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Gufler, Sandra Rejnholdt; Smith-Nielsen, Johanne; Værøe, Mette Skovgaard; Harder, Susanne

Publication date: 2014

Document version
Early version, also known as pre-print

Citation for published version (APA):
Different amounts of protest in 4-month-old infants of depressed vs. non-depressed mothers

Sandra Gulfer, M.Sc., Johanne Smith-Nielsen, M.Sc., Mette Væver, Ph.D., Susanne Harder, Ph.D.
Copenhagen University, Babylab

Contact: Sandra.Gulfer@psy.au.dk

Abstract
Amount of vocal protest was measured in 4-month-old infants of depressed vs. non-depressed mothers during 10 minute face-to-face interaction. The sample consisted of a two groups of mothers with their infants: depressed (n=20) and non-depressed (n=49), in total N=69. Vocal protest was measured using PRAAT phonetic software and manual, reliable coding. Results showed that infants of depressed mothers expressed a lower amount of vocal protest compared to infants of non-depressed mothers as measured in mean percentage of time (p<.001).

Background
A significantly heightened amount of protest has previously been reported for infants of depressed mothers during face-to-face interaction (Field, Healy, Goldstein, & Garthz, 1996). The other studies have also reported a heightened amount of protest in infants of depressed mothers on a tendency level (Murray, Foa-Crowley, Hooper, & Cooper, 1996; Friedman, Beebe, Jaffe, Ross, & Trigg, 1996). Previous studies have predominantly used composite multiparameterial measures, which measure several modalities together (Field et al., 1996; Murray et al., 1996). However, multimodal measures may cover up so-called discordant affects (the infant is expressing converging affects through different modalities), which have been detected in infants of depressed mother (Beebe et al., 2008).

Aim
The aim of the present study was to measure amount of infant protest in infants of depressed vs. non-depressed mothers. Instead of the measured through a single modality, the vocal modality, which has been found to be the most salient system through which both mother and infant communicate with each other at 4 months (Van Egeren, Barnatt, & Reisch, 2001).

Method
Participants
The sample consisted of 69–66 primiparous mothers and their infants from the urban Copenhagen area with PPD group (n=20) and non-depressed group (n=49). Inclusion criteria were: Primiparous mother, healthy infant, mother at least 18 years, living in the Copenhagen area, normal hearing and vision abilities. Exclusion criteria were: Psychosis and/or presence of co-morbid bipolar disorder and abuse of any substances.

Measures
Depression status was measured with the self-report measure Edinburgh Postnatal Depression Status (EPDS) and the standardized psychiatric interview Present State Examination (PSE). Wing, Cooper, & Smith, 1965, were administered by a clinical psychologist as enrollment in both groups.

Procedure
Set-up
The interaction took place according to a standardized design of mother-infant face-to-face interaction. Mother and infant were seated in front of each other at a distance of approximately 50 cm, the infant in an infant seat and the mother on a small chair. Vocal recordings were made using individually head-mounted high quality microphones. The mother was instructed to play with their infants as she would usually do at home.

Audio recording
Ten minutes of mother-infant face-to-face interaction were recorded. Recordings were aborted if the infant cried excessively (more than 30 seconds in succession). 11 of the 49 recordings (22.4%) of the control group were aborted before the ten minutes had passed due to the infant protesting. None of the 17 depressed interactions were aborted.

Vocal coding and reliability
Acoustic analysis and labeling was carried out using PRAAT software for phonetic analysis. The recordings were segmented into speech and non-speech intervals using a semi-automated procedure during which possible segments of speech were first identified based on intensity threshold levels. The segments were then verified and adjusted manually and infant vocalizations were reliably separated into positive (protest) and neutral–positive vocalizations by blind coders. Coders were trained to achieve reliability at minimum kappa (K) ≥ 0.60 for event and ≥ 0.80 for percentage agreement, which is considered acceptable (Cohen, 1988). Inter-rater reliability was calculated for 20% of each recording. Time-based and event-based kappa was calculated with sequential analysis software (Bakeman & Quera, 2011). For protest time-based K = 0.82 and the K for the 0.84, % = 90. Seven files were consensus-coded because reliability could not be reached.

Ethics
All participants were thoroughly informed about the project and all signed a consent form. All participants in the depressed group were offered thorough feedback after all visits and were offered to participate in a short-term cognitive behavioral group therapy.

Data Analysis
Data was analyzed performing an independent sample t-test using IBM SPSS Statistics 19.

Results
Maternal and infant characteristics
Basic characteristics of the infants are presented in Table 1. No significant differences were found in maternal age, single parent status, maternal unemployment status, maternal years of education, infant gender or infant birth weight. The two groups only differed according to depression diagnosis.

Protest results
On average, infants of non-depressed mothers showed a higher percentage of time in protest (M = 11.56, SD = 4.165) than infants of depressed mothers (M = 2.31, SD = 4.78). This difference was highly significant (t(63.92) = 3.61, p = .001).

Discussion
Contrary to previous findings, the results of the present study showed a lowered amount of vocal protest in infants of depressed mothers. Possible interpretations will now be discussed. Figure 1 shows the results from the present and previous studies. One possible explanation is the use of different measures. However, only across the depressed samples does the measurement seem to largely impact the amount of protest. This could be explained by the presence of discordant affect in the infants of depressed mothers, which would result in different amount of protest when different modalities are measured.

Sample characteristics might have affected the results. The depressed women in the present sample can be considered low-risk (Table 1), while Field has often used particularly high-risk samples. Interactions of high-risk infant-mother dyads are qualitatively and quantitatively different (Murray & Cooper, 1997; Field, 1967). Furthermore, it has been argued that there are different types of depressed mothers characterized by different behavior patterns in mother and infant (Cohn, Malas, Tronick, Cornell, & Lyons-Ruth, 1986; Tronick & Weinberg, 1997; Field; Hernandez-Rafel & Diegos, 2005). Infants of under stimulatig depressive mothers were found to have been less often in the infants of the present study are 16 weeks, while infants in the other studies are younger (8-11 weeks, 13.6 weeks, and 14.8 weeks). The differences in age are relatively small, however an infant might experience many interactions on a daily basis, making the experience on which they base their behavior accumulate quickly.

Finally, the infants of depressed mothers might as a group show both a heightened and a lowered amount of protest. Adopting Beebe’s mid-range model for interpretation would indicate that the different depressed samples are facing different types of regulatory differences. A heightened amount of protest would indicate that the infant is preoccupied with the interactive regulation, while a lowered amount would indicate that the infant has turned to self-regulation (Beebe, Rustin, Sorter, & Kniblaus 2005).

Conclusions
Protest in infants of low-risk amount of protest in infants of depressed mothers, while previous studies have detected higher amounts. The relatively small sample size of the depressed group should be taken into account. However, findings of both a higher and a lower amount of protest in infants of depressed mothers might be explained by a model where a mid-range amount is seen as optimal. Operating outside the “mid-range” could be understood as attempts to cope with interactional disturbances by heightening or lowering the response.

References