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Ciprofloxacin intercalated in fluorohectorite clay: identical pure drug activity and toxicity with higher adsorption and controlled release rate

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Different natural clay minerals, including halloysite, montmorillonite and kaolinite, have been proven to be efficient drug carriers providing for high and long lasting drug concentrations owing to their adsorption capacity and ion exchange property. Synthetic clays, however, are advantageous over the natural clay minerals in terms of purity of composition and controllable cation exchange capacity, factors that contribute to improve reproducibility of the host system. Here we studied a synthetic smectite clay as a candidate for high adsorption and controlled release rate. Via X-ray powder diffraction we verified that, under acidic conditions, the antibiotic ciprofloxacin was successfully incorporated in the synthetic clay fluorohectorite, while via UV-VIS spectroscopy we showed that the degree of the drug incorporation is at least 25% higher than for other systems reported in the literature. Furthermore, temperature dependent release studies allowed us to show that the release process is thermally activated and diffusion-controlled. Finally, via bacterial and toxicological tests, we demonstrated that the effectiveness and toxicity of pure ciprofloxacin is unaffected in the clay–drug complex.

Introduction

Controlled drug release systems show several advantages over conventional dosage forms. Besides manipulating the release rate, drug encapsulation offers, among others, protection against drug hydrolysis, chemical degradation as well as decrease in drug toxicity.1–5 Over the last decade, different porous materials have been used as hosts for drug encapsulation,6–12 including natural and synthetic smectite clays.5,13–17 Important factors that facilitate drug intercalation in clay systems are: (i) clay particles undergo crystalline swelling,18–20 (ii) the tunability of their net negative structural charge by isomorphic substitution of the interlayer cation20 and (iii) their non-toxicity for transdermal application and oral administration.14,15,17 Among clay minerals, montmorillonite has been the most commonly studied for drug delivery applications.14,15,21,22,23 Although, compared with natural smectites, synthetic clays show a number of advantages that contribute to improved reproducibility of the host system, such as purity of composition, controllable cation exchange capacity (CEC) and pore size distributions, not many studies have been devoted to the study of drugs encapsulated in synthetic clays.13,24 It is in this context that the current study focuses on intercalation and release of the antibiotic ciprofloxacin (CIPRO) in the synthetic clay fluorohectorite (Fh).

CIPRO, a broad-spectrum antibacterial agent for oral administration, is used to treat bacterial infections.25–28 Like other fluoroquinolones, CIPRO is zwitterionic exhibiting a ‘U-shaped’ pH-solubility profile, with a solubility that increases at high and low pH values. At high pHs CIPRO acquires a negative charge because of the deprotonation of the carboxylic group, whereas at low pHs the CIPRO molecules become positively charged because of the protonation of the amine group. Furthermore, a neutral net charge is observed around neutral pH.14,18,19 Smectite clays, such as Fh, consist of deck-of-card-like particles formed by several negatively charged stacked clay unit layers, including intercalated charge compensating cations. Cations exchange processes are readily achieved in such systems.10,11 Furthermore previous work dealing with the encapsulation of CIPRO in LiFh13 motivated us to investigate the possibility of CIPRO adsorption by intercalation under acidic conditions, where the CIPRO molecules are positively charged and, in this context, might “act” as cations.
In the present study, we use X-ray powder diffraction (XRD) and ultraviolet-visible spectroscopy (UV-VIS) to investigate the suitability of Li-fluorohectorite (LiFh) to incorporate CIPRO, forming a clay–drug composite, hereafter called CPFh. The CPFh adsorption is studied under acidic conditions and its release by dispersing the clay–drug composite in synthetic gastric acid (SGA). Based on these results we show that at body temperature the drug release is thermally activated. In addition, by means of minimum inhibitory and bactericidal concentrations (MIC and MBC, respectively) as well as cell viability tests we show that antibacterial activity and toxicity of the clay–drug complex match that of pure CIPRO.

**Experimental**

**Materials**

Fluorohectorite has the unit cell chemical formula $C_{14}(Mg_{6.5}Li_{1.5})Si_8O_{20}F_4$, with $C$ denoting the exchangeable charge compensating cation. In this study we used LiFh, Li$_2$Mg$_4$Si$_8$O$_{20}$F$_4$, purchased from Corning Inc. with Li$^+$ as cation. CIPRO, $C_{17}H_{18}FN_3O_3$, was purchased from Fluka via Sigma-Aldrich. Both materials were used as received, i.e., without further purification.

**Preparation of CPFh intercalated in Fh: the CPFh composite analysed with UV-VIS spectroscopy and synchrotron XRD**

The molecular weight of the CIPRO molecule is 331.3 g mol$^{-1}$, and the molecular weight of the LiFh unit cell is 754 g mol$^{-1}$. Thus, the formation of CPFh requires at least 0.53 g of ciprofloxacin per 1.00 g of LiFh, assuming that every intercalated Li$^+$ cation in LiFh is exchanged with one CIPRO molecule. Then the molecular weight of the resulting CPFh unit cell, with chemical formula $(C_{17}H_{18}FN_3O_3)_{1.2}(Mg_{4a}Li_{1.2})Si_8O_{20}F_4$, would be about 1143 g mol$^{-1}$.

Following this line of reasoning, to investigate the amount of CIPRO needed for complete exchange of Li cations the CPFh composite was prepared by mixing either 0.25 g of CIPRO with 1.00 g of LiFh (hereafter referred to as batch A) or 1.00 g of CIPRO with 1.00 g of LiFh (hereafter referred to as batch B) in 200 mL of an aqueous solution adjusted to pH ¼ 1.5 by adding HCl. For the release experiments, 25 mg of washed and dried CPFh from batch B were added to 50 mL of the SGA solution at 24 °C, 37 °C, 55 °C and 70 °C, and stirred. At certain times, the solutions were centrifuged, and aliquots of 0.25 mL were extracted from the supernatant for analysis. The solutions were re-stirred between each centrifugation and extraction.

**CIPRO-release from the CPFh composite at pH 1.5 as a function of time and temperature, analysed with UV-VIS spectroscopy**

Release studies were conducted in a SGA solution, which was prepared by adding 2.00 g of NaCl to 1.00 L of deionized water adjusted to pH ¼ 1.5 by adding HCl. For the release experiments, 25 mg of washed and dried CPFh from batch B were added to 50 mL of the SGA solution at 24 °C, 37 °C, 55 °C and 70 °C, and stirred. At certain times, the solutions were centrifuged, and aliquots of 0.25 mL were extracted from the supernatant for analysis. The solutions were re-stirred between each centrifugation and extraction.

**Minimal inhibitory concentration (MIC) and minimal bactericidal concentration (MBC) determination**

Standard MIC and MBC assays were done by the micro dilution method essentially as described in standard protocols in order to determine the efficiency of the clay–drug complex against Gram-negative (Escherichia coli ATCC® 25922™; Pseudomonas aeruginosa ATCC® 27853™; Acinetobacter baumannii ATCC® 19606™; Klebsiella pneumoniae® 700603™) and Gram-positive (Staphylococcus aureus ATCC® 29213™; Enterococcus faecalis ATCC® 29212™) human pathogens. The same was done for pure CIPRO and LiFh.

The diluted bacterial cultures for the MIC and MBC determination were prepared by growing the cultures to OD$_{600}$ ≥ 0.1 in 10 mL of cation adjusted Mueller–Hinton broth (pH 7.3; CAMHB). Cultures were diluted in CAMHB so that the final concentration was $5 \times 10^6$ bacteria per mL during the MID test. Compounds for antimicrobial activity testing were added as a twofold dilution series.

MBC were determined by plating 100 µl of cells from the 1 × MIC, 2 × MIC and 4 × MIC wells on non-selective LB-agar plates. The MBC was defined as the compound concentration that killed 99.9% of the starter inoculum.

**Toxicity determination**

Human Jurkat cells (ATCC) were maintained in Dulbecco’s Modified Eagle medium (Gibco) supplemented with 10% fetal-
calf serum (Invitrogen), and 2 mM glutamine (Sigma-Aldrich) at 37 °C in a humidified atmosphere containing 5% CO₂. For cell viability assays the cells were seeded in CELLline bioreactor flasks (Sigma-Aldrich). After 48 h cell viability was determined by counting cells stained with Trypan Blue (Sigma-Aldrich) at a final concentration of 0.2%.

Results and discussion

CIPRO intercalation

XRD patterns obtained for the CPFh powders, batch A, are shown in Fig. 1. The 001 and 002 Bragg reflections correspond to an interlayer periodicity of 2.2 nm. This is markedly larger than the interlayer periodicity of the native LiFh, which in the monohydrated state is 1.2 nm. Such interlayer expansion is a clear indication of the successful intercalation of CIPRO into the clay interlayers. Under acidic conditions no significant differences between samples prepared at ambient or elevated temperatures were observed (inset of Fig. 1). Because we do not observe significant changes in diffraction profiles from samples extracted after 5 hours (CPFh – 5 hours) and 13 days (CPFh – 13 days), it appears that the intercalation process is completed in less than a day. Under acidic condition, because of the loss of crystallinity of the intercalated drug, the Bragg reflections of pure CIPRO are absent in the CPFh diffraction patterns. Samples prepared at pure deionized water, batch C, show a more complex scattering profile, as depicted in Fig. 2, which is in full agreement with the previous studies on CIPRO intercalated into Fh.

The results obtained from the batch C can be understood as follows. At room temperature, when the clay particles are dispersed into deionized water, the pH of the solution is driven towards around 9. However, the charge of the CIPRO molecules is pH-dependent, with an acid dissociation constant $\text{pK}_a = 8.7, 26$. Thus, in such conditions, the CIPRO molecules might be either in the anionic or neutral forms, and may not intercalate easily. On heating, a very convoluted variation of CIPRO’s net charge occurs, most likely due to a different degree of drug intercalation, that gives rise to a more convoluted X-ray pattern (inset of Fig. 2), that could partially be linked to the temperature dependence of the pH.

For the samples prepared under controlled pH, batches A and B, UV-VIS spectroscopy shows that after 24 h of mixing stable CIPRO concentrations are reached, which were measured to be respectively $0.25 \pm 0.01$ g and $0.49 \pm 0.01$ g per 1.00 g of LiFh. Although for the batch A all the added CIPRO was retained in the resulting CPFh composite, this is not the optimal situation as the estimated saturation amount is 0.53 g of CIPRO per 1.00 g of LiFh. Therefore, for this batch, not all cations were exchanged by the drug molecules. On the other hand, for batch B the amount of drug retained is not only close to the calculated saturation amount but higher than the amount of CIPRO adsorbed to Fh without pH control (0.350 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$). This value is also considerably higher than what is adsorbed by other host systems, such as rectorite: 0.135 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$, montmorillonite: 0.395 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$, oxidized xerogel: 0.060 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$, chemically prepared carbon (wet): 0.133 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$, vermiculite modified with amphoteric surfactant of phosphatidylcholine: 0.094 g$_{\text{CIPRO}}$ g$_{\text{Host}}^{-1}$. Based on these results drug release analysis was performed on batch B only.

![Fig. 1](image_url)  
**Fig. 1** Powder X-ray diffraction patterns from monohydrated LiFh, CIPRO and CPFh prepared at room temperature in acid solution (pH = 2), batch A. The CPFh XRD patterns presented in this figure are from samples extracted after 5 hours (CPFh – 5 hours) and 13 days (CPFh – 13 days) of mixing. The inset presents the XRD patterns for samples prepared at room temperature (CPFh – 24 °C) and at 70 °C (CPFh – 70 °C), both extracted after 13 days of mixing.
CIPRO release

Release studies from samples from the batch B were conducted in SGA at room temperature (24 ± 1 °C), body temperature (37 ± 2 °C) and at 55 ± 2 °C and 70 ± 3 °C. CIPRO release is gradual and temperature dependent, with higher temperatures favouring a faster release (Fig. 3). The release profile shows a plateau in roughly 50 hours at 70 °C, 165 hours at 55 °C and 37 °C, and after more than 200 hours at 24 °C.

A series of factors can influence the drug release from a given system resulting in different release rates, such as temperature, the host shape and porosity as well as solubility and diffusivity of the drug molecule itself. Over the years, a wide number of models have been derived from the Fick’s diffusion law and proposed to explain drug release. Here we applied the semi empirical Korsmeyer–Peppas model to describe the CIPRO’s release from LiFh. This is a power law which relates the fraction of drug released (\( f_t \)) to time (\( t \)) and is used to fit data within 60% of the fraction of drug released as follows:

\[
\begin{align*}
  f_t &= k_{KP} t^n \\
  \ln(f_t) &= n \ln(k) + n \ln(t)
\end{align*}
\] (1)

where, \( n \) and \( k_{KP} \) are respectively the release exponent and constant, which are related to the release mechanism and to the physical and geometric characteristics of the drug delivery system. In the case of a slab geometry, \( n = 0.5 \) characterizes a release driven by Fickian diffusion, for \( 0.5 < n < 1 \) the release is characterized by anomalous diffusion, and finally, for \( n = 1 \), the diffusion is non-Fickian and the release rate is time-independent. The latter is especially appropriate for medical treatments that demand a stable level of the drug into the organism, such as antibiotics.

If in a particular temperature range, the drug release is mostly thermally activated, all other factors influencing the release can be neglected, i.e. host geometry, solubility and diffusivity of the drug molecule itself as well as concentration of incorporated drug. Therefore, the release rate can be described by the Arrhenius equation

\[
k = A e^{\frac{E_u}{RT}}
\] (2)

where \( A \) is the pre-exponential factor, \( T \) the temperature in Kelvin, \( R \) the gas constant and \( E_u \) the average activation energy. Then if we define that \( k_{KP} \) is related to \( k \) by a power law, with \( n \) as exponent, eqn (1) becomes

\[
\ln(f_t) = n \ln(k) + n \ln(t)
\] (3)

Taking the logarithm in both sides of eqn (3) and reorganizing the terms, we get

\[
\ln(f_t) = n \ln(k) + n \ln(t)
\] (4)

According to eqn (4), if the assumption that the CIPRO’s release is mostly thermally activated, by plotting \( \ln(f_t) \) versus \( \ln(t) \) a straight line would be obtained and its slope would be numerically equal to the release exponent. Such plot presented as inset in Fig. 3, shows that indeed a straight line can be fitted at least in the first 20 hours of the drug release process, \( (\ln(20) \equiv 3) \). The fitting results are summarized in Table 1, where one see that \( n \) becomes larger than 0.5 as the temperature

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**Fig. 2** Powder X-ray diffraction patterns from monohydrated LiFh, CIPRO and CPFh prepared at room temperature in deionized water with no pH control, batch C. The CPFh XRD patterns presented in this figure are from samples extracted after 5 hours (CPFh – 5 hours) and 13 days (CPFh – 13 days) of mixing. The inset presents the XRD patterns for samples prepared at room temperature (CPFh – 24 °C) and at 70 °C (CPFh – 70 °C), both extracted after 13 days of mixing.
approaches body temperature, indicating an anomalous drug diffusion from the clay particles.\textsuperscript{45}

The average activation energy $E_a$ for the CIPRO’s release can be calculated from the slope of the straight line obtained by plotting $\ln(k)$ versus $1/T$ (Arrhenius plot), as depicted in Fig. 4a. According to that, $E_a$ is numerically equal to the slope times the gas constant $R$, resulting in $22.0 \pm 0.5$ kJ mol$^{-1}$ and indicating that the release process is diffusion-controlled.\textsuperscript{46}

In order to further verify our assumption that the CIPRO’s release is mostly a thermally activated process and thereby confirm the accuracy of the activation energy found from the Arrhenius plot (Fig. 4a), eqn (2) was replaced into eqn (4) giving:

$$\frac{\ln(f_f)}{n} - \ln(t) = \ln(A) - \frac{E_a}{RT}$$

where $E_a$ is the instantaneous activation energy at the time $t$. If a process is exclusively thermally activated, using this approach the data points obtained for each temperature at different experimental times will collapse to the same point and a master curve obtained if all the temperatures are considered.

Fig. 4b shows the plot of the left hand of eqn (5) versus $1000/T$ for the 20 first hours of CIPRO release, when the Arrhenius behaviour is valid (linear dependence shown in the inset of Fig. 3). The dispersion between the points for different times is larger at 70 °C (at 70 °C, $1000/T = 2.91$), indicating that in this temperature other factors are influencing CIPRO release, as for example possibly changes in the aspect ratio of the clay particles due to delamination.\textsuperscript{13} On the other hand, at body temperature, with exception of the data collected after 8 hours of release, the collapsing is almost perfect. This is yet another clear indication that at this temperature the release is mostly thermally activated. From the slopes of each curve at Fig. 4b, an instantaneous activation energy was obtained. These values confirm the average activation energy of 22 kJ mol$^{-1}$ as depicted in Fig. 4c.

As the activation energy obtained in this work is three times lower than the value previously reported for the CPFh system prepared without pH control (67 kJ mol$^{-1}$; pH around 8),\textsuperscript{11} our results show that the release of CIPRO from samples prepared at acidic pH is facilitated. Indeed a faster CIPRO’s release at 37 °C in synthetic gastric acid (around 80% of the drug is release after 50 hours, Fig. 3) is observed when comparing the release data from samples prepared without pH control (around 35% of the drug is release after 50 hours (ref. 13)). These differences together with the dissimilarity in the amount of CIPRO captured by Fh with and without pH control, 0.49 g$_{\text{CIPRO}}$ g$_{\text{host}}$\textsuperscript{-1} (this work) and 0.35 g$_{\text{CIPRO}}$ g$_{\text{host}}$\textsuperscript{-1},\textsuperscript{13} further confirm that for samples

\begin{table}
\centering
\begin{tabular}{|c|c|c|}
\hline
Temperature & $n$ & $k$ (h$^{-1}$) \\
\hline
24 °C & 0.85 ± 0.07 & 0.009 ± 0.004 \\
37 °C & 0.81 ± 0.06 & 0.024 ± 0.008 \\
55 °C & 0.59 ± 0.09 & 0.019 ± 0.007 \\
70 °C & 0.34 ± 0.06 & 0.037 ± 0.009 \\
\hline
\end{tabular}
\caption{Release exponent $n$ and release constant $k$ obtained from the fitting of the Korsmeyer–Peppas model to the release profile curves of CPFh samples (batch B) obtained at different temperatures}
\end{table}
prepared at pH = 2 the interactions between the drug and the clay are weaker.47

Moreover, the activation energy reported in this work for the CIPRO release is close to the value reported for the adsorption of this drug via cation exchange onto a carbon matrix chemically prepared from palm leaflets49 (17 kJ mol⁻¹) and to the activation energy found by Crosson et al. for the sorption of denatonium onto the synthetic smectite montmorillonite (25.9 kJ mol⁻¹).48 Furthermore, the obtained $E_a$ value is within the range of ion exchange in mesoporous and macro porous materials (24–40 kJ mol⁻¹).49 Together these findings support the idea that the CIPRO's release is governed by cation exchange.

Toxicity and antibacterial tests

The toxicity of CPFh was determined by analyzing the viability of human Jurkat cells in tissue culture after 48 hours in the presence of the clay-drug complex and comparing with the toxicity of the pure drug. Fig. 5 shows the results for both CIPRO and CPFh. In both cases, only at high concentrations we observe a slight reduction in cell viability. Hence, at 0.1 mg mL⁻¹ approximately 90% of the cells were viable, showing that the clay–drug complex, CPFh, preserve the same toxicity as the pure CIPRO.

The minimum inhibitory and bactericidal concentrations of CIPRO and CPFh, together with the minimum inhibitory concentration of LiFh for E. coli, P. aeruginosa, A. baumannii, K. pneumoniae, S. aureus and E. faecalis are presented in Table 2. One may notice that LiFh showed no antimicrobial activity towards any of these pathogens in contrast to CIPRO and CPFh that are effective against the same bacteria. With exception of P. aeruginosa, MIC = MBC for both the pure drug and the clay-drug complex, which is an expected result given the mode of action of CIPRO.50 Comparing the antibactericidal efficacy of CPFh with the pure CIPRO we notice that the concentration of CPFh needed to inhibit bacterial growth is two to four times higher than the pure drug. This does however not indicate a reduced activity of the clay–drug complex relative to that of the pure drug: the UV-VIS results demonstrate that 1.49 g of CPFh...
contains up to 0.49 g of CIPRO, meaning that about 33% of CPFh is composed of cipro while the remaining 67% is the carrier. Taking this into account, we conclude that the antibacterial efficacy of CPFh is similar to that of pure CIPRO.

Conclusions

We demonstrated that the antibiotic ciprofloxacin (CIPRO) can be intercalated into the interlayers of the synthetic clay mineral, fluorohectorite (Fh), likely replacing the native Li-cations to produce the clay-drug composite CPFh under different pHs. The intercalation is verified experimentally using X-ray powder diffraction (XRD) and UV-VIS spectroscopy. Under acidic conditions, Fh have retained at least 25% more CIPRO than other hosts systems reported in the literature, being very close to the theoretical prediction. On the other hand, samples prepared without pH control show a more complex XRD profile and a lower degree of drug intercalation.

In synthetic gastric acid at temperatures ranging between 24 °C and 70 °C, UV-VIS spectroscopy measurements show that the release profiles of CIPRO from CPFh are strongly temperature dependent. By fitting the release profile curves of CPFh using the semi-empirical Korsmeyer–Peppas model we show that the drug release is mostly thermally activated in the first 20 hours. In addition, at body temperature the release exponent (n = 0.81 ± 0.06), which is related to the release mechanism follows in the range characterizing anomalous diffusion, 0.5 < n < 1. Using the Arrhenius equation an activation energy of 22.0 ± 0.5 kJ mol⁻¹ was obtained, indicating that the CIPRO’s release is a diffusion-controlled process. This result differs from the value obtained previously, where the higher activation energy indicates that, for samples prepared without pH control, the release is chemically controlled. Furthermore, these differences in the activation energy, together with the contrasts in the amount of drug captured, indicates that in the case of the samples prepared at pH = 2 the interactions between the drug and the clay particles are weaker. In addition, the higher drug adsorption at acidic pH, where CIPRO is negatively charged, together with the similarities in the activation energy reported in the literature for other cation exchange processes, suggest that the CIPRO capture at acidic pHs occurs via cation exchange.

Antibacterial susceptibility testing demonstrated that the activity of CPFh against E. coli, P. aeruginosa, A. baumannii, K. pneumoniae, S. aureus and E. faecalis was similar to that of pure CIPRO. Along with the observation that the toxicity of the clay–drug complex was low and also similar to that of CIPRO alone, we provide strong evidence that LiFh is a carrier that promotes drug release in a slow and controlled manner without interfering with the drug’s action and without causing adverse effects on human cells.

In order to further verify the importance of pH, and consequently the electric charge of CIPRO in the drug delivery process, release studies conducted in basic solutions, obtained for example by adding NaOH to deionized water, are of great interest. In this case, CIPRO should be negatively charged, which could promote its rapid release its replacement by Na⁺. Therefore, it can be expected that the X-ray scattering profile from the same batch but prepared by adding CIPFh to basic NaOH solutions would display a pattern associated with sodium fluorohectorite (NaFh).

To conclude, the high drug adsorption capacity as well as the slow and gradual release reported in this work adds the synthetic smectite fluorohectorite as a promising material within the clay family.

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