal medium culture of *E. coli* MG1655 was placed on a glucose agar plate seeded with 10⁵ CFU of *E. coli* CFT073 or *E. coli* Nissle 1917. Stimulus activity was observed when 5 µl of a cell-free supernatant derived from a 50-fold-concentrated *E. coli* MG1655 culture that had been incubated overnight at 37°C (see Materials and Methods) was placed on a glucose agar plate seeded with 10⁵ CFU of *E. coli* CFT073 or 5 µl of a cell-free supernatant derived from a 50-fold-concentrated *E. coli* MG1655 culture (Fig. 3A). Analysis of one such *E. coli* MG1655 cell-free supernatant revealed the presence of a number of unknown small molecules and 14 amino acids (Table 2). Importantly, 5 µl of an amino acid cocktail identical in composition to the amino acids in the 50-fold-concentrated *E. coli* MG1655 supernatant displayed stimulus activity similar to that of 5 µl of the 50-fold-concentrated supernatant (Fig. 3B). A cell-free supernatant derived from a 50-fold-concentrated *E. coli* CFT073 culture was nearly identical to the *E. coli* MG1655 supernatant in amino acid composition but additionally contained aspartic acid (Table 2). As expected, 5 µl of the *E. coli* CFT073 cell-free supernatant also displayed stimulus activity on glucose plates seeded with 10⁵ CFU of *E. coli* CFT073. Perhaps even more
importantly, 5 μl of sterile filtered human urine collected from one of us and 5 μl of a cocktail mimicking the amino acid composition of human urine (Table 2) (26) both displayed stimulus activity on glucose plates seeded with 10^5 CFU of E. coli CFT073 (Fig. 3C and D).

**Lysine, methionine, and tyrosine are involved in preventing quiescence.**

One millimolar solutions of each of the 20 standard L-amino acids were prepared, and 5 μl of each was tested on glucose plates seeded with 10^5 CFU of E. coli CFT073. None displayed stimulus activity. However, when single amino acids were omitted from the cocktails, testing 5 μl of the cocktails mimicking the concentrations of amino acids in

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**FIG 2** E. coli CFT073 nonquiescence on glycerol, ribose, and xylose plates. Glucose, glycerol, ribose, and xylose plates (0.2% each) were seeded with 10^5 CFU of E. coli CFT073 grown overnight in liquid M9 minimal medium containing their respective sugars (0.4%). Sixty minutes after seeding the plates, a colony of E. coli MG1655, grown on a glucose plate, was transferred to a glucose plate, using a toothpick. Plates were incubated at 37°C for 24 h. (A) Glycerol; (B) ribose; (C) xylose; (D) glucose.
urine (Table 2) and in the 50-fold-concentrated *E. coli* MG1655 supernatant (Table 2) revealed that cocktails missing lysine, methionine, and tyrosine failed to stimulate. Furthermore, although 5 μl of 1.0 mM lysine alone, 1.0 mM methionine alone, and 1.0 mM tyrosine alone failed to stimulate (not shown), 5 μl of mixtures of 1.0 mM each of lysine, methionine, and tyrosine (Fig. 3E) were about as stimulatory for growth of *E. coli* CFT073 on glucose plates as either the *E. coli* MG1655 amino acid cocktail (Fig. 3B) or the amino acid cocktail mimicking human urine (Fig. 3D). Five microliters of mixtures of
1.0 mM each of D-lysine, D-methionine, and D-tyrosine failed to stimulate (not shown), demonstrating the importance of the L- forms of the 3 amino acids in preventing quiescence. Mixtures of 1.0 mM each of lysine and methionine (Fig. 3F) and 1.0 mM each of lysine and tyrosine (Fig. 3G) also stimulated *E. coli* CFT073 growth on glucose plates, although the stimulation of *E. coli* CFT073 growth by the mixture of lysine and tyrosine was minimal (Fig. 3G). A mixture of 1.0 mM each of methionine and tyrosine failed to stimulate *E. coli* CFT073 growth (Fig. 3H). In summary, *E. coli* MG1655 is not required to provide the stimulus that prevents *E. coli* CFT073 quiescence; a mixture of lysine, methionine, and tyrosine, found in 50-fold-concentrated *E. coli* MG1655 supernatants, is just as effective.

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**TABLE 2** Free-amino-acid composition of 50-fold-concentrated *E. coli* MG1655 and *E. coli* CFT073 supernatants and human urine

<table>
<thead>
<tr>
<th>Amino acid</th>
<th>Amt (μM) of amino acid in(^a):</th>
<th>(E. coli) MG1655 supernatant(^b)</th>
<th>(E. coli) CFT073 supernatant(^b)</th>
<th>Human urine(^c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alanine</td>
<td>353</td>
<td>383</td>
<td>3,350</td>
<td></td>
</tr>
<tr>
<td>Arginine</td>
<td>—</td>
<td>—</td>
<td>205</td>
<td></td>
</tr>
<tr>
<td>Aspartic acid</td>
<td>—</td>
<td>22</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Cysteine</td>
<td>—</td>
<td>—</td>
<td>1,110</td>
<td></td>
</tr>
<tr>
<td>Glutamic acid</td>
<td>360</td>
<td>848</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Glycine</td>
<td>11</td>
<td>86</td>
<td>21,200</td>
<td></td>
</tr>
<tr>
<td>Histidine</td>
<td>—</td>
<td>—</td>
<td>9,470</td>
<td></td>
</tr>
<tr>
<td>Isoleucine</td>
<td>90</td>
<td>170</td>
<td>478</td>
<td></td>
</tr>
<tr>
<td>Leucine</td>
<td>56</td>
<td>149</td>
<td>382</td>
<td></td>
</tr>
<tr>
<td>Lysine</td>
<td>7,472</td>
<td>4,059</td>
<td>4,480</td>
<td></td>
</tr>
<tr>
<td>Methionine</td>
<td>59</td>
<td>37</td>
<td>171</td>
<td></td>
</tr>
<tr>
<td>Phenylalanine</td>
<td>99</td>
<td>187</td>
<td>626</td>
<td></td>
</tr>
<tr>
<td>Proline</td>
<td>144</td>
<td>116</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Serine</td>
<td>64</td>
<td>70</td>
<td>4,000</td>
<td></td>
</tr>
<tr>
<td>Threonine</td>
<td>201</td>
<td>461</td>
<td>2,430</td>
<td></td>
</tr>
<tr>
<td>Tryptophan</td>
<td>146</td>
<td>312</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Tyrosine</td>
<td>13</td>
<td>52</td>
<td>1,060</td>
<td></td>
</tr>
<tr>
<td>Valine</td>
<td>229</td>
<td>748</td>
<td>349</td>
<td></td>
</tr>
</tbody>
</table>

\(^{a}\)\(^{=}\) amino acid was not present in the preparation.

\(^{b}\)See Materials and Methods for details.

\(^{c}\)Average values of samples from 39 women (26).
37°C for 2.25 h to 10^8 CFU/ml, at which time ampicillin was added (100 μg/ml). Four hours later, viable counts in the E. coli CFT073 LB broth cultures had dropped to 10^4 CFU/ml, suggesting that the vast majority of cells that survived ampicillin treatment in liquid glucose M9 minimal medium were indeed persister cells, still fully sensitive to ampicillin. Much like E. coli CFT073, E. coli Nissle 1917 generated a high level of persister cells in liquid glucose minimal medium, i.e., about 2.6% at 24 h (Table 3), and the cells were still sensitive to ampicillin, as described above.

Unlike E. coli CFT073 and E. coli Nissle 1917, when E. coli MG1655 overnight cultures were diluted 20-fold into fresh 0.2% glucose M9 minimal medium, viable counts increased immediately in the absence of ampicillin, and in the presence of ampicillin, decreased continuously for 6 h to a level of about 10^3 CFU/ml (10^-3%) and remained at that level at 24 h (Fig. 4). The E. coli MG1655 survivors in cultures containing ampicillin were also persister cells, i.e., when regrown in LB broth without ampicillin, they regained sensitivity. Therefore, when grown in liquid glucose M9 minimal medium, E. coli CFT073 and E. coli Nissle 1917 cultures generated about 1,000-fold more persister cells than E. coli MG1655 cultures.

**E. coli CFT073** generates a low level of persister cells in liquid glucose M9 minimal medium containing amino acids. Since amino acids reversed E. coli CFT073 quiescence on glucose plates, we were interested in determining whether the addition of a mixture of the 20 standard L-amino acids (100 μg/ml each) to cultures of E. coli CFT073 grown in glucose M9 minimal medium in the absence of amino acids

TABLE 3  **E. coli CFT073** persister cells relative to persister cells for other **E. coli** strains

<table>
<thead>
<tr>
<th><strong>E. coli</strong> strain</th>
<th><strong>No. of experiments</strong></th>
<th><strong>% of persister cells ± SEM</strong></th>
<th><strong>Persister cell ratio of CFT073 and indicated strain</strong></th>
<th><strong>P value</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>CFT073</td>
<td>7</td>
<td>0.71 ± 0.19</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>CFT073 <em>gnd</em></td>
<td>2</td>
<td>0.34 ± 0.18</td>
<td>1.65</td>
<td>0.44</td>
</tr>
<tr>
<td>CFT073 <em>pykF</em></td>
<td>2</td>
<td>2.37 ± 0.18</td>
<td>0.23</td>
<td>0.075</td>
</tr>
<tr>
<td>CFT073 <em>zwf</em></td>
<td>2</td>
<td>0.29 ± 0.29</td>
<td>1.45</td>
<td>0.43</td>
</tr>
<tr>
<td>Nissle 1917</td>
<td>2</td>
<td>2.64 ± 1.22</td>
<td>0.21</td>
<td>0.16</td>
</tr>
<tr>
<td>True wild-type CFT073</td>
<td>2</td>
<td>(2.80 ± 1.1) × 10^-4</td>
<td>1.160</td>
<td>0.025</td>
</tr>
</tbody>
</table>

*a* The percentage of persister cells was calculated by dividing the viable count at 24 h by the viable count at time zero times 100. The value for **E. coli** CFT073 persister cells relative to a specific **E. coli** strain was calculated by dividing the percentage of persister cells generated by **E. coli** CFT073 at 24 h in the experiments for each specific strain by the percentage of persister cells generated by that specific strain at 24 h in those experiments.

*b* A P value of <0.05 using the two-tailed Student’s t test is considered to be statistically significant.
would generate fewer persister cells. As shown by the results in Fig. 5, in the presence of the amino acid mixture and absence of ampicillin, E. coli CFT073 viable counts increased immediately, reaching stationary phase within 4 h. Importantly, in the presence of both the amino acid mixture and ampicillin, E. coli CFT073 viable counts decreased continuously for 24 h, to a level of about $10^6$ CFU/ml (Fig. 5). That the survivors at 24 h were persister cells was shown by the fact that when regrown in LB broth without ampicillin, they regained sensitivity, as described above. In the absence of amino acids and presence of ampicillin, E. coli CFT073 persister cells were again generated, at a level of about $10^6$ CFU/ml (Fig. 5). Therefore, in the presence of amino acids, about 100-fold fewer E. coli CFT073 persister cells were generated than in their absence (Fig. 5).

Isolation and characterization of E. coli CFT073 mini-Tn5 mutants that grow on glucose plates. Since E. coli CFT073 grows overnight in liquid glucose M9 minimal medium but not on glucose plates, we thought it possible that the expression of one or more genes on glucose plates but not in liquid glucose cultures might be responsible. If so, knockout of the responsible gene(s) would result in growth on glucose plates. Therefore, E. coli CFT073 mini-Tn5 Km (kanamycin) mutants were generated by random insertional mutagenesis (see Materials and Methods), and any mutant that grew as lawns on glucose plates was confirmed by transferring the insertion into a fresh E. coli CFT073 background and retesting it for growth on glucose plates (see Materials and Methods).

Five confirmed nonquiescent mini-Tn5 Km mutants were isolated from approximately 2,000 mutants tested. E. coli CFT073 and the mini-Tn5 Km mutants were grown overnight in liquid glucose M9 minimal medium and viable counts were made on both glucose plates and LB agar plates. As expected, E. coli CFT073 assayed from the overnight cultures failed to grow on the glucose plates when inocula of $\leq 10^6$ CFU/ml were plated, but when assayed on LB agar, viable counts showed that the cultures contained $\sim 10^9$ CFU/ml. In contrast, when assayed on either glucose plates or LB agar plates, the 5 mini-Tn5 Km mutant cultures each contained about $\sim 10^9$ CFU/ml. It therefore appears that the mini-Tn5 Km insertion in each of the 5 genes completely prevented quiescence on glucose plates.

The mini-Tn5 Km insertions that resulted in mutants able to grow on glucose plates after transfer into a fresh E. coli CFT073 background were in the $sdhA$, $gnd$, $zwf$, $pykF$, and $gdhA$ genes (Fig. 6). (i) $sdhA$ encodes the succinate-binding flavoprotein subunit of succinate dehydrogenase (27). As a consequence of the mutation, the E. coli CFT073

\[ \text{FIG 5 } E. \text{ coli CFT073 persistence in the presence of amino acids. Cultures were grown in } 0.4\% \text{ glucose M9 minimal medium as described in Materials and Methods and diluted 20-fold into } 0.2\% \text{ glucose M9 minimal medium either containing or lacking a mixture of the 20 standard L-amino acids, each at } 100 \mu \text{g/ml, and containing or lacking ampicillin (100 } \mu \text{g/ml). } \bullet, \text{ E. coli CFT073; } \blacksquare, \text{ E. coli CFT073 plus ampicillin; } \blacktriangle, \text{ E. coli CFT073 plus amino acids; } \blacklozenge, \text{ E. coli CFT073 plus amino acids plus ampicillin. Bars representing standard errors of the means of counts from 2 independent experiments are presented for each time point. At 6 h and 24 h, the approximately 100-fold differences between E. coli CFT073 persisters and E. coli MG1655 persisters in the presence of ampicillin are statistically significant (} P = 0.002 \text{ and } P = 0.05, \text{ respectively).} \]
$sdhA$ mutant fails to grow on succinate as a sole carbon source, but it grows normally on glucose. (ii) $gnd$ encodes 6-phosphogluconate dehydrogenase, which functions in the oxidative branch of the pentose phosphate pathway to synthesize ribulose-5-phosphate from 6-phosphogluconate (28, 29). Ribulose-5-phosphate is an essential precursor in the synthesis of FAD, nucleotides, and lipopolysaccharides (LPS). (iii) $zwf$ encodes glucose-6-phosphate dehydrogenase, which functions in the oxidative branch of the pentose phosphate pathway and the Entner-Doudoroff pathway when $E. coli$ is grown on glucose (28, 29). (iv) $pykF$ encodes pyruvate kinase, which converts phosphoenolpyruvate to pyruvate in the Embden-Meyerhof-Parnas pathway (30). (v) $gdhA$ encodes glutamate dehydrogenase, which catalyzes the amination of $\alpha$-ketoglutarate to glutamate (31).
It might be argued that the mini-Tn5 Km insertions in the identified genes are not the cause of nonquiescence but, rather, that nonquiescence is caused by downstream polarity effects. Indeed, the mini-Tn5 Km transposon used in the present study has strong transcription termination sequences flanking both ends of the kanamycin resistance gene (17). However, the intergenic number of nucleotides and nucleotide sequences between \textit{gnd} and the immediately downstream gene \textit{ugd}, between \textit{pykF} and the immediately downstream gene \textit{lpp}, and between \textit{zwf} and the immediately downstream gene \textit{edd} are identical in \textit{E. coli} MG1655 and \textit{E. coli} CFT073 (GenBank accession numbers U00096.3 and AE014075.1) (21, 32). Moreover, in \textit{E. coli} MG1655 and, therefore, in \textit{E. coli} CFT073, there is a strong presumptive promoter between \textit{gnd} and \textit{ugd} (33), and in \textit{E. coli} MG1655 and, therefore, in \textit{E. coli} CFT073, both \textit{lpp} and \textit{edd} have their own experimentally identified promoters (33). It is therefore highly likely that nonquiescence is caused by interrupting \textit{gnd}, \textit{pykF}, and \textit{zwf} and not by downstream polarity effects. Also, in \textit{E. coli} CFT073, \textit{gdhA} is immediately upstream from \textit{c2163}, which is transcribed in the opposite direction to \textit{gdhA} (21), making it highly unlikely that nonquiescence caused by the insertion in \textit{gdhA} is due to downstream polarity. Finally, although in \textit{E. coli} MG1655, the number of nucleotides between the end of the \textit{sdhCDAB} operon and the beginning of the immediately downstream \textit{sucABCD} operon is 241 nucleotides less than that in \textit{E. coli} CFT073 (GenBank accession numbers U00096.3 and AE014075.1) (31, 32), the experimentally identified \textit{E. coli} MG1655 \textit{sucABCD} promoter is identical in sequence to the presumptive \textit{E. coli} CFT073 \textit{sucABCD} promoter, and the nucleotide sequence between the 3’ end of the promoter and the start of \textit{sucA} transcription is identical in both strains (21, 32, 33). It is therefore highly unlikely that nonquiescence caused by the insertion in \textit{sdhA} is due to a downstream polarity effect on the \textit{sucABCD} operon in \textit{E. coli} CFT073.

Of the 5 mini-Tn5 Km mutants, only \textit{E. coli} CFT073 \textit{sdhA} and \textit{gdhA} mutants generate low levels of persister cells. Since the 5 \textit{E. coli} CFT073 mini-Tn5 Km mutants were nonquiescent on glucose plates, we wondered whether they would generate fewer persister cells than \textit{E. coli} CFT073 in glucose M9 minimal medium. Indeed, the \textit{E. coli} CFT073 \textit{sdhA} and \textit{gdhA} mutants, which began growth shortly after dilution of overnight cultures into fresh glucose M9 minimal medium, generated only about $5 \times 10^2$ persister cells/ml, i.e., about 2,000-fold fewer persister cells in the presence of ampicillin than wild-type \textit{E. coli} CFT073 (Fig. 7 and Fig. 8). In contrast, the \textit{E. coli} CFT073 \textit{gnd}, \textit{pykF}, and \textit{zwf} mutants generated about the same levels of persister cells as \textit{E. coli} CFT073 (Table 3), suggesting that quiescence and persistence are not identical phenomena.
E. coli CFT073 persistence and quiescence require a complete TCA cycle. Succinate dehydrogenase converts succinate to fumarate (Fig. 6). The fact that the E. coli CFT073 sdhA mutant generated about 2,000-fold fewer persister cells than E. coli CFT073 suggested the possibility that the ability to make fumarate from succinate was required for persister cell formation. To test that possibility, E. coli CFT073 sdhA cultures were grown overnight in liquid 0.4% glucose M9 minimal medium in the presence and absence of fumarate (200 μg/ml), and persister cell assays were performed in 0.2% glucose M9 minimal medium in the presence of fumarate for cultures grown with fumarate and in the absence of fumarate for cultures grown without fumarate. In the presence of fumarate and ampicillin, E. coli CFT073 sdhA cultures generated between 10^5 and 10^6 CFU/ml persister cells (Fig. 9), much like E. coli CFT073 (Fig. 4, 5, 7, and 8), whereas in the absence of fumarate and the presence of ampicillin, E. coli CFT073 sdhA cultures generated only 5 × 10^2 CFU/ml persister cells (Fig. 9). Therefore, allowing completion of the TCA cycle by supplying E. coli CFT073 sdhA with fumarate rescued its ability to generate a high level of persister cells, suggesting that a complete oxidative TCA cycle is required for maximal persister cell generation.
Since persister cell generation required a complete TCA cycle, we wondered whether the same was true of quiescence. To that end, *E. coli* CFT073 *sdhA* was grown overnight in liquid 0.4% glucose M9 minimal medium in the presence and absence of fumarate (200 μg/ml). Glucose plates containing fumarate (200 μg/ml) were seeded with 10^5 CFU of *E. coli* CFT073 *sdhA* grown in the presence of fumarate or 10^5 CFU of *E. coli* CFT073 *sdhA* grown in the absence of fumarate and were incubated at 37°C for 24 h. In both cases, *E. coli* CFT073 *sdhA* failed to grow but responded to 5 μl of a 1.0 mM mixture of lysine, methionine, and tyrosine (Fig. 10A), suggesting not only that the presence of fumarate in the glucose plate rescued quiescence but that quiescence was generated on the glucose plate and not in the liquid culture. As a control, glucose plates without fumarate were seeded with 10^5 CFU of *E. coli* CFT073 *sdhA* grown overnight in liquid glucose M9 minimal medium in the absence of fumarate and plates were incubated at 37°C for 24 h. As expected, a lawn of *E. coli* CFT073 *sdhA* growth was observed on the glucose plates under these conditions (Fig. 10B). Therefore, not only does fumarate rescue the ability of *E. coli* CFT073 *sdhA* to generate a high level of persisters in liquid glucose M9 minimal medium in the presence of ampicillin (Fig. 9), it rescues the ability of *E. coli* CFT073 *sdhA* to enter the quiescent state on glucose plates. As a side note, rescue by fumarate, obviating the need for succinate dehydrogenase, further implicates the mini-Tn5 Km insertion and not a downstream polarity effect as the cause of nonquiescence and reduced persistence of the *sdhA* mutant.

The *E. coli* CFT073 original clinical isolate is quiescent on glucose plates but generates very few persister cells in liquid glucose M9 minimal medium. As we were completing this study, we became aware of a paper reporting that the sequenced *E. coli* CFT073 (22), which has long been considered to be the wild-type strain, has a 5-bp duplication in *rpoS* which results in a truncated, nonfunctional RpoS (34). RpoS, often referred to as the alternative sigma factor σ^5, directs RNA polymerase to transcribe genes involved in the *E. coli* general stress response, e.g., acid resistance (35). The *E. coli* CFT073 strain used in this study does indeed have the 5-bp duplication in *rpoS* (M. P. Leatham-Jensen, unpublished results). We therefore obtained and tested the original clinical isolate of *E. coli* CFT073, which has a wild-type *rpoS* gene (34), for quiescence and persister cell formation. The *E. coli* CFT073 original clinical isolate is indeed quiescent on glucose plates and responds to lysine, methionine, and tyrosine like the *E. coli* CFT073 strain used here (Fig. 11), but it generates about 2,000-fold fewer persister cells in liquid glucose M9 minimal medium than the *rpoS* mutant used in the present study (Table 3). Therefore, it appears that the mutant *rpoS* gene is necessary for the high level of persistence observed but not for *E. coli* CFT073 quiescence on glucose plates.

**DISCUSSION**

The data presented here show that the uropathogen *E. coli* CFT073 and the probiotic *E. coli* Nissle 1917, both ST73 strains belonging to phylogenetic group B2, are quiescent on glucose plates seeded with ≥10^6 CFU, as are 35/45 (77.8%) additional ST73 strains tested. ST73 is a very common UPEC lineage (24, 25). In contrast, of 4 phylogenetic group A, 6 phylogenetic group B1, 6 phylogentic group D, 4 phylogenetic group ABD, and 4 phylogenetic group AxB1 strains, none (0/24) were quiescent. However, 9 of 40 randomly selected UPEC strains isolated from community-acquired UTIs in Denmark (22.5%) were quiescent on glucose plates (3/5 ST73 strains, 3/3 ST141 strains, 1/1 ST104 strain, 1/1 ST394 strain, and 1/1 ST998 strain). Thus, quiescence on glucose plates is common among UPEC isolates and is not restricted to one ST type.

The data presented here also show that the *E. coli* CFT073 original clinical isolate, like the *E. coli* CFT073 strain used here, which has a 5-bp duplication in *rpoS* that inactivates the gene (33), is quiescent on glucose plates (Fig. 11), but unlike the *E. coli* CFT073 strain used here, the *E. coli* CFT073 original clinical isolate generates a low level of persister cells in the presence of ampicillin (Table 3). Therefore, quiescence and persistence, while similar in some respects, i.e., both are prevented by amino acids and both require a complete oxidative TCA cycle, are not identical. In addition, quiescence and persis-
tence differ in that of the 5 E. coli CFT073 mini-Tn5 nonquiescent mutants isolated in the present study (gdhA, gnd, pykF, sdhA, and zwf mutants), only 2 (gdhA and sdhA) were deficient in persister cell formation (Table 3).

It has been reported previously, as reported here for E. coli CFT073, that deleting rpoS in E. coli K-12 also dramatically increases the formation of persister cells in the presence of ampicillin (36). Why then, does E. coli Nissle 1917, which has a wild-type
rpoS gene (36; M. P. Leatham-Jensen, unpublished results), generate at least as high a level of persister cells as *E. coli* CFT073 (Table 3)? *E. coli* Nissle 1917 would be expected to be acid resistant, since a wild-type rpoS gene is required for acid resistance; however, it has been reported to be extremely acid sensitive (37). This suggests the possibility that the *E. coli* Nissle 1917 rpoS gene may be poorly expressed or that RpoS is rapidly degraded, which is consistent with its generating as high a level of persister cells as the *E. coli* CFT073 rpoS mutant used here. Many *E. coli* strains contain wild-type rpoS genes that are expressed poorly relative to the rpoS expression in other strains (38).

While it is unclear why *E. coli* CFT073 gnd and zwf mutants are nonquiescent on

![FIG 11](image-url)
glucose plates, the reason why *E. coli* K-12 gnd and zwf mutants grow on glucose as the sole carbon source is known (29, 30). When *E. coli* K-12 is grown on glucose as the sole carbon source, glucose-6-phosphate dehydrogenase, encoded by *zwf*, and 6-phosphogluconate dehydrogenase, encoded by *gnd*, are used for the synthesis of ribulose-5-phosphate via the oxidative branch of the pentose phosphate pathway (Fig. 6) (28, 29). Ribulose-5-phosphate is an essential precursor in the synthesis of FAD, nucleotides, and LPS. Furthermore, both enzymes generate NADPH for biosynthesis. It might therefore seem surprising that mutations in *gnd* and *zwf* allow growth on glucose as the sole carbon source (Fig. 6). However, null mutations in *gnd* and *zwf* in *E. coli* K-12 do not significantly affect the growth of the mutants on glucose because the nonoxidative branch of the pentose phosphate pathway runs backwards in these mutants, generating ribulose-5-phosphate from fructose-6-phosphate and glyceraldehyde-3-phosphate (Fig. 6) (28, 29) and the necessary NADPH for biosynthesis by increased flux through the TCA cycle (28, 29). It is therefore possible that, for unknown mechanistic reasons, the oxidative branch of the pentose phosphate pathway operates minimally during quiescence for *E. coli* CFT073, generating little ribulose-5-phosphate, but that the *gnd* and *zwf* mutations cause the nonoxidative branch to run backwards and flux through the TCA cycle to increase, generating sufficient levels of ribulose-5-phosphate and NADPH to prevent quiescence. This scenario is consistent with the observation that ribose and xylose, both of which are metabolized in the nonoxidative branch of the pentose phosphate pathway, prevent quiescence when used as sole carbon sources (Fig. 2).

The *E. coli* CFT073 pykF mutant also grows on glucose as the sole carbon source. The *pykF* gene encodes pyruvate kinase, which converts phosphoenolpyruvate (PEP) to pyruvate (Fig. 6). There is a second pyruvate kinase, encoded by *pykA*, but during the growth of *E. coli* K-12 in glucose minimal medium, it contributes little to total pyruvate kinase activity (39). Moreover, in the complete absence of pyruvate kinase, pyruvate can still be generated in *E. coli* K-12 both through glucose transport via the phosphotransferase transport system (PTS) (40) and via the Entner-Doudoroff pathway (31, 38). Therefore, it is not surprising that the nonquiescent *E. coli* CFT073 pykF mutant can grow on glucose as sole carbon source, but why is it nonquiescent? It has been suggested that *pykF* mutants contain increased intracellular levels of PEP (30). If PEP, a common precursor in lysine, methionine, and tyrosine biosynthesis (Fig. 6), is increased in the *E. coli* CFT073 pykF mutant growing on glucose plates, sufficient intracellular levels of the 3 amino acids might be generated to stimulate growth and prevent quiescence.

The *gdhA* gene encodes glutamate dehydrogenase, which converts α-ketoglutarate to glutamate (Fig. 6). It is known that *E. coli* K-12 *gdhA* mutants grow on glucose as the sole carbon source in the absence of glutamate dehydrogenase because glutamate can also be synthesized via the sequential action of glutamine synthetase and glutamate synthase (31, 41). Therefore, it appears that the switch from producing glutamate via glutamate dehydrogenase to producing it via glutamine synthetase and glutamate synthase in *E. coli* CFT073 somehow prevents quiescence. It has been estimated that 88% of assimilated nitrogen in *E. coli*, including the nitrogen in amino acids, originates from glutamate, and the remaining 12% from glutamine (42). Perhaps glutamate and glutamine are in higher concentrations in *gdhA* mutants growing on glucose, which could contribute to higher intracellular levels of lysine, methionine, and tyrosine and, as a consequence, nonquiescence.

*E. coli* K-12 succinate dehydrogenase mutants grow on glucose as a sole carbon source because it is not necessary for the TCA cycle to function as a complete oxidative cycle to achieve growth (43). In fact, when growing on excess glucose, the *E. coli* K-12 TCA cycle operates in branched mode, i.e., an oxidative branch which runs from citrate to α-ketoglutarate and a reductive branch which runs backwards from oxaloacetate to succinyl-coenzyme A (CoA) (Fig. 6) (43). Succinate dehydrogenase is not necessary under these conditions, and both branches serve biosynthetic functions. As a result, neither branch is used for ATP generation (43). ATP is generated from glycolysis and via
the phosphotransacetylase (pta)-acetate kinase (ackA) pathway, producing acetate in the process (Fig. 6) (43). Therefore, it appears likely that forcing the TCA cycle to operate in branched mode somehow prevents E. coli CFT073 quiescence. In branched mode, the TCA cycle is unable to regenerate oxaloacetate and therefore gets oxaloacetate from PEP via PEP carboxylase (Ppc) (Fig. 6). Perhaps under these conditions, sufficient oxaloacetate is generated via Ppc to increase the intracellular levels of lysine and methionine (Fig. 6) and, consequently, prevent quiescence. In this vein, the addition of fumarate to glucose plates results in the return of the E. coli CFT073 sdhA mutant to quiescence, presumably by rescuing the ability of the TCA cycle to operate as a complete oxidative cycle. It should also be noted that an E. coli CFT073 succinate dehydrogenase mutant (sdhB) has been shown to be severely attenuated in an ascending UTI mouse model (44), indicating a possible link between in vitro nonquiescence and reduced pathogenesis in vivo.

While it is clear why the E. coli CFT073 mini-Tn5 Km nonquiescent mutants are capable of growth using glucose as the sole carbon source, it is not mechanistically clear why the mutations prevent quiescence on glucose plates. Possibly a gene encoding a regulator whose synthesis or activity is inhibited by various combinations of lysine, methionine, and tyrosine promotes quiescence. The regulator would presumably be expressed or active in the vast majority of E. coli CFT073 cells on glucose plates but in relatively few cells of the E. coli CFT073 mini-Tn5 Km nonquiescent mutants due to the complex metabolic changes that occur in such mutants (28–30, 39, 45, 46). If the expression and activity of a specific E. coli CFT073 regulator is critical for the generation of quiescence, such as toxin/antitoxin systems appear to be critical in generating persister cells (11, 47), screening more mini-Tn5 Km mutants may lead to its identification. Furthermore, it is unclear why the E. coli CFT073 gdhA and sdhA mutants generate far fewer persister cells than the gnd, zwf, and pykF mutants (Table 3). Metabolic flux analysis (28–30) and RNA-seq (48) may prove useful in this regard.

How might the findings reported here be relevant to recurrent UTI infections, and how might their relevance be tested? It is known that E. coli CFT073 utilizes amino acids and small peptides as carbon sources and a complete oxidative TCA cycle to infect the mouse urinary tract (44, 49), and it appears to import small peptides to grow in mouse urine in vitro (44). UPEC may also use peptides for growth in vivo in urine during human UTI (50). It is also known that E. coli CFT073 can infect mouse superficial facet cells and form intracellular biofilmlike communities (IBCs) (51) and, therefore, most likely can form quiescent intracellular reservoirs (QIRs) in underlying transitional cells. Furthermore, it seems reasonable that QIRs surviving antibiotic treatment serve as a reservoir for recurrent UTI infection after the withdrawal of antibiotics (8, 10), i.e., as transitional cells undergo apoptosis and released QIRs resume growth in urine, using peptides and amino acids in the process (44, 49, 50). However, it should be noted that the role of QIRs in recurrent UTI is still controversial. It has recently been shown that UPEC strains isolated from the feces and urine of female patients during recurrent episodes are identical, consistent with the possibility that recurrent UTI is caused by UPEC strains that colonize the intestine but periodically move to the urinary tract (52). Nevertheless, if the in vitro quiescence reported here mimics the QIR state and if QIRs are a major source of recurrent UTI, the E. coli CFT073 nonquiescent mutants we have isolated should be less able to establish QIRs in the mouse bladder and, therefore, be less able to cause recurrent UTI. If so, it is possible that drugs designed to inactivate the enzymes encoded by gdhA, gnd, pykF, sdhA, and zwf might be effective in limiting recurrent urinary tract infection. On the other hand, if the in vitro persistence state mimics the QIR state in mouse bladder cells, only the E. coli CFT073 gdhA and sdhA mutants should be less able to cause recurrent UTI, and if so, drugs designed to inactivate the enzymes encoded by gdhA and sdhA might be effective in limiting recurrent urinary tract infection. A recurrent UTI mouse model is available for testing these hypotheses (8).
**MATERIALS AND METHODS**

**Bacterial strains.** The *E. coli* CFT073, MG1655, and Nissle 1917 strains used in this study are listed in Table 1. The original *E. coli* K-12 strain was obtained from a stool sample from a convalescing diphtheria patient in Palo Alto, CA, in 1922 (12). The sequenced *E. coli* MG1655 strain (CGSC 7740) was derived from the original K-12 strain, having only been cured of the temperate bacteriophage lambda and the pK plasmid by means of UV light and acidic orange treatment (12). *E. coli* Nissle 1917 was originally isolated during World War I from a soldier who escaped a severe outbreak of diarrhea (13). It has a beneficial effect on several types of intestinal disorders, is well tolerated by humans, and has been marketed as a probiotic remedy against intestinal disorders in several European countries since the 1920s (13). *E. coli* strains tested for quiescence as described in “Testing additional *E. coli* strains for quiescence on glucose plates” and “Testing additional ST37 strains for quiescence on glucose plates” in Results are from the E. V. Sokurenko collection, and the *E. coli* strains used as described in “Testing 40 UPEC strains isolated from community-acquired UTIs in Denmark for quiescence on glucose plates” in Results are from the N. Frimodt-Møller and K. L. Nielsen collection.

**Media.** LB broth (Lennox) (Difco Laboratories) and LB agar (Lennox) (Difco Laboratories) were used for routine cultivation. SOC medium was prepared as described by Datsenko and Wanner (14). Liquid M9 minimal medium (15) and M9 minimal medium agar plates were supplemented with reagent grade (Sigma-Aldrich, Inc.) L-arabinose (0.2%, wt/vol), N-acetyl-D-glucosamine (0.2%, wt/vol), L-fucose (0.2%, wt/vol), D-fructose (0.2%, wt/vol), D-glucose (0.2%, wt/vol), D-galactose (0.2%, wt/vol), D-gluconate (0.2%, wt/vol), D-xylose (0.2%, wt/vol), potassium acetate (0.4%, wt/vol), sodium succinate (0.4%, wt/vol), and various amino acids, as indicated in Results. Since Difco Bacto agar contains impurities, M9 minimal medium agar plates were made with 1.6% Difco noble agar (Difco).

**Lawn assay for quiescence.** All *E. coli* strains were streaked from stored (–80°C) LB broth-grown cultures diluted 1:1 with 50% (vol/vol) glycerol to LB agar plates, which were incubated overnight at 37°C. A loopful of cells from each streak plate was then grown overnight in 10 ml of 0.4% glucose M9 minimal medium at 37°C with shaking in 125-ml tissue culture bottles. Routinely, 10⁶ CFU from an overnight culture was added to a culture tube containing 3 ml of liquid overlay medium (0.2% glucose M9 minimal medium, 0.7% Difco noble agar at 45°C). Each tube containing inoculated overlay medium was immediately poured onto a prewarmed (37°C) 0.2% glucose M9 minimal medium agar plate. Inoculated overlays were allowed to solidify (with lids slightly ajar) for 1 h at room temperature. In addition, as indicated, solidified inoculated overlays were stabbed with colonies of *E. coli* MG1655 grown on 0.4% glucose M9 minimal medium agar plates using sterile toothpicks, or were spotted with 5 μl to 20 μl of filtered *E. coli* MG1655 culture supernatant, human urine, or defined amino acid solutions. Spots were allowed to dry prior to incubation of plates. Plates were incubated for 24 h or 48 h at 37°C, as indicated. Strains that grew as lawns on 0.2% glucose M9 minimal medium agar plates were considered to be nonquiescent, and strains that grew in liquid 0.2% glucose M9 minimal medium, failed to grow on 0.2% glucose M9 minimal medium agar plates, but were stimulated to grow around *E. coli* MG1655 stabs were considered to be quiescent (see Results).

**Insertional mutagenesis.** Mini-Tn5 kanamycin (Km) mutants were constructed by insertional mutagenesis as described previously (16). Briefly, the donor strain *E. coli* ATM161 (17), carrying the suicide vector pUT, which contains the mini-Tn5 Km transposon, was conjugated with the recipient strain *E. coli* CFT073 Strr (Table 1) in the following manner. The donor and recipient strains were grown overnight, with shaking, in LB broth at 30°C. Aliquots of 100 μl of each culture were mixed together in 5 ml of 10 mM MgSO4 and filtered through a 0.45-μm-pore-size membrane filter (EMD Millipore). The filter was placed on the LB agar plate and incubated for 5 h at 37°C. Following incubation, the bacteria on the filter were suspended in 5 ml of 10 mM MgSO4, 100-μl aliquots of the suspension were plated on LB agar containing streptomycin sulfate (100 μg/ml) and kanamycin sulfate (80 μg/ml), and the plates were incubated for 18 h at 37°C. Individual mini-Tn5 Km mutant colonies were transferred on toothpicks to 2 LB agar plates, one lacking and one containing ampicillin sodium salt (100 μg/ml; Sigma-Aldrich, Inc.). Colonies that were ampicillin sensitive, signifying loss of the pUT suicide plasmid, were transferred on toothpicks to sterile 16-mm-diameter culture tubes containing 250 μl of 0.2% glucose M9 minimal medium. The culture tubes were incubated overnight at 37°C with shaking, and then 5 ml of M9 minimal medium lacking a carbon source was added to each tube and 3 μl from each tube was spotted on a 0.2% glucose M9 minimal medium agar plate. The spots were allowed to dry (with lids slightly ajar), and the plates were incubated overnight at 37°C. Each spotted mini-Tn5 Km mutant that grew was restreaked by seeding 10⁴ CFU of an overnight 10-ml 0.4% glucose M9 minimal medium liquid culture on a 0.2% glucose M9 minimal medium agar plate and incubating at 37°C for 24 h. The gene inactivated in each of the mini-Tn5 Km mutants that grew as a lawn was determined by arbitrary PCR (18), as described below. In addition, to be sure that the mini-Tn5 Km insertion was the cause of the ability of the individual mutants to grow on glucose plates, the insertion in each mutant was transferred into a fresh *E. coli* CFT073 Strr background by the method of Wanner and Datsenko (14). Each mutant thus obtained was confirmed for the ability to grow as a lawn on glucose plates and for the position of the insertion within the *E. coli* CFT073 chromosome by both PCR and sequencing (Table 1 lists the primers used). Five confirmed mutants were isolated from approximately 2,000 mini-Tn5 Km mutants tested.

**Arbitrary PCR.** Arbitrary PCR was performed as described previously (18). Genomic DNA was isolated from *E. coli* CFT073 mini-Tn5 Km mutants using the Wizard genomic DNA purification kit (Promega). The first round of PCR was performed in 25-μl reaction mixture volumes containing 1× standard Taq reaction buffer (New England Biolabs, Inc.), 2 mM deoxynucleoside triphosphates, 100 μM arbitrary primer 1
TABLE 4 PCR primer sequences for amplifying mutant genes containing mini-Tn5 Km insertions

<table>
<thead>
<tr>
<th>Gene</th>
<th>Primer 1 (5’→3’)</th>
<th>Primer 2 (5’→3’)</th>
</tr>
</thead>
<tbody>
<tr>
<td>gdhA</td>
<td>GATGGTGCAAGGCGAGATTAC</td>
<td>CAGAGGCTCAATGGCGCTTAC</td>
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<tr>
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<tr>
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<td>TTTCCGGGATCAAGCTGAG</td>
</tr>
<tr>
<td>zwf</td>
<td>CCGGTAAATACATACATAAGGATAAGC</td>
<td>GAGATGACATGGCGGTAC</td>
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(5’ GGGCCACGGGTCGACTACAGTACNNNNNNNNNNNGATAT 3’), 10 μM Tn5-specific primer (5’ TCTGGATTTGCTAGCAGGCTC 3’), Taq DNA polymerase (2 units; New England Biolabs, Inc.), and DNA from 1.25 μl of an overnight LB broth culture. The first-round cycling conditions were as follows: (i) 4 min at 95°C, (ii) 6 cycles of 30 s at 95°C, 30 s at 90°C, and 1.5 min at 72°C, (iii) 30 cycles of 30 s at 95°C, 30 s at 45°C, and 2 min at 72°C, and (iv) 4 min at 72°C. The second round of PCR used standard conditions and cycling as follows: (i) 4 min at 95°C, (ii) 35 cycles of 30 s at 95°C, 30 s at 55°C, and 2 min at 72°C, and (iii) 4 min at 72°C, with 0.5 μl of the first-round PCR product as the template, 10 μM arbitrary primer 2 (5’ GGGCCACGGGTCGACTACAGTACNNNNNNNNNNNGATAT 3’), and 10 μM of a second Tn5-specific primer (5’ TTACCGAGGCTTGATGACCAAGTGC 3’). The second-round PCR products were column purified with a QiAquick PCR purification kit (Qiagen) and sequenced using a third Tn5-specific primer (5’ GTACCTGCTCTGATGACCAAGTGC 3’). DNA sequencing was done at the URI Genomics and Sequencing Center, University of Rhode Island, Kingston, RI, using an Applied Biosystems 3130xl genetic analyzer (Applied Biosystems, Foster City, CA). A BigDye Terminator cycle sequencing kit (version 3.1; Applied Biosystems) was used for the sequencing reactions. The sequences were compared with the GenBank DNA sequence database using the BLASTX program.

Identification and quantitation of amino acids in E. coli MG1655 and E. coli CFT073 50-fold-concentrated culture supernatants. E. coli MG1655 was grown overnight in five 10-ml cultures in liquid 0.4% glucose M9 minimal medium with shaking at 37°C in 125-ml tissue culture bottles. The cultures were pooled, and cells were centrifuged for 10 min at 8,000 × g and resuspended in 1 ml of 0.2% glucose M9 minimal medium. The 50-fold-concentrated cultures were incubated standing overnight at 37°C in 1.5-ml centrifuge tubes (Celltreat Scientific Products). Cells were then centrifuged at 16,000 × g for 3 min, and the supernatant was removed and filtered free of bacteria using a 0.22-μm mixed cellulose ester (MCE) syringe filter (Fisherbrand). E. coli CFT073 concentrated culture supernatants were prepared identically.

The amino acids in 50-fold-concentrated culture supernatants were identified and quantified using a slightly modified version of a method described by Yuan et al. (19). The method uses the AccQ-Tag amino acid analysis method (Waters Corp., Milford, MA) with a pre-column derivatization kit (http://www.waters.com/webassets/cms/support/docs/wat0052881.pdf). Acid hydrolysis was not included in the derivatization step to ensure that only free amino acids were quantified. The method uses high-performance liquid chromatography (HPLC) to separate the derivatized amino acids and a fluorescence detector to identify and quantify them. The chromatographic method using AccQ tag eluent A (solvent A) and 60% acetonitrile in water (solvent B) was as follows: consecutive linear gradients of 0 to 2% B over 0.5 min; 2 to 7% B over 14.5 min; 7 to 10% B over 4 min; 10 to 20% B over 11 min; 20 to 36% B over 11 min; and 36 to 100% B over 5 min. The method totals 45 min of gradients and an additional 11-min washout phase. The flow rate was constant at 0.7 ml/min using a Waters AccQ Tag column (150 by 3.9 mm) held at a 40°C and injecting 5-μl aliquots. The fluorescence detector was set to an excitation wavelength of 250 nm and emission wavelength of 395 nm, according to the manufacturer’s instructions. Amino acids were identified by comparison to derivatized amino acid reference standards in the following order: tryptophan, 6-aminquinoline (AMQ; a product of the derivatization process), aspartic acid, serine, glutamic acid, glycine, histidine, ammonium ion, arginine, threonine, alanine, proline, cysteine, tyrosine, valine, methionine, lysine, isoleucine, leucine, phenylalanine. A calibration curve was generated to quantify each amino acid present.

Persister assay. Overnight cultures in liquid 0.4% glucose M9 minimal medium were grown as described in “Lawn assay for quiescence” above. Cultures were then diluted 20-fold into 10 ml of fresh 0.2% glucose M9 minimal medium (A600 of 0.1, 10^9 CFU/ml) in both the presence and absence of ampicillin sodium salt (100 μg/ml; Sigma-Aldrich, Inc.). The cultures were incubated with shaking at 37°C, and viable counts on LB agar plates were determined at 2, 4, 6, and 24 h. To determine whether cells surviving at 24 h in the presence of ampicillin were persister cells or ampicillin-resistant mutants, 5-ml amounts were washed free of ampicillin by centrifuging at 16,000 × g for 3 min, washing cell pellets twice in 5 ml of fresh 0.2% glucose M9 minimal medium, and resuspending cells in 5 ml of LB broth. Each 5-ml culture was then grown for 2.25 h at 37°C with shaking in a 125-ml tissue culture bottle, at which time a sample was taken for viable count. Ampicillin sodium salt (100 μg/ml) was then added to each culture, and 4 h later, a sample was again taken for viable count assay on LB agar plates. Plates were incubated at 37°C for 18 h prior to counting.

Photography. Images of agar plates were made using a Bio-Rad Molecular imager Gel Doc XR+ system with Image Lab Software.

Statistics. The mean results and standard deviations of the data are presented in Table 4. The data in Fig. 4, 5, 7, 8, and 9 were compared by a two-tailed Student’s t test. P values of ≤0.05 were interpreted as indicating a significant difference.
ACKNOWLEDGMENTS

This research was supported by Public Health Service grants GM095370 (P.S.C.) and AI106007 (E.V.S.).

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